

Tuesday 10th May 2022

Psalm 55:1, 2 *"Listen to my prayer, O God,*

do not ignore my plea;

hear me and answer me.

My thoughts trouble me and I am distraught..."

Psalm 64: 1, 2 *"Hear me, O God, as I voice my complaint;*

protect my life from the threat of the enemy.

Hide me from the conspiracy of the wicked,

from the noisy crowd of evildoers."

We all get anxious at times. Occasionally we get very anxious or distraught. We complain to or shout at anyone nearby who will listen. We have all been faced by someone who wants to unburden themselves even though we don't really want to know.

The psalmists' anxiety shows in what sounds like whining and whinging to God. Shouldn't we be more reasonable and humble in our petitions to Him? Well, no, Scripture seems to say you can tell God anything and everything that is on your mind. It's just that He won't necessarily answer your request in a way you hoped for.

Unlike most of us God is happy to listen however much we moan, complain, even demand because He knows that we will feel better for getting our worries off our chests.