

Holy Communion Service for Lent

In the name of the Father, and of the Son and of the Holy Spirit.

Amen.

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

And also with you.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Prayers of Penitence

The Summary of the Law

Our Lord Jesus Christ said:

The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,
with all your soul, with all your mind,
and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

Amen. Lord, have mercy.

Invitation to confession

The sacrifice of God is a broken spirit;

a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion,

and acknowledge our transgressions in penitence and faith.

Prayer of Confession

Father eternal, giver of light and grace,
we have sinned against you and against our neighbour,
in what we have thought,
in what we have said and done,
through ignorance, through weakness,
through our own deliberate fault.
We have wounded your love,
and marred your image in us.
We are sorry and ashamed,
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past;
and lead us out of darkness to walk as children of light.
Amen.

Lord, have mercy.
Lord, have mercy.

Christ, have mercy.
Christ, have mercy.

Lord, have mercy.
Lord, have mercy.

The Absolution

May the Father of all mercies
cleanse you from your sins,
and restore you in his image
to the praise and glory of his name,
through Jesus Christ our Lord.
Amen.

The Collect (A special prayer appointed for the day.)

Readings

This is the word of the Lord.
Thanks be to God.

Gospel

Praise to you, O Christ, King of eternal glory.
The Lord is a great God, O that today you would listen to his voice.
Harden not your hearts.

Psalm 95.3,8

Praise to you, O Christ, King of eternal glory

Hear the Gospel of our Lord Jesus Christ according to N.

Glory to you, O Lord.

At the end the reader says
This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon

The Creed

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is seen and unseen.**

**We believe in one Lord Jesus Christ,
the only Son of God,
eternally begotten of the Father;
God from God, Light from Light,
true God from true God;
begotten not made,
one in being with the Father;
through Him all things were made.
For us and for our salvation He came down from heaven.
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake He was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day He rose again,
in accordance with the Scriptures;
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and His kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the Giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son He is worshipped and glorified,**

who has spoken through the prophets.
We believe in one, holy, catholic, and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers/Intercessions

Lord, in your mercy
hear our prayer.

And at the end all say

**Merciful Father, accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you.
And also with you.

Let us offer each other a sign of peace.

Preparation of the Table

Merciful Father,
turn us from sin to faithfulness
and from disobedience to love,
and prepare us to celebrate
the death and resurrection of Christ our Saviour
who is alive and reigns, now and for ever.
Amen.

The Eucharistic Prayer

The Lord is here.
His Spirit is with us.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right, it is our duty and our joy,
always and everywhere to give you thanks,
holy Father, almighty and everlasting God,
through Jesus Christ, your only Son our Lord.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup

we make the memorial of Christ your Son our Lord.

Christ is the bread of life:

**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit,
inspire us with your love
and unite us in the body of your Son, Jesus Christ our Lord.
Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise:

**Blessing and honour and glory and power
be yours for ever and ever.
Amen.**

The Lord's Prayer

As our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

The priest breaks the consecrated bread.

Every time we eat this bread and drink this cup.
We proclaim the Lord's death until he comes in glory.

**Lamb of God,
you take away the sin of the world,
have mercy on us.
Lamb of God,
you take away the sin of the world,
have mercy on us.
Lamb of God,
you take away the sin of the world,
grant us peace.**

Communion

Jesus is the Lamb of God, who takes away the sin of the world.
Blessed are they who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

**We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your abundant and great mercies.
We are not worthy
so much as to gather up the crumbs under your table;
but you are the same Lord
whose character is always to have mercy.
Grant us, therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ,
and to drink his blood,
that our sinful bodies may be made clean by his body,
and our souls washed through his most precious blood, and that we may evermore
dwell in him, and he in us.
Amen.**

Prayer after Communion

**Almighty God,
We thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer your our souls and bodies
to be a living sacrifice.**

**Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God Almighty, Father, Son and Holy Spirit be among you and
remain with you always.
Amen.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.