

Thursday 18th November 2021

*Ps.42,1: "As the deer pants for streams of water, so my soul pants for you, my God."*

*Rev.21,6: God says: "To the thirsty I will give water without cost from the spring of the water of life."*

The thirst of the soul for God is a spiritual thirst, it is the longing for what is only satisfied by the presence, grace and comfort of God.

When we find ourselves in a state of spiritual depression and exhaustion, we need to recognise this thirst (for what it is) and seek its remedy – as Ps.42 proceeds to show, to 'preach to ourselves, even argue with ourselves, to hope in the Lord and keep seeking Him.' Verse 11: *"Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will get praise him, my Saviour and my God."*

On the cross Christ experienced thirst for the departed presence of God, Mt.27,46. 'He suffered the deprivation of good that is the doom of sinners (Is.65,13; Lk.16,24). Taking the curse for us, He won for us the blessing. As a result, Christ can not satisfy the deepest thirst of mankind through the Holy Spirit (Jn.4,14; Rev.21,6)