

Thursday 12th May 2022

A time to tear and a time to mend, a time to be silent and a time to speak.
Ecclesiastes 3:7 NIV.

How long can you sit in silence in a room with others comfortably, without feeling uncomfortable? It certainly is not an easy thing to do. If this is difficult how easy will it be to sit in silence and listen for the voice of the Holy Spirit. To still your soul is something we should all do to rediscover our faith and to make it a discipline, hopefully daily. Belief in God is our discipline of faith which guides us daily. In silence you can find solace in times of grief and then the time to speak is with our comforter, Jesus Christ.

David said of this call to silence, "my hope is from Him. . . He is my rock and my salvation, my stronghold; I shall not be shaken." (Psalm 62:6) Let us take our time of silence. Take out all the electronics that take up our time and cause you to be distracted. Settle down and be silent, be still and know your God. Hear his voice in the silence. Bring your heart and soul an inner peace daily with God. When your children come up and give you a hug without saying anything, it is such a lovely feeling. Just to feel the love given in a hug. Then let us give the Lord our God a hug and feel the love flowing into each one of us. In the silence Lord.

Loving Father, we give you all the praise and glory, in all that we do in your precious name. Amen.