

**23. 03. 2025**

**I have fought and finished.**



George Foreman died on March 21, 2025, aged 76, living a life of extraordinary transformations, resilience, belief, and reinvention.

George Edward Foreman was born on 10 January 1949 in Marshall, Texas, and went through a difficult childhood. He had a troubled youth, often finding the wrong side of the law. But his life was turned around when he discovered boxing, a sport that provided an outlet for his energy and aggression. This newfound passion culminated in a gold medal at the 1968 Olympics, signalling the start of a storied career.

Foreman's career as a professional boxer was a roller coaster of highs and lows. In 1973 he won the world heavyweight title by beating the previously unbeaten Joe Frazier. His reign took a hit in 1974 when he lost to Muhammad Ali in the storied "Rumble in the Jungle." This defeat was a humbling experience and demonstrated Foreman's resilience. Foreman retired briefly in 1977 when he became a born-again Christian and was ordained as a minister before making a remarkable comeback. He regained the heavyweight title in 1994, when he was 45, making him the oldest to do so, by knocking out Michael Moorer.

Outside the boxing relationship, Foreman's existence was essentially set for himself as a normal American a testament to him and his regular hustle. His journey to the lucrative world of business and the George Foreman Grill not only made him a household name but became a massively popular product that to date has sold more than 100 million units. Foreman, despite his commercial successes, never wavered in his faith.

Charity number: 250306

Foreman's personal life was as colourful as his professional one. As one would be, he was a family man: he fathered twelve children. He likewise founded named each of his five sons George I to V) and said so that there would always be a George Foreman if one of them (including himself) passed anyone.

This unique story from troubled kid to boxing champion, minister, and successful businessman, George Foreman's life is unique in its tale of redemption, faith, and cementing a new identity. His legacy extends beyond boxing, bequeathing an indelible mark on sports, business, and community service. 2 Timothy 4:7 (NIV) – "I have fought the good fight, I have finished the race, I have kept the faith."

Let us remember to fight until we finish life's race to the glory of God!

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#### NOTICES

- Prayer Meeting is held in church Sunday Mornings at 9am; All welcomed
- **Today Sunday 23<sup>rd</sup> March: Pastor's Pulpit Exchange Day.** We welcome our District Overseer Bishop Lincoln Davis and our District Women's Ministries President Sister Valerie Davis.
- Tuesday 25<sup>th</sup> March: LifeChanging Prayer Meeting: 7.30pm in Church
- **Friday 28<sup>th</sup> March: Youth Ministry. 6.30pm**
- Friday 28<sup>th</sup> March: Late Night Prayer 9.30pm-2am
- Saturday 29<sup>th</sup> March: Private Birthday Event; Brother JP Edwards i/c