

Lent 3 – March 23, 2025

Memorial service for Ernest Trotman (Veronica's husband) (24/03/2005)

WELCOME

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

And also with you.

PRAYER OF PREPARATION

Almighty God, to whom all hearts are open all desires known and from whom no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Jesus Christ our Lord. Amen

Psalm 24

¹ The earth is the Lord's, and everything in it, the world, and all who live in it;

² for he founded it on the seas and established it on the waters.

³ Who may ascend the mountain of the Lord? Who may stand in his holy place?

⁴ The one who has clean hands and a pure heart,

who does not trust in an idol or swear by a false god.^[a]

⁵ They will receive blessing from the Lord and vindication from God their Saviour.

⁶ Such is the generation of those who seek him, who seek your face, God of Jacob.

⁷ Lift up your heads, you gates; be lifted up, you ancient doors, that the King of glory may come in.

⁸ Who is this King of glory? The Lord strong and mighty, the Lord mighty in battle.

⁹ Lift up your heads, you gates; lift them up, you ancient doors, that the King of glory may come in.

¹⁰ Who is he, this King of glory? The Lord Almighty— he is the King of glory.

Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now and shall be forever. Amen

SONG: Praise Him, Praise Him 465

CONFESSION

God so loved the world that he gave his only Son, Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life.

Silence (personal confession)

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

ABSOLUTION:

Almighty God, who forgives all who truly repent, have mercy upon *you (us)*, pardon and deliver *you (us)* from all *your (our)* sins, confirm and strengthen *you (us)* in all goodness, and keep *you (us)* in life eternal; through Jesus Christ our Lord. **Amen.**

Song:

How great the chasm that lay between us
How high the mountain I could not climb
In desperation, I turned to heaven
And spoke Your name into the night
Then through the darkness,
Your loving kindness
Tore through the shadows of my soul
The work is finished, the end is written
Jesus Christ, my living hope.
Who could imagine so great a mercy?
What heart could fathom such boundless grace?
The God of ages stepped down from glory
To wear my sin and bear my shame
The cross has spoken, I am forgiven
The King of kings calls me His own
Beautiful Saviour, I'm Yours forever
Jesus Christ, my living hope

*Hallelujah, praise the One who set me free
Hallelujah, death has lost its grip on me
You have broken every chain
There's salvation in Your name
Jesus Christ, my living hope
Hallelujah, praise the One who set me free
Hallelujah, death has lost its grip on me
You have broken every chain
There's salvation in Your name
Jesus Christ, my living hope*

Then came the morning that sealed the promise
Your buried body began to breathe
Out of the silence, the Roaring Lion
Declared the grave has no claim on me
Then came the morning that sealed the promise
Your buried body began to breathe
Out of the silence, the Roaring Lion
Declared the grave has no claim on me
Jesus, Yours is the victory.

READING: 1 Cor. 10:1 – 13

*This is the word of the Lord:
Thanks be to God.*

COLLECT (Special Prayer):

Almighty God,
whose most dear Son went not up to joy but
first he suffered pain, and entered not into
glory before he was crucified:
mercifully grant that we, walking in the way
of the cross, may find it none other than the
way of life and peace; through Jesus Christ
your Son our Lord, who is alive and reigns
with you, in the unity of the Holy Spirit, one
God, now and for ever. Amen

SONG: I, the Lord of sea and sky 830
(In memory of Ernest Trotman)

GOSPEL: Luke 13:1 – 9

*Hear the gospel of our Lord Jesus Christ
according to...*

Glory to you, O Lord

*This is the Gospel of the Lord
Praise to you O Christ*

DISMISS CHILDREN

SERMON: Repent or perish

SONG:

My hope is built on nothing less
than Jesus' blood and righteousness;
I dare not trust the sweetest frame,
but wholly lean on Jesus' name.

*On Christ, the solid Rock, I stand:
all other ground is sinking sand;
all other ground is sinking sand.*

When darkness veils his lovely face,
I rest on his unchanging grace;
in every high and stormy gale,
my anchor holds within the veil.

His oath, his covenant, his blood,
support me in the whelming flood;
when all around my soul gives way,
he then is all my hope and stay.

When he shall come with trumpet sound,
O may I then in him be found:
dressed in his righteousness alone,
faultless to stand before the throne.

CREED: *(Nicene – 1700th year anniversary)
page 4 -book B)*

INTERCESSION:

**Merciful Father accept these prayers for
the sake of your Son our Saviour, Jesus
Christ. Amen**

PEACE

We are the body of Christ, in the one Spirit we
were all baptised into one body. Let us then
pursue all that makes for peace and builds up
our common life.

The peace of the Lord be always with you.
And also with you.

Let us offer one another a sign of peace.

OFFERING: *If you prefer to contribute through
the bank: Santander Bank account number:
91028603; sort code: 090155; St. Saviour's
Parochial Church Council. If you prefer to give
using the Parish Giving Scheme visit their
website: <https://www.parishgiving.org.uk/home/>.
We also now have the ability to receive
contactless contributions.*

**Gracious God, for all you have given us, all
you will give us and all you give us here and
now, we offer you our thanks and praise.
Bless this offering of our money and of
ourselves to be used in your service,
through Jesus Christ our Lord. Amen**

**Scripture Reading in memory of Ernest
Trotman: Ecclesiastes 3:1 – 8**

**PERSONAL PRAYER DURING
COMMUNION**

*During communion there will be an opportunity
to receive prayer and anointing with oil from a
member of our prayer team. If you would like
someone to pray with you, please head to the
prayer corner AFTER receiving communion or
blessing.*

SONG (preparation of table):

Jesus remember me... (875)

HOLY COMMUNION (Prayer A)

Blessed is the kingdom of the Father and of the Son and of the Holy Spirit now and unto the ages of ages. **Amen**

Almighty Father, as we celebrate this holy sacrament of our redemption may your Spirit fill us with the light of faith; by the grace of our Lord Jesus Christ. **Amen**

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The Lord's Prayer

Jesus taught us to call God Father, so in faith and trust we pray:

Our Father in heaven...

Breaking of the Bread

Lamb of God

Lamb of God you take away the sins of the world; have mercy on us

Lamb of God you take away the sins of the world; have mercy on us

Lamb of God you take away the sins of the world; grant us peace.

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that Jesus died for you, and feed on him in your hearts by faith with thanksgiving. **Amen**

PRAYER OF HUMBLE ACCESS (p.10)

SONG:

Ascribe greatness 26

Great is thy faithfulness 147

What can wash away my sin?

Nothing but the blood of Jesus;

What can make me whole again?

Nothing but the blood of Jesus.

Oh! precious is the flow

That makes me white as snow;

No other fount I know,

Nothing but the blood of Jesus.

For my cleansing this I see—

Nothing but the blood of Jesus!

For my pardon this my plea—

Nothing but the blood of Jesus!

Nothing can my sin erase

Nothing but the blood of Jesus!

Naught of works, 'tis all of grace—

Nothing but the blood of Jesus!

This is all my hope and peace—

Nothing but the blood of Jesus!

This is all my righteousness—

Nothing but the blood of Jesus!

POST-COMMUNION PRAYERS

Eternal God,

give us insight to discern your will for us, to give up what harms us, and to seek the perfection we are promised in Jesus Christ our Lord. **Amen**

Merciful Lord,

grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.

Amen

Merciful Father, we thank you for the life of Ernest Trotman whose earthly life we remember today. He departed from us 20 years ago and by faith we know that in Christ he is safe and at peace in you. We thank you for the memories that we take with us on our earthly journey. We thank you for the family and all the good memories they have of him. We pray for them that you will continue to comfort Veronica and all the family and give them hope that one day in your time they and us will be reunited with Ernest and all those who have gone before us, through Jesus Christ our Saviour. **Amen**

PRAYER OF THANKS (11):

NOTICES AND BIRTHDAYS

FINAL SONG: How great thou art 425
(In memory of Ernest Trotman)

Blessing

May the love of God enfold you;

May the mercy of God forgive you;

May the strength of God support you;

May the joy of God overwhelm you;

May the peace of God console you;

And the blessing of God Almighty, the Father the Son and the Holy Spirit, be with you and remain with you now and forever.

Amen

Go in peace to love and serve the Lord
In the name of Christ. Amen

NOTICES

1. **Tuesday morning prayer** from 9:30
2. **Please complete an electoral roll form** if you are a regular member here. The electoral roll must be revised this year.
3. **Eastside Young Leaders Academy** will be worshipping with us on Mothering Sunday March 30, and as a memorial for Ray Lewis.
4. **Confirmation** classes for 20 minutes after this service. Confirmation service here Sunday **July 13 at 10:30**.
5. **LENT Giving:** If you would like to give extra as part of your lent discipline, please either take a box or use an envelope. Thanks
6. **Mother's Day special** service – March 30th.
7. **St. James year 6 school visit Friday 28th March at 10am**
8. **Please take a copy of the Good News**



Newspaper. It is a good read.

9. Please remember to **subscribe and use**



the bell if you use YouTube in your **morning and evening prayers.**



10. **Friday fortnight bible Study on zoom every other Friday from 7:30**
11. **Tuesday evening Bible Study each week on zoom from 8pm.**



ALL ARE INVITED

12. Church of England daily prayer:
<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>
13. The next **Pastoral Care part 1 course** is being arranged at **The Diocesan Office, 53 New Street, Chelmsford CM1 1AT** and will go ahead so long as we have sufficient numbers to make the course viable. Diane Hardy:
dhardy@chelmsford.anglican.org
The dates and times of sessions are as follows:- Saturdays 9.00am to 4.00pm
7th June; 21st June; 5th July
14. **Holy week services April 13-20: Palm Sunday** march and service 10:15; **Monday** at 6pm--- St Anthony's RC church; **Tuesday** at 7:30 – St. Mark's; **Wednesday** at 7:30 –

Woodgrange Baptist; **Maundy Thursday** at 6pm foot washing and fish and chips service; **Good Friday** 10am service around the cross and 12noon march of witness; Sunday – Resurrection celebration service at 10:30

15. **Annual meeting of parishioners - May 11 - reports are due by Easter.**

Prayer of preparation to come to the table.

O Lord, I know that I am unworthy to receive your Holy Body and Precious Blood; I know that I am guilty, and that I eat and drink condemnation to myself, not discerning the Body and Blood of Christ my God. But trusting in your loving-kindness I come unto you because you have said: *He who eats my Body and drinks my Blood shall dwell in me and I in him.* Therefore, O Lord, have compassion on me and do not make an example of me, your sinful servant. But do unto me according to your great mercy, and grant that these Holy Gifts may be for me healing, purification, enlightenment, protection, salvation and sanctification of my soul and body, and to the expulsion of every evil imagination, sinful deed or work of the Devil. May they move me to trust in you and to love you always, to amend and keep firm my life; and increase in me every virtue, to the keeping of your Commandments, to the communion of the Holy Spirit, and as a good defence before your Judgment Seat, and for Life Eternal in Jesus Christ. Amen. *St. Basil (died 379)*

FOR THE SALVATION OF THE WORLD

Lord Jesus Christ you love this world so much that you gave your life for the salvation of this world. We pray for every man, woman and child in every corner of our world, that they will hear the gospel message and be transformed by the power of your Holy Spirit. We pray for every country on the planet, for every tribe, for every language, and for every culture to hear the message of your love for them. Raise up pastors and evangelists to bring the gospel to the far reaches of the world. Open their eyes to see Jesus, give them ears to hear and soften their hearts to turn in repentance and faith to the only one who has the power to change their lives – our Lord and Saviour Jesus Christ. We pray this is your Name Lord Jesus. **Amen**

God of peace and justice, we pray for peace in our world. We pray for all people who are caught up in war and conflicts and violence. We pray for peace and the laying down of weapons of war. We pray that you will break all the

weapons of war and frustrate all the plans and schemes of those who seek war. We pray that you will hasten the day when you will judge between the nations and will settle all disputes among peoples. We pray for the day when they will beat their swords into ploughshares and their spears into pruning hooks. We pray for the day when nation will not take up sword or guns or bombs against nation nor will they train for war any more. We pray for the day when the earth will be filled with the knowledge of the glory of God as the waters cover the sea. Hasten this day O God we pray, in Jesus' name. **Amen** .

ST. PATRICK'S PRAYER

*I arise today,
through God's strength to pilot me,
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's shield to protect me,
God's host to save me
From snares of devils,
From temptation of vices,
From everyone who shall wish me ill,
afar and near.*

*Christ with me, Christ before me,
Christ behind me, Christ in me,
Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit down,
Christ when I arise, Christ in the heart of everyone
who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me. **Amen***

Pray for Muslims during Ramadan

(Feb. 28 – March 30)

- Pray for increase spiritual awareness and openness to the gospel
- Pray for Muslims to gain access to the gospel
- Pray for Muslims experiencing crisis that they will meet the risen Christ and find hope in him.
- Pray for opportunities to share the Good News of Jesus with your Muslim friends, co-workers and neighbours.

Gracious God, you care for and love all those who are lost and without hope in this world. You love

Muslims despite their zeal for religion that is not according to the knowledge of our Lord and Saviour Jesus Christ. We pray for them that the scales will fall from their eyes and their hearts will become open to the Gospel of Christ. We pray that Muslims everywhere will hear and respond to the Good News of Jesus Christ and that they will turn in faith and repentance to the only Lord and Saviour of our souls. During this season of Ramadan reveal yourself to Muslims everywhere that they may see the face of Christ and hear his loving voice calling them into a relationship with him. Give them ears to hear, eyes to see and hearts to believe. Lord have mercy on Muslims everywhere that they will be saved, in Jesus name. **Amen**

Memorial service for Ernest Trotman (Veronica's husband) (24/03/2005)

Today we are remembering the husband of our sister Veronica who departed this life to be with Christ 20 years ago this week. He was a loving father and husband and we remember him today. We pray that he will rest in the presence of Christ; we pray that his example and all that was good and wonderful in his life will live on in the lives of his family and all those who knew him. We pray that by God's grace we and all those who live and die in Christ will one day join Ernest and all those who have gone before us in the final resurrection. We pray for God's all sufficient grace to be with Veronica and the family as they remember and celebrate his life and what his passing these 20 years has meant for them. We pray that God will give them grace to live in the light of his mercy to Ernest and to them for all eternity. Amen



PRAYER FOCUS:

If you would like someone to pray with you, please go to the prayer corner and a member of our prayer team will pray with you.

Please keep these and others in your prayers this week.

*For I am the Lord who heals you. Ex15:26
Cast all your cares and anxieties and worries and fears upon the LORD for he cares for you. (1 Peter 5:7)*

Roy and Pauline Haywood, Samuel and Pauline Bookal-Downes, Doreen, Noel Morris, Suriyakala Johnson, Attlee (and Revd Janet), Jean and Walter, Monica, Sue (Daisy and family), Veronica and Chester, Dolly and Desmond, Jean Murphy, Pat and Ray Vincent, Muriel (and son Simon), David Martins,

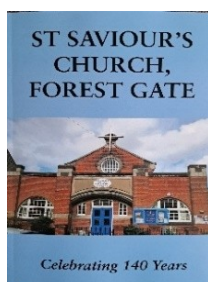
Veronica James, **Monica** and daughter **(Sheryl)**, Radcliffe and **Pauline**, **Andy** and Anita, Una, Ann and Richard (*in Wales*), **Kianna** – (*Ann's granddaughter*) and her stepmum – **Lucy** and brother Ian, **Spencer** (*Sophie's son*), **Jennifer**, **Kay** and **Calvin** Brown and **Michelle** (*in Jamaica*); **Ilene** (*Hillary's mum*), **Karen** (*Hillary's sister*), **Hillary**, **Tia** (*Maxine's great grandniece*); **Marcia** (*Noel's sister whose husband passed away recently*), **Vicky** (*St. James School*)...

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RIP—Cheryl Brown - farewell service Friday April 11th at 1:30pm

A PERSONAL MESSAGE FROM CORNELIUS AND HILLARY

Some of you will remember that two years ago Hillary had surgery for cancer and the surgery was successful. However, the cancer has returned and so Hillary will be undergoing chemotherapy for a few months. This means that she may not be here some weeks to play for us. Please keep her and us in your prayers. The best that you can do for us is to pray for us daily. We serve a great God with whom nothing is impossible. And we entrust our lives into his loving hands. Our times are in the hands of God (Psalm 31:14,15). Please love and pray for her from a distance (social distancing). This is to ensure that she remains free from any infection or virus. Thanks



Please remember to promote

and purchase a copy of our book. The majority of the proceeds will go towards helping to sort out our heating. **Donation: £10**
Thanks.

If you want to change the world...**PRAY.**



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