

# Easter 4 – May 8, 2022

## WELCOME

### PRAYER OF PREPARATION

**Almighty God, to whom all hearts are open all desires know and from whom no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Jesus Christ our Lord.**

**Amen**

### **Psalm 103**

<sup>1</sup> Praise the LORD, my soul;  
all my inmost being, praise his holy name.  
<sup>2</sup> Praise the LORD, my soul,  
and forget not all his benefits—  
<sup>3</sup> who forgives all your sins  
and heals all your diseases,  
<sup>4</sup> who redeems your life from the pit  
and crowns you with love and compassion,  
<sup>5</sup> who satisfies your desires with good things  
so that your youth is renewed like the eagle's.  
<sup>6</sup> The LORD works righteousness  
and justice for all the oppressed.  
<sup>7</sup> He made known his ways to Moses,  
his deeds to the people of Israel:  
<sup>8</sup> The LORD is compassionate and gracious,  
slow to anger, abounding in love.  
<sup>9</sup> He will not always accuse,  
nor will he harbour his anger forever;  
<sup>10</sup> he does not treat us as our sins deserve  
or repay us according to our iniquities.  
<sup>11</sup> For as high as the heavens are above the earth,  
so great is his love for those who fear him;  
<sup>12</sup> as far as the east is from the west,  
so far has he removed our transgressions from  
us.  
<sup>13</sup> As a father has compassion on his children,  
so the LORD has compassion on those who fear  
him;  
<sup>14</sup> for he knows how we are formed,  
he remembers that we are dust.  
<sup>15</sup> The life of mortals is like grass,  
they flourish like a flower of the field;  
<sup>16</sup> the wind blows over it and it is gone,  
and its place remembers it no more.  
<sup>17</sup> But from everlasting to everlasting  
the LORD's love is with those who fear him,  
and his righteousness with their children's

children—

<sup>18</sup> with those who keep his covenant  
and remember to obey his precepts.  
<sup>19</sup> The LORD has established his throne in heaven,  
and his kingdom rules over all.  
<sup>20</sup> Praise the LORD, you his angels,  
you mighty ones who do his bidding,  
who obey his word.  
<sup>21</sup> Praise the LORD, all his heavenly hosts,  
you his servants who do his will.  
<sup>22</sup> Praise the LORD, all his works  
everywhere in his dominion.  
Praise the LORD, my soul.

***Glory to the Father and to the Son and to  
the Holy Spirit, as it was in the beginning  
is now and shall be forever. Amen***

### **SONG**

O Worship the King, All Glorious Above;  
O Gratefully Sing His Power And His Love:  
Our Shield And Defender, The Ancient Of Days,  
Pavilioned In Splendour, And Girded With Praise.

O Tell of His Might, O Sing Of His Grace,  
Whose Robe Is The Light, Whose Canopy Space;  
Whose Chariots Of Wrath Deep Thunder-Clouds  
Form;  
And Dark Is His Path On The Wings Of The Storm.

The Earth With Its Store Of Wonders Untold,  
Almighty! Thy Power Hath Founded Of Old;  
Hath Stablished It Fast By A Changeless Decree,  
And Round It Hath Cast, Like A Mantle, The Sea.

Thy Bountiful Care What Tongue Can Recite?  
It Breathes In The Air, It Shines In The Light,  
It Streams From The Hills, It Descends To The  
Plain,  
And Sweetly Distils In The Dew And The Rain.

Frail Children Of Dust, And Feeble As Frail,  
In Thee Do We Trust, Nor Find Thee To Fail;  
Thy Mercies How Tender, How Firm To The End,  
Our Maker, Defender, Redeemer, And Friend!

O Measureless Might! Ineffable Love!  
While Angels Delight To Hymn Thee Above,  
The Humbler Creation, Though Feeble Their Lays,  
With True Adoration Shall Lisp To Thy Praise.

## **CONFESSION**

Lord, we pray to you for the forgiveness of our sins...

*Silence*

**Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honour and glory of your Name; through Jesus Christ our Lord. Amen.**

## **ABSOLUTION:**

May the God of love and power forgive *you (us)* and free *you (us)* from *your (our)* sins, heal and strengthen *you (us)* by his Spirit, and raise *you (us)* to new life in Christ our Lord. **Amen.**

## **SONG**

For I Am Building A People Of Power  
And I Am Making A People Of Praise  
That Will Move Through This Land By My Spirit  
And Will Glorify My Precious Name

Build Your Church Lord  
Make Us Strong Lord  
Join Our Hearts Lord Through Your Son  
Make Us One Lord  
In Your Body  
In The Kingdom Of Your Son

## **READINGS: Ephesians 5: 1 – 21**

**5**<sup>1</sup> Follow God's example, therefore, as dearly loved children <sup>2</sup> and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

<sup>3</sup> But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. <sup>4</sup> Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. <sup>5</sup> For of this you can be sure: No immoral, impure or greedy person—such a person is an idolater—

has any inheritance in the kingdom of Christ and of God.<sup>[a]</sup> <sup>6</sup> Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient. <sup>7</sup> Therefore do not be partners with them.

<sup>8</sup> For you were once darkness, but now you are light in the Lord. Live as children of light <sup>9</sup> (for the fruit of the light consists in all goodness, righteousness and truth) <sup>10</sup> and find out what pleases the Lord. <sup>11</sup> Have nothing to do with the fruitless deeds of darkness, but rather expose them. <sup>12</sup> It is shameful even to mention what the disobedient do in secret. <sup>13</sup> But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. <sup>14</sup> This is why it is said:

“Wake up, sleeper,  
rise from the dead,  
and Christ will shine on you.”

<sup>15</sup> Be very careful, then, how you live—not as unwise but as wise, <sup>16</sup> making the most of every opportunity, because the days are evil. <sup>17</sup> Therefore do not be foolish, but understand what the Lord's will is. <sup>18</sup> Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, <sup>19</sup> speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, <sup>20</sup> always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

<sup>21</sup> Submit to one another out of reverence for Christ.

*This is the word of the Lord:*

***Thanks be to God.***

## **COLLECT:**

**Almighty God,  
whose Son Jesus Christ is the resurrection and the life: raise us, who trust in him,  
from the death of sin to the life of righteousness,  
that we may seek those things which are above,  
where he reigns with you in the unity of the Holy Spirit, one God, now and for ever. Amen**

## **SONG:**

Thou, whose almighty word  
chaos and darkness heard,  
and took their flight;  
hear us, we humbly pray,  
and, where the Gospel day  
sheds not its glorious ray,  
let there be light!

Thou who didst come to bring  
on thy redeeming wing  
healing and sight,  
health to the sick in mind,  
sight to the inly blind,  
O now to all mankind,  
let there be light!

Spirit of truth and love,  
life-giving holy Dove,  
speed forth thy flight!  
Move on the waters' face  
bearing the gift of grace,  
and, in earth's darkest place,  
let there be light!

Holy and blessed Three,  
glorious Trinity,  
Wisdom, Love, Might;  
boundless as ocean's tide,  
rolling in fullest pride,  
through the world far and wide,  
let there be light!

## **GOSPEL: John 10: 22-30**

*Hear the gospel according to...*

### **Glory to you, O Lord**

<sup>22</sup> Then came the Festival of Dedication<sup>(b)</sup> at Jerusalem. It was winter, <sup>23</sup> and Jesus was in the temple courts walking in Solomon's Colonnade. <sup>24</sup> The Jews who were there gathered around him, saying, "How long will you keep us in suspense? If you are the Messiah, tell us plainly."

<sup>25</sup> Jesus answered, "I did tell you, but you do not believe. The works I do in my Father's name testify about me, <sup>26</sup> but you do not believe because you are not my sheep. <sup>27</sup> My sheep listen to my voice; I know them, and they follow me. <sup>28</sup> I give them eternal life, and they

shall never perish; no one will snatch them out of my hand. <sup>29</sup> My Father, who has given them to me, is greater than all<sup>(c)</sup>; no one can snatch them out of my Father's hand. <sup>30</sup> I and the Father are one."

*This is the Gospel of Christ,  
Praise to you O Lord.*

## **DISMISS CHILDREN**

**SERMON:** Live as children of the light

### **Outline:**

1. **Watch out for the darkness:** 3 – 7  
Sexual immorality, impurity, greed and vulgar speech
2. **Walk as children of light** (goodness, righteousness and truth): 8-21
  - a. wise – using time wisely
  - b. wise – understanding God's will
  - c. wise – being Spirit-filled not drunk
    - I. fellowship
    - II. worship and thanksgiving (gratitude)
    - III. submission to Christ (21)

## **SONG**

I want to walk with Jesus Christ,  
all the days I live of this life on earth;  
to give to Him complete control  
of body and of soul.

*Follow Him, follow Him,  
yield your life to Him -  
He has conquered death,  
He is King of kings; accept the joy which He gives  
to those who yield their lives to Him.*

I want to learn to speak to Him,  
to pray to Him, confess my sin,  
to open my life and let Him in,  
for joy will then be mine.

I want to learn to speak of Him –  
my life must show that He lives in me;  
my deeds, my thoughts, my words must speak  
all of His love for me.

I want to learn to read His word,  
for this is how I know the way  
to live my life as pleases Him,  
in holiness and joy.

O Holy Spirit of the Lord,  
enter now into this heart of mine;  
take full control of my selfish will  
and make me wholly Thine!

**CREED:**

Let us declare our faith in the resurrection of  
our Lord Jesus Christ:

**Christ died for our sins in accordance with  
the scriptures; he was buried; he was  
raised to life on the third day in  
accordance with the scriptures;  
afterwards he appeared to his followers,  
and to all the apostles; this we have  
received, and this we believe. Amen**

**INTERCESSION:**

***Merciful Father, accept these prayers for  
the sake of your Son our Saviour, Jesus  
Christ. Amen***

**PEACE**

The risen Christ came and stood among his  
disciples and said, 'Peace be with you.'  
Then were they glad when they saw the Lord.  
**Alleluia. Alleluia.**

The peace of the risen Christ be always with  
you  
**And also with you. Alleluia.**

Let us offer one another a sign of peace.

**OFFERING:** *If you prefer to contribute through  
the bank:*

*Santander Bank account number: **91028603**;  
sort code: **090155**; St. Saviour's Parochial  
Church Council*

**Gracious God, for all you have given us,  
all you will give us and all you give us  
here and now, we offer you our thanks and  
praise. Bless this offering of our money  
and of ourselves to be used in your  
service, through Jesus Christ our Lord.  
Amen**

**SONG:** Jesus remember me  
*(during the preparation of the table)*

**HOLY COMMUNION**

The Lord is here  
**his Spirit is with us**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right, our duty and our joy,  
always and everywhere to give you thanks,  
almighty and eternal Father, and in these  
days of Easter to celebrate with joyful hearts  
the memory of your wonderful works.

For by the mystery of his passion Jesus  
Christ, your risen Son, has conquered the  
powers of death and hell and restored in men  
and women the image of your glory. He has  
placed them once more in paradise and  
opened to them the gate of life eternal. And  
so, in the joy of this Passover, earth and  
heaven resound with gladness, while angels  
and archangels and the powers of all creation  
sing for ever the hymn of your glory:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his  
command, grant that by the power of your  
Holy Spirit these gifts of bread and wine may  
be to us his body and his blood; who, in the  
same night that he was betrayed, took bread  
and gave you thanks; he broke it and gave it  
to his disciples, saying: Take, eat; this is my  
body which is given for you; do this in  
remembrance of me.

**To you be glory and praise for ever.**

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying: Drink this, all of  
you; this is my blood of the new covenant,  
which is shed for you and for many for the  
forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

**To you be glory and praise for ever.**

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Praise to you, Lord Jesus:

**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

**To you be glory and praise for ever.**

Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

**Blessing and honour and glory and power be yours for ever and ever. Amen.**

### The Lord's Prayer

*Jesus taught us to call God Father, so in faith and trust we pray:*

**Our Father in heaven,  
Hallowed be your name,  
Your kingdom come, your will be done,  
On earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those  
who sin against us. Lead us not into  
temptation but deliver us from evil. For  
the kingdom, the power, and the glory are  
yours, now and for ever. AMEN.**

### Breaking of the Bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

### Lamb of God

Lamb of God you take away the sins of the world; **have mercy on us**

Lamb of God you take away the sins of the world; **have mercy on us**

Lamb of God you take away the sins of the world; **grant us peace.**

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that Jesus died for you, and feed on him in your hearts by faith with thanksgiving. **Amen**

**Lord, I am not worthy to receive you, but  
only say the word and I shall be healed.  
Amen**

### SONG:

Lord Jesus Christ

You have come to us

You are one with us

Mary's Son

Cleansing our souls from all their sin

Pouring Your love and goodness in

Jesus, our love for you we sing

Living Lord

Lord Jesus Christ

Now and every day

Teach us how to pray

Son of God

You have commanded us to do

This in remembrance Lord of you

Into our lives your power breaks through

Living Lord

Lord Jesus Christ

You have come to us

Born as one with us

Mary's Son

Led out to die on Calvary

Risen from death to set us free

Living Lord Jesus, help us see

You are Lord

Lord Jesus Christ  
I would come to you  
live my life for you  
Son of God  
All your commands I know are true  
Your many gifts will make me new  
Into my life your power breaks through  
Living Lord

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To be in your presence  
To sit at your feet  
When your love surrounds me  
And makes me complete

*This is my desire, o Lord*  
*This is my desire*  
*This is my desire, o Lord*  
*This is my desire*

To rest in your presence  
Not rushing away  
To cherish each moment  
Here I would stay

### **POST-COMMUNION PRAYER**

Risen Christ,  
faithful shepherd of your Father's sheep:  
teach us to hear your voice  
and to follow your command,  
that all your people may be gathered into one  
flock, to the glory of God the Father. **Amen**

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Merciful Father,  
you gave your Son Jesus Christ to be the Good  
Shepherd, and in his love for us to lay down his  
life and rise again: keep us always under His  
protection, and give us grace to follow in His  
steps; through Jesus Christ our Lord. **Amen**

### **NOTICES AND BIRTHDAYS**

#### **FINAL SONG**

Guide me, O thou great redeemer,  
Pilgrim through this barren land;  
I am weak, but thou art mighty,  
Hold me with thy powerful hand;  
Bread of heaven, bread of heaven  
Feed me now and evermore;  
Feed me now and evermore;

Open now the crystal fountain  
Whence the healing stream doth flow;  
Let the fire and cloudy pillar  
Lead me all my journey through:  
Strong deliverer, strong deliverer;  
Be thou still my strength and shield;  
Be thou still my strength and shield.

When I tread the verge of Jordan,  
Bid my anxious fears subside;  
Death of death, and hell's destruction  
Land me safe on Canaan's side:  
Songs of praises, songs of praises,  
I will ever give to thee;  
I will ever give to thee.

### **PRAYER AND BLESSING**

May the God of peace, who brought again  
from the dead our Lord Jesus Christ, that  
great Shepherd of the sheep, through the  
blood of the eternal covenant, make you  
perfect in every good work to do his will,  
working in you that which is well-pleasing in  
his sight; **Amen**

May the blessing...

Go in peace to love and serve the Lord;  
**In the name of Christ, Amen**

### **NOTICES**

- **PLEASE TAKE THIS SERVICE SHEET HOME WITH YOU.** *Use the prayers, readings and songs in your daily meditations this week.*
- **Funeral** this Thursday May 12 at 12 noon.
- **PCC Meeting:** Thursday May 19 at 7:30pm
- **Any young person who would like to be confirmed this year**, parents please complete a yellow form and give Cornelius or a warden. Confirmation service will be in November.
- **140<sup>th</sup> anniversary.** This year marks 140 years since the first stone was laid for the building of St. Saviour church (Nov.1, 1882). Deborah has been working on the history of our church and we would like to

publish a booklet of that history. She needs help with this. If you can help, please see Deborah.

- Please remember to **subscribe** to the channel if you use this to help you in your



**morning and evening prayers.** *Welcome and congrats to Kat who debut her first evening prayer this week.*

- **Friday fortnight bible Study on zoom every other Friday from 7:30** (*next: May 13*)
- **Tuesday evening Bible Study each week on zoom from 8pm.**

**ALL ARE INVITED**

- Church of England daily prayer:  
<https://www.churchofengland.org/prayer-and-worship/join-us-service-daily-prayer>

**PRAYER FOCUS:**



Doreen, Jean and Walter, Monica, Auntie Janie, Dionne, Jayne, Sue Lindsay, Veronica and Chester, Dolly and Desmond, Mr Patel and family, Jean Murphy, Deborah

Fisher; Hannah Todd, Pat Vincent, Pauline Haywood (lost her brother)...

- **The persecuted church**
- **The end of all wars** – Yemen, Ethiopia and Ukraine...
- **Charity Link** – Newham Youth for Christ; as they seek to appoint a new director

<https://stsaviourse7.org.uk/>  
<https://www.youtube.com/c/StSavioursChurchE7>  
<https://www.facebook.com/Stsaviourse7/>

Vicar's email: [revcahenry@gmail.com](mailto:revcahenry@gmail.com)

Telephone: 02085558464

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