

Worship at Kingsthorpe

Morning prayer, Compline, Sunday morning worship at home

My prayer group buddy is: _____

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"Stat Crux Dum Volvitur Orbis"
The cross stands steady as the world turns

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As the inscription on the front page says – the cross stands steady as the world turns. Whatever is happening in the world during these uncertain times, the one thing we can hold on to is the trust and promises we have in God through Jesus Christ.

We hope that the services in this book will provide a structure along words that are familiar.

You can either follow it exactly how it is or if you prefer use it as a guide and allow the Holy Spirit to lead your prayers. The most important thing is to do what is comfortable for you!

Morning prayer is said at 9:00 am each day.
(Also on Zoom on Tuesday and Wednesday at 9 am)

Compline is said each evening at a time suitable for you.
(Also on Zoom Tuesday at 8 pm)

Thursday 9:00 am Zoom spiritual communion

Sunday services are as follows:

10 am in the church buildings
Said at home using this booklet

We would encourage you to join in at these times.

Even though we are apart we can still be together as one praying community.

The period of spiritual communion concludes by saying

God our Father,
you have invited us to share in the supper
which your Son gave to his Church
to proclaim his death until he comes:
may he nourish us by his presence,
and unite us in his love;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and forever.

Amen

Concluding prayers

The peace of God,
which passes all understanding,
Keep our hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord.
The blessing of God Almighty, Father, Son
and Holy Spirit, be among us and remain with us
always.
Amen.

Let us bless the Lord.
Thanks be to God.

CONTENTS

Place the cup and plate in front of you.

Send your Holy Spirit upon us
that, though separated by distance,
we may still, through faith, be partakers in the benefits
of Christ's offering of his body and his blood.
This we ask, through the same Jesus Christ our
Saviour. Amen.

The following prayer may be said

Most merciful Lord,
your love compels us to come in.
Our hands were unclean,
our hearts were unprepared;
we were not fit
even to eat the crumbs from under your table.
But you, Lord, are the God of our salvation,
and share your bread with sinners.
So cleanse and feed us
with the precious body and blood of your Son,
that he may live in us and we in him;
and that we, with the whole company of Christ,
may sit and eat in your kingdom. Amen.

*A time of silence follows, as each person present
makes their own spiritual communion with God.*

If possible, play a quiet piece of music

AT HOME OR ONLINE (ZOOM)

MORNING PRAYER	4
COMPLINE – NIGHT PRAYER	10
AT HOME: SERVICE OF SPIRITUAL COMMUNION	16

Morning prayer

(For those with computers, Morning Prayer is said by the clergy team on Tuesday and Wednesday mornings at 9am using Zoom. You are more than welcome to join us. The link is sent out via email. Please contact the Team Office)

Find a comfortable place to pray.

Although we are apart, we come together to meet with God.

Let us recognise God's presence with us now.

Light a candle. Keep a short silence. Still your heart.

O Lord our governor,
how glorious is your name in all the world!

Your majesty above the heavens is praised
out of the mouths of babes at the breast.

You have founded a stronghold against your foes,
that you might still the enemy and the avenger.

When I consider your heavens, the work of your
fingers,
the moon and the stars that you have ordained,

What are mortals, that you should be mindful of them;
mere human beings, that you should seek them out?

he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angles and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

(For those following a YouTube service, an additional
prayer of consecration may be added here)

Hold the plate in your hand

On the night that he was betrayed
Jesus took bread, and gave it to his disciples, saying
take, eat, this is my body which is given for you,
do this in remembrance of me.

Put down the plate and hold your cup.

In the same way after supper, he took the cup
he gave it to them saying,
drink this all of you, this is my blood of the new
covenant
which is shed for you and for many for the forgiveness
of sins,
do this in remembrance of me.

now and for ever.
Amen.

Spiritual Communion

You may like to have a cup and plate available to hold during the spiritual communion
Look at the picture of the Last Supper to prepare yourself for a time of spiritual communion.

Jesus says,
Listen! I am standing at the door, knocking;
if you hear my voice and open the door,
I will come in to you and eat with you,
and you with me.

Revelation 3:20

Lord our God
you prepare a table before us
and, although we cannot be present at your Holy Eucharist, by your grace, open our hearts to receive the gift of your Son, the Word made flesh.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;

You have made them little lower than the angels
and crown them with glory and honour.

You have given them dominion over the works of your hands
and put all things under their feet,

All sheep and oxen,
even the wild beasts of the field,

The birds of the air, the fish of the sea
and whatsoever moves in the paths of the sea.

O Lord our governor,
how glorious is your name in all the world!

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

The night has passed and the day lies open before us;
let us pray with one heart and mind.

A moment to think of others in our church community

As we rejoice in the gift of this new day,
so may the light of your presence, O God
set our hearts on fire with love for you; now and forever.

Amen

Read the appointed Psalm for the day
(See other booklet for details of today's Psalm)

End the Psalm with the following words

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Read the Old Testament reading set for the day
(See other booklet for details of today's reading)

Thus says God, who created the heavens,
who fashioned the earth and all that dwells in it;

Who gives breath to the people upon it
and spirit to those who walk in it,

'I am the Lord and I have called you in righteousness,
I have taken you by the hand and kept you;

'I have given you as a covenant to the people,
a light to the nations, to open the eyes that are blind,

'To bring out the captives from the dungeon,
from the prison, those who sit in darkness.

'I am the Lord, that is my name;
my glory I give to no other.'

We acknowledge one baptism for the forgiveness of
sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of Intercession

We intercede for others in the quiet of our hearts.
Lord, meet us in the silence
And hear our prayer.

- For today
- For the world
- For those that lead us
- For our parish and our church community
- For those who are sick
- For ourselves

Lord's prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours

the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.

For us and for our salvation he came down from
heaven,
was incarnate from the Holy Spirit and the Virgin
Mary
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and
the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Read the New Testament reading set for the day
(See other booklet for details of today's reading)

The Benedictus

1. Blessed be the Lord the God of Israel,
who has come to his people and set them free.
2. He has raised up for us a mighty Saviour,
born of the house of his servant David.
3. Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us,
4. To show mercy to our ancestors,
and to remember his holy covenant.
5. This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,
6. Free to worship him without fear,
holy and righteous in his sight
all the days of our life.
7. And you, child, shall be called the prophet of the
Most High,
for you will go before the Lord to prepare his way,

8. To give his people knowledge of salvation by the forgiveness of all their sins.

9. In the tender compassion of our God the dawn from on high shall break upon us,

10. To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Prayers of intercession are offered

- For today
- For the world and for those that lead us
- For our parish and our church community
- For those who are sick
- For ourselves

The Collect

Almighty and everlasting God, we thank you that you have brought us safely to the beginning of this day.

Keep us from falling into sin or running into danger, order us in all our doings and guide us to do always what is righteous in your sight through Jesus Christ our Lord.

Amen.

bring us back to yourself as those who once were dead but now have life through Christ our Lord. Amen.

Absolution: May the Father forgive us by the death of the Son, and strengthen us to live in the power of The Spirit all our days. **Amen.**

Find the bible reading for today in the other booklet.

Be still for a short while to think about the bible reading.

Did you find anything encouraging in the reading?

Did you find anything challenging?

What did you learn about Jesus from this reading?

Write any words or phrases that stood out in the notes section at the back of this booklet.

(Those following YouTube will have a sermon here followed by a short piece of reflective music.

The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

AT HOME: SERVICE OF SPIRITUAL COMMUNION

WRITTEN FOR WORSHIP AT HOME OR ON ZOOM ON THURSDAY MORNING

We come from scattered lives to meet with God.
Let us recognise God's presence with us now.

*A moment to be still and light a candle.
Play a hymn/worship song if you wish to do so*

As God's people we have gathered;
Let us worship God now together,
Across the miles yet joined

Let us pray:

**Come, Holy Spirit,
fill the hearts of your faithful people,
and kindle in us the fire of your love;
through Jesus Christ our Lord, Amen.**

In the light of Jesus, let us examine ourselves
and confess our sins.

*Keep a short time of reflection, leave your sins at the
cross*

**Father, we have sinned against heaven and
against you.
We are not worthy to be called your children.
We turn to you again, have mercy on us,**

Lord's prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.
Amen.

Let us bless the Lord.
Thanks be to God.

COMPLINE – NIGHT PRAYER

(For those with computers, Compline is said on a Tuesday evening at 8 pm via Zoom. It is then uploaded to YouTube. You are more than welcome to join us. The link is sent out via email. Contact the Team Office if you wish to be added to the list)

Find a comfortable place to pray.

Although we are apart, we come together to meet with God.

Let us recognise God's presence with us now.

Light a candle. Keep a short silence. Still your heart.

Blessed are you Sovereign God, creator of all, to you be glory and praise for ever.
You led your people to freedom by a pillar of cloud by day and a pillar of fire by night. May we who walk in the light of your presence acclaim your Christ, rising victorious as he banishes all darkness from our hearts and minds.

The Lord almighty grant us a quiet night and a perfect end.

A period of reflection on the past day and a moment to think of others in our church community

Most merciful God,
we confess to you,
before the whole company of heaven and one another,

Lord's prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

The Conclusion

In peace we will lie down and sleep;
For you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
for the night is at hand and the day is now past.

As the night watch looks for the morning,
**so do we look for you, O Christ.
Amen**

Blessing

The Lord bless us and watch over us;
the Lord make his face shine upon us and be gracious to us;
the Lord look kindly on us and give us peace.
Amen.

A light to reveal you to the nations
and the glory of your people Israel.

**Glory to the Father and to the Son and to the
Holy Spirit; as it was in the beginning, is now and
shall be forever.**

Amen

***Refrain: Save us, O Lord, while waking
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.***

Prayers of intercession are offered

The world
Our leaders
Those who are sick
Our church community

Ending with the Collect:

Keep watch, dear Lord,
with those who wake, or watch, or weep this night,
and give your angels charge over those who sleep.
Tend the sick,
give rest to the weary,
sustain the dying
calm the suffering,
and pity the distressed;
all for your love's sake, O Christ our Redeemer.
Amen.

that we have sinned in thought, word and deed
and in what we have failed to do.
Forgive us our sins,
heal us by your Spirit
and raise us to new life in Christ. Amen

Play a hymn or sing along to the following hymn if you
know the tune

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.

O Father, that we ask be done
Through Jesus Christ, your only Son;
And Holy Spirit, by whose breath
Our souls are raised to life from death.

Psalm 4

¹Answer me when I call to you,
my righteous God.
Give me relief from my distress;
have mercy on me and hear my prayer.

² How long will you people turn my glory into shame?
How long will you love delusions and seek false
gods?^{[b][c]}

³ Know that the LORD has set apart his faithful servant
for himself;
the LORD hears when I call to him.

⁴ Tremble and^[d] do not sin;
when you are on your beds,
search your hearts and be silent.

⁵ Offer the sacrifices of the righteous
and trust in the LORD.

⁶ Many, LORD, are asking, 'Who will bring us
prosperity?'
Let the light of your face shine on us.

⁷ Fill my heart with joy
when their grain and new wine abound.

⁸ In peace I will lie down and sleep,
for you alone, LORD,
make me dwell in safety.

**Glory to the Father and to the Son and to the
Holy Spirit; as it was in the beginning, is now and
shall be forever.
Amen**

Scripture Reading – 1 Peter 5,6,7

Humble yourselves under the mighty hand of God, so
that he may exalt you in due time. Cast all your
anxiety on him, because he cares for you.

Into your hands, O Lord, I commend my spirit.
Into your hands, O Lord, I commend my spirit.

For you have redeemed me, Lord God of truth.
I commend my spirit.

Glory to the Father and to the Son
and to the Holy Spirit.
Into your hands, O Lord, I commend my spirit.

Read the Gospel reading for today

Spent a moment thinking about the reading.
(Those following online will receive a short homily)

Gospel Canticle

**Refrain: Save us, O Lord, while waking
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

Now, Lord, you let your servant go in peace:
your word has been fulfilled.

My own eyes have seen the salvation
which you have prepared in the sight of every people;