Paul Feast Week 2015

Sunday 11th October

8.30am Holy Communion

10.30am Civic Feast Service

Guest Preacher : The Superintendent of the Newlyn Fisherman's Mission, Keith Dixon

6.00pm Anglican/Methodist joint service of Holy Communion

7.45pm Mousehole Male Voice Choir Concert in the Church in aid of Church Funds

Guest Artists : The Torpoint Ladies Singers **Admission: £6.00**

Monday 12th October

9.30am Meet of the Western Hunt, stalls and coffee in the church and on the car park.

1.00pm Mousehole School Feast Sports on the school field. Feast cup to be presented
ALL ARE WELCOME

7.30pm Evening of stories, songs, Mrs Puckey's famous raffle & a cake raffle for charity
Hosts: Anna Murphy & friends **Admission £1.00**

Tuesday 13th October

7.30pm Paul Cricket Club Euchre Drive in the Hall

7.30pm Lecture in the church "Royal Lifeboat Institution" by Martin Brockman

East Window Fund-raising Lecture **Admission £5.00** including a glass of wine & snacks

Wednesday 14th October

6.30pm Concert Evening in the Church with refreshments

Contributions from Mousehole School, Paul Church Choir & John Harry

Thursday 15th October

3.00pm Community Outreach Afternoon Tea in the church hall – **£3.00**

Proceeds in aid of The White Cross Mission **ALL ARE WELCOME**

7.00pm "Fun Feast Quiz" in the King's Arms

Friday 16th October

7-9pm Under 14's Disco in the hall - **£3**

Saturday 17th October

3.00pm Mousehole versus Paul Boules Match in the church car park

7.30pm Feast Dinner in the hall - **£6.00** Tickets from Roger Bond 731057

Sunday 18th October

7.30pm Concert by Vicky Abbott & "The Blazing Heart" Choir

Paul Parish Community Magazine

October 2015



Penlee Cluster
REACHING OUT TOGETHER

St Mary with St Paul, Penzance; St John the Baptist, Penzance
St Peter's, Newlyn; St Pol de Leon, Paul.

50p

Activities

Choir Practice (church)	Wed 7.30pm	John Harry
Bell Ringing (church)	Thurs 7.30pm	Margaret Byrne 731617
Womens Institute (church hall)	2nd Thurs 7.30pm	Linda Burton 732618
Lunch Club (church hall)	Mon 12 for 12.30	Diane Bond 731057
Line Dancing (church hall)	Thurs 7.30-9.30pm (except 2nd Thurs)	Annaliese Male 731717

Contacts

Priest in charge	Andrew Yates	367863 yates252@btinternet.com
Churchwardens	Mary Wooding	732954
	Nancy Renfree	731608
Treasurer	Roger Bond	731057
PCC Secretary	Sue Snell	363386
Pastoral Ministers	Diane Bond	731057
	Roger Bond	731057
	Judith Byrne	367953
	David Carpenter	731861
	Mary Griffiths	732567
	Nancy Renfree	731608
Church Hall hire	Margaret Byrne	731617
Methodist Minister	Rev. Julyan Drew	364707
Methodist Church secretary	Marjorie Kells	448622
Magazine editor/ adverts	Kate Picknett	731991 kate@picknett.com

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Bus Times – Penzance to Paul

Service No.	1	1B	1B	1B	1B	1C	1B	1C	1A
Notes		&Sat	&Sat	&Sat	&Sat	&Sat	&Sat	School Days	School Days
Penzance Bus Stn	07.15	09.00	10.15	11.15	12.10	13.25	14.20	15.06	15.10
Gwavas Estate	07.29	09.15	10.30	11.30	12.25	13.43	14.35	------	15.39
Paul	07.35	09.21	10.39	11.39	12.31	13.52	14.44	15.39	------

Service No.	1B	1A	1	1A	6A	6A	6A		
Notes	&Sat No School	No School	&Sat	&Sat	&Sat	&Sat	&Sat		
Penzance Bus Stn	15.20	15.25	16.40	17.40	19.45	21.45	23.30		
Newlyn Bridge					19.55	21.55	23.40		
Mousehole					20.04	22.04	23.49		
Paul	15.39	------	16.55	18.00	20.11	22.11	23.56		
Gwavas Estate	------	15.39	------	17.54	20.18	22.18	00.03		

Paul to Penzance

Service No.	1B	1B	1C	1B	1B	1B	1B	1B	1B
Notes		&Sat	School Days	&Sat	&Sat	&Sat	&Sat		
Paul	06.49	07.59	07.59	09.44	10.39	12.54	13.52	14.44	15.39
Gwavas Estate	06.54	08.04	08.04	09.49	10.44	12.59	13.57	------	------
Penzance Bus Stn	07.12	08.23	08.35	10.08	11.06	12.03	14.16	15.03	15.58

Service No.	1	1A	6A	6A	6A				
Notes		&Sat		&Sat	&Sat				
Paul	17.14	18.19	20.11	22.11	23.56				
Gwavas Estate	------	------	20.19	22.19	00.04				
Penzance Bus Stn	17.32	18.37	20.36	22.36	00.21				

NB Bus 6A comes from Penzance to Newlyn, Mousehole, Paul, on to Sheffield and then to Penzance.
To go to Penzance you need to get on the in-coming bus and go via Sheffield and Gwavas to Penzance.

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Any articles or news items to me by the 17th of October for November's issue please.

Contact details:
Kate Picknett
kate@picknett.com
01736 731991

Capitalism with a local flavour



The World Rugby Cup is underway and there are even games being played across the Cornish Border in Exeter. At the same time Exeter is launching its own currency and the £15 note has a distinctive Cornish flavour. Why make a fifteen pound note at this time? 15 is the number of players in a rugby team of course. And the image chosen for the note is none other than Newlyn rugby star Jack Nowell (though sadly scoring his try in Exeter Chief kit and not the Pirates colours!)

Local currencies as a phenomenon are growing - the first was at nearby Totnes in 2007 and idea has spread to Stroud and Bristol and Canada. The benefits are that because they are only accepted at local businesses, their use encourages the purchase of locally produced goods and services. This helps to prevent money "leaking" out of the area's economy.

If people are encouraged to buy local produce, the thinking goes, it will help to cut down on food-miles and trade– miles and also help to strengthen community relations and links with local producers.

These local currencies challenge us to ask how much do we do to support our own local economy wherever we live or work ?

And perhaps next time you have a note in your hand then pause and look at it and try to imagine some of the purchases and transactions it has helped to take place on its journey…some for good…but perhaps sadly also some that have not been life giving or healthy.

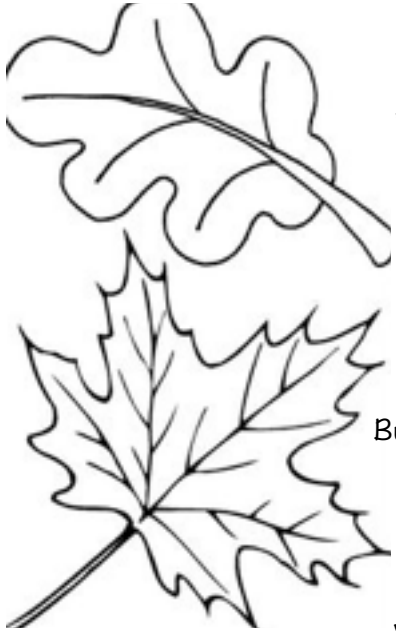
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Dear autumn, though we love you,
Please this year, do be good,
And don't arrive too early
Before the time you should.
We know that you are waiting
To take sweet summer's place,
But please just show some patience.
And wait your turn with grace.
We know that you'll come laden
With harvest gifts galore,
Yet though we're awfully grateful,
We still can wait some more.
So pause a little longer
till summer's truly done,
We love you, dearest autumn,
But please don't jump the gun!

Maggie Ingall

ANSWERS:
Roman
fertility
False (only 1 in 5 does)
Vanity Fair

There is another sort of Capital which will be on display in this locality very soon This is SOCIAL CAPITAL – a substance that you cannot put a monetary value on but which is nevertheless highly valuable. Social Capital is defined as being the links, shared values and understandings in a community that enable individuals and groups to trust each other and so work together.

And lots of it will be around in the week beginning October 11th as our Community celebrates FEAST. It is a week when the community works really hard to offer something for everyone in the parish.

From the Disco for young people on Friday 16th to the Community Outreach Tea fro our seniors on Wednesday 14th In between all sorts of entertainment with music from the Mousehole Male Voice Choir on the 11th, a joint concert by the Church and Mousehole School choirs on the 14th and Community Choirs on the 18th. There are even attractions to appeal to the brain with a lecture on the RNLI on the 13th and the Feast Quiz on the 15th. And the sporty are not left out either with the battle of the boules between Paul and Mousehole on the 17th. Plus lots lots lots more including the famous Anna Murphy Raffle on the 12th .And of course there is non stop eating for the whole week!! DO Look for the full programme elsewhere in the magazine.

This week is an excellent advertisement for Community Life in West Cornwall at its best. Do come and join as many of the events as you can. By taking part you are contributing to the Social Capital that continues to pay Interest..at a much higher rate than that currently offered by the Bank of England!... Interest that helps to maintain the fabric of our community in the year ahead.

Andrew

THE INN CROWD

CALLING ALL SINGERS!!!!!...even those who only sing in the bath. You don't have to be a Katherine Jenkin or a Pavarotti – but if you like singing would you be interested in being involved in a musical called 'The Inn Crowd? Written by Roger Jones it is a musical telling the Christmas story through the eyes of the Bethlehem Innkeeper and his wife, comprising eleven songs and lasting approximately 40 minutes with narration. We would like to put this on just after Christmas (when it is a bit quieter!!). Rehearsals would be either a Monday or Tuesday evening (whichever suits most people). The songs are lovely and easy to learn.

Contact Sue Robertshaw if you are interested 01736 330612

CORNWALL FAITH FORUM
10 YEARS CELEBRATION OCTOBER 20TH 7 for 7.30pm at County Hall Truro. The meeting is open to all.

Come and hear of the Achievements of the Cornwall Faith Forum over the last 10yeasr and commit to supporting its future as it goes forward.

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MOUSEHOLE METHODIST CHAPEL SERVICES

Sunday 4th October - 11am - Harvest Festival - Mrs C Baxter

Sunday 11th October -No service at Mousehole - join Paul for Feast Service.

Sunday 18th October - Rev M Lumbers

Sunday 25th October - 11am - Mrs J Harrold.

PAUL PARISH REGISTERS

Holy Baptism – "A child of God"

30th August 2015 Reuben Harris Mason and Jayden Terrell Fisher

6th September 2015 Lily Mae Worledge

Q. Which civilization started the custom of giving an enagement ring: Egyptian, Greek or Roman ?

A. Page 28

Q. What does a horseshoe traditionally symbolise when carried by a bride ?

(a) happiness

(b) fertility

(c) long life

A. Page 28

Account of our trip to Calais 23/8/15 to 27/8/15

For: Those who have shown their solidarity for the people living in the Calais camp through donating resources, contributing to the cost of the trip and sending messages of support ... or anyone else who is interested.

From: Pip Wright

In mid-August I read about the secular school built by people living in the camp on the outskirts of Calais and how it was making a small but significant difference to the lives of those attending lessons there. This touched me deeply and I wondered if there was any contribution I could make. After some online searching and several phonecalls I was able to speak to Virginie Tiburghien, a speech therapist and co-ordinator of the voluntary teachers at the "Ecole Laique du Chemins des Dunes"(The Secular School of the Dunes).

The main school – built in early July 2015 by a team led by the inspired and indefatigable Zimako from Nigeria – had been open every day, and so far has been attended almost exclusively by young men. Virginie told me that they were trying to set up a school for the women and children in the camp and that they were in need of specific resources to do this. She estimated that 200+ women and 20+ children are staying in the women's camp. We weren't able to visit this but it is based at the government supported "Jules Ferry" centre where showers and meals are provided to over 2000 people each day.

I asked my friend and fellow singer Sonia Clark-Voller if she would like to come with me. Sonia agreed and we decided to send an email out to the folks we sing with to let them know what we were doing and to invite contributions. We parked in Wherry Town car park for an hour on the morning of Friday 21st August. We were overwhelmed by the response from singers and some of their communities who they'd told about our trip. Several people also pressed generous donations towards the cost of our trip into our hands. The time and thought put into the donations was very touching and the total amount of resources rather overwhelming. It was humbling and heartening to realise how many local people felt the same as we do ... that they wanted to reach out in a simple gesture of solidarity to the people stuck in such difficult conditions in Calais. Once we saw the scale of resources donated it felt we had an added level of responsibility. We were no longer just a couple of teachers but carriers of a lot of resources with a responsibility to do our best to ensure they reached their destination in a useful way. Our first step was to spend the rest of the day sorting the resources in my kitchen. By 10pm we had the Berlingo tightly packed and were ready for the off at first light on Sunday.

theWI
INSPIRING WOMEN

SHEFFIELD & DISTRICT WI

The Church Hall being used, as always in September, by The Cambridge Gilbert & Sullivan group who were performing at The Minack we held our meeting at Sainsbury's, Penzance. Arriving in plenty of time we were welcomed by Clem Tregear & Lesley Bill and escorted up to the Restaurant where our President, Chris Rowland welcomed members and visitors to our first meeting after the Summer break and went through various notices including the great news that we had won 3rd Prize in this years programme competition for our size of WI. The board with all the forthcoming events was passed around whilst enjoying the refreshments laid on by our hosts.

We were then given a tour of the areas of the store that we do not see as customers, including staff areas, warehouse and bakery. Clem answered all our questions in great detail and we all left with a bag of gifts from the store. All members who attended agreed that it had been a most interesting evening and warm applause was given to our hosts. Many members also took advantage to do some shopping whilst they were there.

Our next meeting will be on Thursday October 8th at 7.30pm in Paul Church Hall where our speaker Alison Williams will talk on "Healthy Eyes and preventable sight loss, Better Vision for Life".

Visitors are most welcome, any enquiries to Sue on 01736 363386.

Building a community - Chris Osborne

Not a very promising start really, a heap of soil and a pile of ill-shaped stones, but this is just what you need to build a Cornish hedge. A Cornish farm will have miles of hedges to maintain, there's nothing a cow enjoys more than knocking out a few stones and rubbing their head in the soil filling so repairing hedges was a constant job but one that I enjoyed.
The large stones go in the bottom to form a strong base, and the challenge is to make the stones fit strongly together, it's always gratifying to find that almost all the stones will find a place in the hedge.
It is the soil filling that really holds the hedge together, packed tight it prevents the stones from moving. Over time plants take hold and as their roots grow deep into the soil the whole hedge is bound into a tighter unit.
Living and working all my life in Paul I used to think a hedge was a good analogy for a community, differing people, all shapes and strengths, bound over time, but there is a big flaw in this. Once the hedge is finished there is no room for any more stones.
But this has all changed in my lifetime, the world has changed forever, a community is a strong community when it can accept change, and accept people leaving and joining and still keep standing.
In the time it has taken me to repair my garden wall it seems Europe has changed. Some of the peoples displaced by aggression and war will no longer stay in massive refugee camps that stretch as far as the eye can see, waiting years for just the chance to be processed. They have found out that Europe is within walking distance, so they walk.
The numbers on the move are large and we understandably worry. Will our walls survive or will we have to rebuild, making room for more stones ?





We had decided to stay at a comfortable hotel – to give ourselves space to recuperate from the journey and possibly harrowing days ahead.
We knew we had been scheduled to deliver a daily 'singing/music lesson in the afternoons and were preparing to offer English as a Foreign Language classes and story/song workshops with the women and children at other times of day. Our first day at the camp and the school was informative, inspiring, impressive, a little confusing and frustrating at times and above all very, very wet. We were welcomed warmly by Zimako and Virginie. We met several of the other teachers: Chris the inspirational art teacher, Linda the French teacher from Calais, Hannah a local English teacher, Jessica a young peace worker from Madrid and Monique. The classroom had a motley collection of around 30 chairs and desks crammed into the dark space with a pile of spare chairs stacked near the back.
We spent most of Monday watching what was happening. There were 3 things which were quite different than we had expected:
- All the students were young men
- A film crew of 4 from 'France 2' were filming a documentary in the camp all day – focussing mainly on the school so Zimako and Virginie had to be at their disposal all day.
- It was pouring with rain most of the day – in fact most of our stay. The rain was so hard at times that it was impossible to hear what the teacher was saying.

By the time the film crew went at 4.30pm teachers and students appeared exhausted by the terrible weather and constantly interrupted day. We decided not to do a singing/music lesson on the first day. Virginie explained that it was difficult to arrange for the women and children to come down from their camp to the school. On the second day we turned up (in the sunshine) expecting to be escorted to the Jules Ferry centre to try and negotiate doing a workshop there. To our surprise we found a group of around a dozen children and one woman sat outside doing some French. Virginie invited us to start a singing session. The children seemed delighted and keen to join in with action songs leading into clapping games. The lesson was quickly and frequently disrupted by vehicles arriving with donations or keen volunteers who came to see what was going on. This created a difficult atmosphere in which to 'hold' a class andunderlined the urgent need for a physical space for children to learn in. Zimako showed us the space where the new school for women and children will be built and his stash of
wooden pallets for the new school. He needed heavy tarpaulins and specific size

nails so Sonia and I became acquainted with Leroy Merlin (the French version of B&Q). We also decided to buy several more plastic crates with lids so we could sort all the resources into water-tight crates, clearly labelled to give them the best chance of making it into the new school as soon as it was finished.
On the second and third days we held a singing workshop in the afternoon. Having observed that many students had been sitting in the school for up to 6 hours without food or water, we handed round satsumas and buns at the start of the session which went down well. Being faced with a group of young men from very different cultural back grounds, crammed at desks into a small space at the end of a long day was rather daunting. I was aided by Sonia, Hannah and Jessica. We gave everyone name labels to invite people to participate by name. We managed some simple songs and rounds which led to some spontaneous drumming and even some tentative dancing. On the second day when things had got going I asked whether anyone would be willing to share one of their own songs. What followed was a bubble of joy which will stay with me for a long time. M looked keen and was nominated by his classmates. He stood up and started singing what appeared to be a love song in Arabic. Smiling, moving, singing along and joy spread through the class. Hot on his heels someone else , then someone else until my only role was to gently suggest who would sing next. We finished with a Bob Marley song and a group photo at the request of the students.
We were lucky that the third morning was dry ... as we emptied the contents of my car onto the hotel carpark and spent 3 hours re-sorting, crating and labelling resources. We felt this would give the resources the best chance of finding their way to the place and purpose for which they had been intended. Chris – the Belgian art teacher – had offered to store the resources until the new school was ready. We were convinced that if anyone can raise a new school for the women and children it will be Zimako and his team.
On a very rainy Thursday morning we said 'goodbye' to the "Ecole Laique du Chemins des Dunes" and all the inspiring people we had met there.

Pip Wright

Visit to Cornwall Air Ambulance Service

Sheffield & District WI arranges for a speaker most months during the year and in 2014 we had the pleasure of a representative attend one such meeting who gave a very informative insight into the Cornwall Air Amubulance Service. Members then requested that a trip be arranged to Newquay to see the helicopters and talk to the Air Ambulance staff which was arranged for June this year, a visit which has exceeded all our expectations and more.
Becky, who greeted us on our arrival at the station, was not only our guide for the morning but a fundraising officer. She played us a recording of how everything operated at the station/on call etc after which we were joined by two gentlemen paramedics who practically dismembered the inside of the helicopter to display and demonstrated how it all worked. Everyone was amazed at the amount of equipment carried by the helicopters (rather like a lady's handbag, items just continued to be produced !). They were very proud to have 2 new aids to help patients when accidents or trauma emergencies arise.
The first is a LUCAS Chest Compression Device – costing approx.. £9400 which carries out automatic CPR. This enables chest compressions to remain effective, no matter how long they are needed. (Manual compressions become less effective over time through fatigue of the person administering CPR). It also ensures CPR can continue when patients are being moved (previously compressions had to stop to carry the stretcher) and leaves the crew free to deal with the patient's injuries and other needs.
The second aid, costing some £6000 was the Video Laryngoscope which allows crew to access and clear blocked airways.
A really informative and enjoyable visit followed by our usual stop on the way home for a bite to eat. A great day out with many more events to different places of interest to follow.

Salmon Layer Betty

Ingredients

Crumb mixture	Salmon Filling
6oz bread crumbs	Medium sized tin pink/red salmon
3oz butter	1oz butter
Salt and pepper	1oz flour
	1/2 pint milk
	Juice of lemon
	1 egg yolk
	1/4 peeled cucumber (chopped)
	Seasoning, parsley to garnish

Method

1. Fry the breadcrumbs in butter until golden brown, season lightly.
2. Drain and flake the salmon.
3. Melt the butter in a large saucepan, add flour, cook for a few minutes without browning, remove from heat and gradually add the milk. Return to the heat, bring to the boil and allow sauce to thicken stirring continuously. Remove from heat.
4. Add lemon juice and beat in egg yolk and add salmon.
5. Heat for another 2 minutes without boiling, add chopped cucumber and seasoning.
6. Arrange layers of salmon mixture and breadcrumbs alternately in an ovenproof dish, finishing off with a layer of breadcrumbs.
7. Bake in oven on a moderate heat until golden brown.
8. Garnish top with parsley when cooked.

Ivy Voysey, Somerset

Q. True or False:

4 out of 5 American men propose on their knees ?

A. Page 28

Q. In which book and film does Becky Sharp show a deadly sin ?

A. Page 28

Services at St Pol de Leon - October 2015

Sunday Oct 4th

8.30 am 1662 Communion.

10.30am Harvest Thanksgiving. A special service giving thanks for 'All the Good Gifts Around Us'

6pm Harvest Communion followed by Harvest Supper and Auction

Sunday Oct 11th

8.30am 1662 Communion

10.30am Feast Worship with Visiting Preacher Keith Dixon, Super Intendent of Newlyn Fisherman's Mission

6pm Feast Communion followed by Mousehole Male Voice Choir Concert

Sunday Oct 18th

8.30am 1662 Communion

10.30am Sung Communion

5 pm Story Keepers.

6pm TAize Worship

Sunday Oct 25th

8.30am 1662 Communion

10.30am Cluster Service at St John's and Dedication of the Play Zone

6pm Evensong

Sunday November 1st

8.30am 1662 Communion

10.30am All Souls Service Service of Remembrance for the Faithful Departed. If you have loved ones who you would like to be remembered by name at this service please let Andrew, Mary or Nancy know. Andrew's details are 01736367863 srotruro@btinternet.com

6 pm Worship in the Quiet Garden around the Camp Fire. We shall sing Compline and then listen to stories of the Celtic Saints told by Noel Michell.

Mobile Library Visit Schedule (subject to traffic conditions)
You need to ask when you visit the Van for any changes.

MONDAY: NEWLYN	SATURDAY: PAUL
5th, 9th October, 2nd Nov	**10th, 24th October, 7th Nov**
Seamans Mission	Sheffield
09.25 – 09.50	14.55 - 15.05
Faugan Parc	Paul Bridge
9.55 - 10.10	15.10 - 15.20
Gwavas Advice Rooms	Mousehole Coastguards
10.15 - 10.30	15.35 - 16.00
Lower Gurnick Road	
10.35 - 10.50	

The Public Library in Morrab Road

Opening Times are:
Monday to Friday 09:00 – 17:00
Saturday 10:00 – 13:00

"Books are the quietest and most constant of friends; they the most accessible and wisest of counsellors, and the most patient of teachers."
— Charles W. Eliot

Giving Shop.

The Giving Shop has moved back to the Shop near Iceland where they first opened. Please call in and support them.
Giving Shop is open 10am – 4pm Monday to Saturday.

The Giving Shop is accepting cash donations for **Christian Aid** re the refugee crisis.

Regular Programmes
Sewing Bee ~ Mondays 10am – 12pm (a drop-in session for all)
Stained Glass Patchwork Course - Monday 10am (6 week course £20) starts 14th Sept
Giving Prayers Ecumenically ~ Wednesdays 3pm
Silver Surfers Computer Courses are on Thursday starting 3rd Sept BOOK NOW
Card Making on Thursdays 10am-12noon
Knit 'n' Natter ~ Saturdays 10am – 1pm (a drop-in session for all)

To join Sewing or Computer Courses
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Mousehole Male Voice Choir

August has been a busy time for the choir. ~Our 83rd summer festival concert at St Mary's, Penzance, was a 'sell-out' success. Weeks of preparation paid off as the 77 strong choir introduced several new pieces, some not previously heard of in Cornwall, two involving flute solos by Maureen Nicholls. Guest soloist, Eirian Davies, baritone from Wales, with loads of personality charmed the audience with his performance of popular English and Welsh songs, supported on piano by Stella Pendrous from Penzance.

Deserved praise was given to our music team of Stephen Lawry, M.D., David Williams, Deputy M.D., Annette Turton, piano, and John Harry, organ, by choir chairman Charles Law.

Rev. Julyan Drew, choir president, presented Jon Pender and John Matthews with badges to mark their 40 years of loyal service to the choir.

The following Friday a large group of the choir went by invitation to the Ferry Boat Inn at Helford passage where we enjoyed entertaining a large gathering with our social singing. This was the third such occasion and the Ferry Boat Inn generously looked after our 'material needs'!

In the absence of our M.D. Stephen and Deputy M.D. David, who were in Brittany as part of the 'Bucca Four', Paul Worth took up the conductor's baton for the three choir items at the 'Blessing of the lifeboat' service in Mousehole harbour on Sunday 16th August and did a fine job.

The 'Bucca Four' who are all part of the choir were back in time for the outdoor concert at Mousehole the following Sunday.

The month ended with our annual visit to the Old Success Inn at Sennen for an evening of social singing to entertain the visitors on the Friday of the bank holiday.

Thirteen members of the choir are looking forward to a two week tour of eastern Canada as part of the Trelawney Male Coir, wives and partners included. They will be visiting and performing in Toronto, Ottawa, Montreal, Quebec and Niagara.

Editor- apologies for the late publishing of this item

VISITING CHURCHES IN LONDON

When staying in the capital over a weekend we like to attend different churches so here are a few of our favourites.

St Martin-in-the-Fields.

This church is located at the North East side of Trafalgar Square and built in the neoclassical design by James Gibb between 1722-1726. It is dedicated to Saint Martin of Tours, France. There has been a church on this site since medieval times. King Henry VIII rebuilt the church in 1542 to keep plague victims in the area from having to pass through his Palace of Whitehall. At the time it was literally 'in the fields', an isolated position between the cities of Westminster and London. It is famous for its work with the homeless and is know as 'The Church of the Ever Open Door'. As well as conducting the normal range of services it caters for the large nearby Chinese population by holding, every Sunday, a service in Mandarin (1pm) and Cantonese (2.15pm). It is also the home of the London Brass Rubbing Centre! In the vaulted crypt, in addition to a café, shop and art gallery, they hold regular jazz concerts and lunchtime music recitals. The food they serve here is delicious.

St Brides.

Situated on Fleet Street near Ludgate Circus. This is one of Sir Christopher Wren's many churches and its spire, the second tallest of all Wren's churches, is said to be the inspiration for the traditional tiered wedding cake. It is dedicated to Saint Bride also know as St Brigit of Kildare in Ireland, and is long associated with journalists and newspapers due to its location in Fleet Street. During the Great Fire of London it was destroyed and suffered a similar fate in World War II when gutted in the Blitz. Samuel Pepys was baptized here and both John Milton and John Dryden were parishioners. The church has an outstanding choir that was established in 1957 when St Bride's Church was rededicated. It is made up of twelve, full-time professionals and is renowned for its wide repertoire that stretches from traditional sacred music to arrangements of popular songs. Their services can be accessed online at www.stbrides.com/webcast. The music here is wonderful.

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St James's Church in Piccadilly.

This church is also known as St James's Church, Westminster and as St James-in-the-Fields and is another church designed and built by Sir Christopher Wren. It was badly damaged in the Blitz in 1940 but services were able to resume the following year after a temporary roof was constructed over parts of the south aisle. The church was fully restored about seven years later. The font was used for the baptisms of William Blake and the 18th century Prime Minister William Pitt the Elder. There is a Cornish connection on the war memorial as it contains the names of Major The Honorable George Edward Boscawen DSO, Royal Field Artillery and Lieutenant The Honorable Vere Douglas Boscawen, Coldstream Guards who were killed in action during the Great War. Both were the sons of Major General Evelyn Edward Thomas Boscawen, 7th Vicount Falmouth and Vicountess Falmouth of Connaught Square, London and Cornwall. In the courtyard of the church is a vibrant and charming weekly market dedicated to selling a wide range of food, arts, crafts, antiques etc. from around the world. There is also an on-site café. (Food Market Monday 11am-5pm, Antiques & Collectables Tuesday 10am-6pm and Arts & Crafts Wednesday – Saturday 10am-6pm). We have bought many Christmas and birthday presents at these markets. When we first visited the church we were moved by the notice stating that in the side aisles there were people sleeping. These were some of the many homeless of London that the church allow to relax in peace and quiet during the day. Before departing for the streets in the evening they are given a hot meal to sustain them through the long night which they must help prepare. They are also asked to help in cleaning the church. A wonderful gesture indeed.

We have also attended services at St Paul's Cathedral, Sir Christopher Wren's masterpiece, but we all know its history and place in the story of London – or do we?

Bob and Sue Harrison

Continuing the extracts from the Sheffield and Paul Scrapbook from 1965

1965 - The Year I Shall Always Remember

First - going to the February meeting, and being the lucky one whose name came first to attend the Royal Garden Party the Queen was giving on the occasion of the Golden Jubilee on the 31st May.

Then March came and my first grandchild was born, a little girl called Nicola. This was a very happy event for me, as I had looked forward so much to having a grand-daughter, having always wanted a daughter myself.

May 8th my husband and I celebrated our Silver Wedding. This was also a happy time to remember, having our two sons, relatives and friends with us.

The day came at last to go to the Royal Garden Party, leaving Penzance at 7.30 am, with a coach of happy women, with their cases, hats in cellophane bags and umbrellas. After having a lovely lunch laid on for us, we all changed into our Garden Party clothes. We arrived at Paddington about two, where there were coaches waiting to take us to Buckingham Palace. I felt very proud when we went through the front gates of the Palace, and thought how wonderful the Queen was to give the women of Britain an opportunity to go into the Palace.

Going inside the Palace is something I shall never forget - the lovely portraits, china, also the staircase leading up to the State Apartments. I touched one of the doors and said to myself: "Could this really be true?" On reaching the terrace which led us into the garden - which was looking its best seeing it was springtime - I don't think I missed anything, because I knew this would be the only time I should have the opportunity to go there.

The Queen was there, with Prince Philip and other members of the Royal Family, and mingled with the crowd. I was fortunate in seeing my photograph in the national papers, with Prince Philip among the women. Six o'clock came all too soon, when the Queen went inside again. We left the garden and made our way outside, and were very lucky to see the Changing of the Guard.

We made our way up Constitution Hill, where the coaches were waiting to take us back to Paddington Station, and on the train once more. Eight o'clock, and a celebration dinner was laid on for us. We arrived back in Penzance at 2.30 in the morning, husbands waiting for us to come back. (My husband did not go to bed, afraid he might not wake in time to meet me.)

It was a long day, but something I shall never forget.

Grace George
4, South Place
Sheffield

A RED LETTER DAY

Mrs. George, Mrs. George, wher've you been?
Up to London to see the Queen.

Mrs. George, Mrs. George, what saw you there?
A host of fine ladies, bonny and fair.

From all the Institutes in England, you see,
All going along to a garden party.

With Philip and Margaret and all the rest,
All dressed up in our Sunday best.

A day to remember and often recall
In the years to come, to the rest of you all.

How I sat in a chair in *Buckingham Palace,*
And saw the guards change - exactly like *Alice* !

W.I. Jubilee Year, May '65,
A red letter day in my archive !

God grant you one day the Queen may see
And enjoy with her a nice cup of tea !