

Wednesday 28th July 2021

LOOK EVER TO JESUS HE WILL CARRY YOU THROUGH

Psalms 115:12 NIV

The LORD remembers us and will bless us:

Who is the first person we should turn to? The Lord our God who is the one who knows us best he will be there for us first and foremost.

We use much of our days worrying about things, quite often over needless mundane things that are not really worth wasting time and such worry over. We lose so much sleep when stressing about our daily duties, yet when we stop, think and then take time to pray the worry is usually resolved. God knows us and therefore; knows all our troubles, and helps us to do what is necessary to resolve the problem. When you think back you find that worrying over and over never fixed the problem it just made you tired with the stress. Turning to the Lord in prayer is what Paul tells us to do in Philippians what an inspiration to persuade us to give God our trust and release us from the worries in our lives.

(Philippians 4:5-7) NIV

Paul writes: 'The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.'

Let us give you our thanks in prayer.

"The Lord is my strength and my shield; My heart trusts in Him, and I am helped; Therefore, my heart exults, and with my song I shall thank Him." Ps. 28:7