

# FELTHORPE NEWSLETTER

## APRIL 2022

**Rector:** Rev'd Margaret McPhee  
**Lay Reader:** Richard McPhee  
**Church Warden:** Brian Rowlands  
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### Revd Wendy Saunders writes:

I pen this on the most glorious spring day with sunshine and birdsong heralding the morning. A wonderful tonic after the dark of winter and its frequent grey days. The churchyard has also leapt into spring with bulbs pushing up to display their colourful flowers along with the wonderful display of yellow daffodils delighting those who visit and those who drive by.

For the church we await in April both Good Friday which mirrors the death of the winter season and the glorious bursting into new life as we celebrate the resurrection on Easter Sunday. In life we know we are programmed with a strong instinct for self-survival and always want to get to the resurrection but avoiding the Cross at all costs please. Jesus showed us in his life and teaching that love is the very opposite of selfish but will give of itself even to death for the sake of the beloved. And that sacrificial and unconditional love cannot ultimately be destroyed so it will rise again. That is the centrality of the Christian faith and in that is Hope.

The horror in Ukraine following the Russian invasion shows us both parts - the self-seeking demands of the Russian rulers and the self-sacrifice of the Ukrainians - many prepared to give their lives for their beloved - their country, its democracy and their fellow citizens and family. This year we will weep with the Ukrainians on Good Friday and pray their sacrifice leads to the new life of Easter Day.

### Services at St Margaret's

3rd April	5.00pm	Evening Prayer followed by the election of Church Wardens
10th April	5.00pm	Holy Communion - Palm Sunday
15th April	10.30am	Good Friday Service at All Saints, Horsford
16th April	7pm	Easter Eve Service at St Mary and St Botolph, Hevingham
17th April	5.00pm	Evening Prayer - Easter Sunday
24th April	5.00pm	Holy Communion
1st May	10.30am	Benefice Service, All Saints, Horsford

Church Warden Elections: Notification to the Parish of Felthorpe

Election of Church Wardens Sunday 3 April, 5.45pm, St Margaret's Church, Felthorpe

Nominations due to the PCC Secretary, Mike Young by Saturday 2 April (see poster at the church). If you would like to know what is involved please contact Revd Margaret or Brian Rowlands (contacts above)

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FROM THE PARISH RECORDS  
There were no entries for March

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**Baptist Chapel, Mill Lane, Psalm 46.v1:** "God is our refuge and strength, a very present help in trouble". We would be pleased to see you at any of our meetings. Ian Mckemmie, email [ianmckemmie@btinternet.com](mailto:ianmckemmie@btinternet.com).

Felthorpe Fuel Allotment Trust is reviewing and updating the recipients of grants to parishioners. With the current cost of fuel for heating, lighting etc increasing and which we are advised by government will get worse before it gets better should anyone be aware or know of families or individuals who could be helped by a grant please get in touch with either Bob Clarke on 755430 or Brian Rowlands on 754763 by April 8th .

**Easter Monday (18th April) Urgent Medical Supplies for Ukraine** Join a fund-raising dog walk around Felthorpe and Horsford woods. Meet Felthorpe Mariners at 1.00pm for a lovely walk through Felthorpe and Horsford woods, Dogs in Blue and Yellow, humans too. £1.00 per dog, or humans without canine companion. Return to Mariners for refreshments and a raffle. A pretty please for buffet food, cakes etc for when we finish. All monies will be passed to St Margaret's Church for onward payment to appropriate Charity. For more information contact Diane on 07825513243.

## **FELTHORPE PAVILION & RECREATION GROUND COMMITTEE**

**BINGO - Thursday April 21st and Thursday May 19th 2022 at 7.30 FOR PLAY AT 8pm.**  
£5 per session. Then every THIRD THURSDAY IN THE MONTH. Please join us for a fun evening.

**TABLE TENNIS - Tuesday evenings at 6pm to 8pm and Wednesday mornings 10 to 12.**  
Refreshments provided at each session, All abilities welcome. Any questions please contact June on 01603 754400 or 07552 724440

**ZUMBA GOLD - Tuesday mornings - 10am to 11am.** £5 per session. Any questions please contact Sarah-Jayne on 077789 561224.

**FITNESS PILATES - Monday Morning - 11.45am to 12.45pm.** £6.00 per session.  
Improves posture, movement, mobility and flexibility. Helping to identify basic postural imbalances through Pilates based exercises. Any questions please contact Jo on 07969 863078 or email. [jo@mojofitnessandwellbeing.co.uk](mailto:jo@mojofitnessandwellbeing.co.uk)

**BALANCE & STRENGTH PILATES - Thursday Mornings. 11am till 12 pm.** £6 per session. This is an exercise programme aimed at the over 55's. Jo takes you through a variety of seated and standing exercises which helps to improve confidence and mobility. Leg weights will be available to purchase at a reasonable cost. Any questions please contact Jo on 07969 863078 or email. [jo@mojofitnessandwellbeing.co.uk](mailto:jo@mojofitnessandwellbeing.co.uk)

**ROCKBOX - A DRUMSTICK BOXING WORKOUT - Wednesday evenings 6.30 to 7.30**  
£6 per session and if required drumsticks may be purchased at a cost of £4 .  
Please contact Steph on 07841 029555 for further details.

**SOUP LUNCH - Wednesday 13th April. 12pm,** This will be the last one for this season. please book, call Sonia 01603 755351

**JUBILEE TEA PARTY-** To be held **Wednesday 8th June.** 2pm until 4pm in Pavilion. There will be a Cream Tea with entertainment and a raffle. cost £3.00 Please book. Sonia 01603 755351

**RECYCLING** - Many thanks to everyone who uses our recycling facilities. Just a reminder, we recycle paper (not cardboard) , glass, clear and coloured, clothes and shoes.

**TASSIMO-** Unfortunately it has been said that the committee choose to get rid of collection pods, this is not the case. TERRACYCLE (Tassimo) have changed their collection methods, We had no choice. We are just as disappointed, as it brought in good revenue which helped with the costs of running the Pavilion.

**NEXT COMMITTEE MEETING WILL BE HELD ON THURSDAY APRIL 14th and THURSDAY MAY 12TH .**  
**7.30**  
**VISITORS MADE VERY WELCOME SO PLEASE JOIN US.**