



# The Parish Colgate and Roffey

Churches of St Saviour, Colgate and All Saints, Roffey

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## How the Spiritual Life of the Parish will continue during this time of the suspension of Public Worship

During this time during which the Public Worship in our churches has been suspended, the Mass will be offered privately daily at 12noon for and on behalf of the whole parish. The offices of Morning and Evening prayer will continue to be prayed at 9.30am and 6pm respectively. The Angelus bell will be rung before all these services at 9.30am, 12noon, and 6pm, I invite you to join me in praying this prayer from the safety of your homes.

The angel of the Lord brought tidings to Mary,  
**and she conceived by the Holy Spirit.**

Hail Mary, full of grace, the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
**Holy Mary, Mother of God, pray for us sinners,  
now, and at the hour of our death.**

Behold the handmaid of the Lord,  
**be it unto me according to thy word.**  
Hail Mary...

And the Word was made flesh,  
**and dwelt among us.**  
Hail Mary...

Pray for us, O holy Mother of God,  
**that we may be made worthy of the promises of Christ.**

Let us pray.

Pour fourth, we beseech thee, O Lord, thy grace into our hearts; that as we have known the incarnation of thy Son Jesus Christ by the message of an angel, so by his cross and passion we may be brought to the glory of his resurrection. Through Jesus Christ our Lord.

Amen.

The Mass will be offered privately at 12noon for the whole parish. As you can't be physically present, you may wish to join in Spiritual Communion using the following form of prayer.

## **An Act of Spiritual Communion**

*You may wish to start by lighting a candle.*

In the name of the Father, and of the Son, and of the Holy Ghost, Amen.

*Then read the daily reading which can be found [here](#)*

*The, make a Confession of your sins with these words*

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against Thy Divine Majesty, Provoking most justly Thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings: The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For Thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please Thee In newness of life, To the honour and glory of Thy Name; Through Jesus Christ our Lord. Amen.

*Then say:*

The Almighty and merciful Lord,  
grant me pardon and absolution of all my sins. Amen.

*Read the Comfortable Words.*

Hear what comfortable words our Saviour Christ saith unto all who truly turn to Him.

Come unto Me, all ye that travail and are heavy laden, and I will refresh you.

*St. Matt. xi. 28.*

So God loved the world, that He gave His only-begotten Son, to the end that all that believe in Him should not perish, but have everlasting life.

*St. John iii. 16.*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners.

*1 Tim. i. 15.*

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the Righteous; and He is the Propitiation for our sins.

*1 St. John ii. 1, 2.*

*Then say:*

In union, O Lord with the faithful at every altar of Thy Church, where the Holy Eucharist is now being celebrated, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body with the earnest wish that may always be united to Thee. And since I can not now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. Let nothing ever separate Thee from me. May I live and die in Thy love. Amen.

*Spend a few moments in meditation upon the fact that God so loved you that He sent His Only-Begotten Son into the world for you. Recite the Lord's Prayer and afterward say:*

May the grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with me always. Amen.