

Friday 5th February 2021

Ps.56,13: *"You have delivered me from death and my feet from stumbling, that I may walk before God in the light of life."*

Acts 12,7: *"Suddenly an angel of the Lord appeared and a light shone in the cell. He struck Peter on the side and woke him up. 'Quick, get up!' he said, and the chains fell off Peter's wrist."*

Consistently and fully 'walking before God in the light of life' practically speaking is the life of Jesus. When the Apostle Paul considered his own ability to do so, strongly wishing it(!), he found himself exclaiming: "What a wretched man I am! Who will rescue me from this body that is subject to death?" (Rm.7,24)

Do we wish strongly enough to walk before God in the light of life to consider truly how we are getting on with it? If we do, we too like Paul will reach for the answer of truth and grace in him who did what we could not: "Thanks be to God who delivers me through Jesus Christ our Lord!" (Rm.7,25)

Lord, the chains are strong that tie us to ways of death and darkness. But they are no match for the power of grace. Help us to walk by faith, in the light of your forgiveness. Amen