

SPIRITUAL COMMUNION

You may wish to find a space for prayer in front of a cross, a candle, or a special place.

Alleluia Christ is risen
He is risen indeed, alleluia.

Almighty God,
to whom all hearts are open, all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen

As we prepare to celebrate the presence of Christ, let us call to mind and confess our sins.

Most merciful God, Father of our Lord Jesus Christ,
we confess that we have sinned in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are, and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God. Amen.

Grant, we beseech you, merciful Lord,
to your faithful people pardon and peace,
that they may be cleansed from all their sins
and serve you with a quiet mind;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

COLLECT

BIBLE READINGS

INTERCESSIONS

Pray for the needs of the world, for the nation, for all NHS workers, carers and key workers, for your local community, and for those close to you. For all who are ill and for those who have died.

In the depths of our isolation, we cry to you Lord God,
Give light in our darkness and bring us out of the prison of our despair,
Through Jesus Christ our Lord. Amen

The Lord's Prayer.

Give thanks for the saving death and resurrection of Jesus and ask him to be with you now.

THE ACT OF SPIRITUAL COMMUNION

Silence is kept.

Almighty God,
in union with the faithful at every altar of your Church,
where your blessed body and blood are being offered to the Father,
I desire to offer you praise and thanksgiving.
I present to you my soul and body,
with the earnest wish that I may ever be united to you.
And since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
I unite myself to you,
and embrace you with all the affections of my soul.
Let nothing ever separate me from you.
Let me live and die in your love.
Amen.

Lord Jesus Christ,
Grant, that as the hem of your garment, touched in faith,
healed the woman who could not touch your body,
so the soul of your servant may be healed by faith in you,
whom I cannot now sacramentally receive;
through your tender mercy,
who lives and reigns
with the Father in the unity of the Holy Spirit
ever one God, world without end.
Amen.

Lord, in these days of mercy,
make us quiet and prayerful;
in these days of challenge, make us stronger in you;
in these days of emptiness, take possession of us;
in these days of waiting, open our hearts to the mystery of your cross.
Amen

The Lord bless us,
and preserve us from all evil,
and keep us in eternal life.
Amen.