## Mothers at all times

Mothers The country of Myanmar, formerly known as Burma, has been plagued with civil armed conflict since its independence from the United Kingdom. These conflicts have left the country struggling to maintain basic needs and infrastructure. On Friday, 28th March 2025, the country was hit by a major earthquake recorded at 7.7 magnitude, killing over 1,600 people, with over 3,400 injured and 139 people missing.

The governing army had no choice but to declare a major disaster, seeking international help and support. With the availability of social media, citizens were able to record the severe destruction of buildings, roads, homes, businesses, and even hospitals that were affected. The rescue operation was immediate, with the support of countries such as China, Russia, and Malaysia. Due to ethnic-based conflicts, the country's infrastructure has continued to deteriorate, especially due to the instability of the government, with ethnic armed organisations fighting Myanmar's armed forces.

There is immense concern about women and children who will be suffering and displaced due to the devastating impact of the earthquake on homes and buildings. Many have chosen to stay outside where they feel much safer.

Today is Mothering Sunday, and while Myanmar endures immense suffering, it is important to take a moment to honour the strength and resilience of mothers worldwide. In times of crisis, it is often mothers who bear the burden of care, protecting their children and families despite the turmoil around them. We recognise the courage of mothers in Myanmar who, even in the face of disaster, continue to provide love and hope to their families. A nation's blessing is rooted in God, who is the keeper and the sustainer of all nations and mankind, as Psalm 33:12 (NIV) states – "*Blessed is the nation whose God is the Lord, the people he chose for his inheritance.*"

While there is suffering among people across the world, let us remember that today is Mothering Sunday and that mothers everywhere should be celebrated and embraced.

Proverbs 31:25-26, 28 (NIV) – "She is clothed with strength and dignity; she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue... Her children arise and call her blessed; her husband also, and he praises her."

As we pray for Myanmar and those affected by this tragedy, let us also extend gratitude to the mothers who continue to nurture, guide, and protect their children even in the darkest times. Their love and sacrifice remain an inspiration of hope for the future as they remain mothers at all times.