



# PRAYERS *for* SUNDAYS *in* JULY

*A resource for praying at home*



# *The* **FOURTEENTH SUNDAY in ORDINARY TIME**

*Sunday, 5<sup>th</sup> July 2020*

## **THE INTRODUCTION**

*Light a candle and spend some time in silence if you can. Jesus promises rest to all who bring their burdens to him. Giving thanks for his great love, you might want to sing or say this hymn:*

**B**E THOU MY VISION, O Lord of my heart,  
Be all else but naught to me, save that thou art,  
Be thou my best thought in the day and the night,  
Both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word  
Be thou ever with me, and I with thee, Lord,  
Be thou my great Father, and I thy true son,  
Be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight,  
Be thou my whole armour, be thou my true might,  
Be thou my soul's shelter, be thou my strong tower,  
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise,  
Be thou my inheritance now and always,  
Be thou and thou only the first in my heart,  
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,  
O grant me its joys after victory is won,  
Great Heart of my own heart, whatever befall,  
Still be thou my vision, O Ruler of all.

*Irish c. 8<sup>th</sup> Century; trans., Mary Byrne; versified, Eleanor Hull*

*Then, making the sign of the Cross, say:*

✠ In the name of the Father, and of the Son and of the Holy Spirit.

Amen.

*Spend some time in silence, calling to your mind your sins. Then say,  
Lord Jesus, you are mighty God and Prince of Peace: Lord, have mercy.  
You heal the wounds of our sin and division: Christ, have mercy.  
You intercede for us with the Father: Lord have mercy.*

*Remind yourself of the gift of God's forgiveness, by reading these words  
from 1 John 1.9: If we confess our sins, he who is faithful and just will  
forgive us our sins and cleanse us from all unrighteousness.*

*Then say the Collect: O God, who in the abasement of your Son have  
raised up a fallen world, fill your faithful with holy joy, for on those  
you have rescued from slavery to sin you bestow eternal gladness.  
Through Christ our Lord. Amen.*

## THE LITURGY OF THE WORD

*Then read today's appointed readings:*



- *Zechariah 9.9-10 : Your king comes, humble and riding on a donkey.*
- *Romans 8.9-13: The Spirit who raised Jesus from the dead, living in you.*

*Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!*

• *Matthew 11.25-30: Come to me, all who labour and are overburdened. Spend some to time, if you can, in quiet contemplation, asking the Holy Spirit to show you what the scriptures have to say to you today. And then spend time praying for the Church, the world and all its needs.*

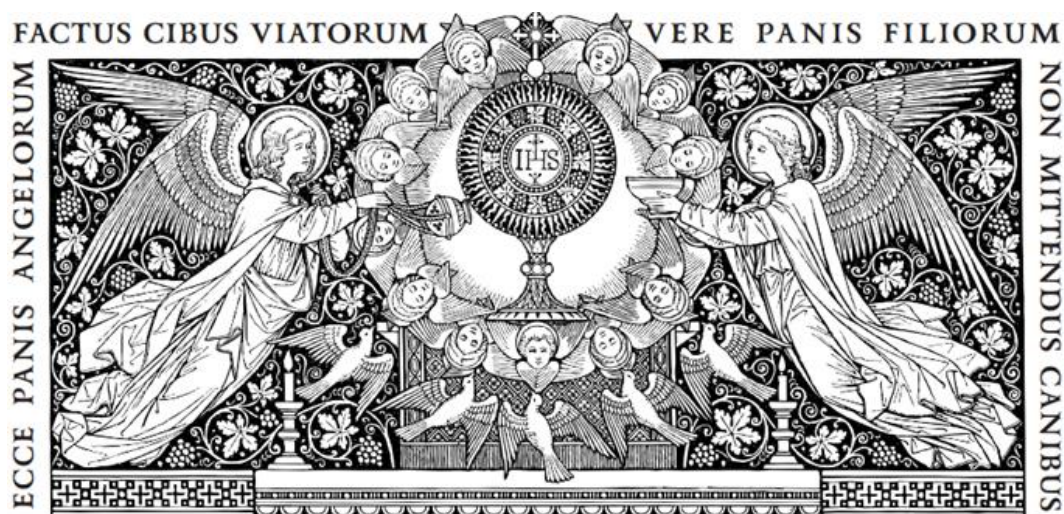
## SPIRITUAL COMMUNION

*Say the OUR FATHER. Then make your act of SPIRITUAL COMMUNION. Spend a moment meditating on Jesus' love for us and your own longing for life in union with him. Then pray:*

**M**Y JESUS, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

*Spend some time in silence, giving thanks, and then say:*

Blessed, praised and adored be Jesus Christ on his throne of glory, and in the Most Holy Sacrament of the Altar. Amen. Alleluia!



*In thanksgiving, you might want to sing this hymn*

**I** HEARD THE VOICE of Jesus say,  
'Come unto me and rest;  
Lay down, thou weary one, lay down  
Thy head upon my breast.'  
I came to Jesus as I was,  
Weary, and worn, and sad;  
I found in him a resting place,  
And he has made me glad.

2. I heard the voice of Jesus say,  
'Behold, I freely give  
The living water, thirsty one;  
Stoop down, and drink, and live:'  
I came to Jesus, and I drank  
Of that life-giving stream;  
My thirst was quenched, my soul revived,  
And now I live in him.

3. I heard the voice of Jesus say,  
'I am this dark world's Light;  
Look unto me, thy morn shall rise,  
And all thy day be bright:'  
I looked to Jesus, and I found  
In him my Star, my Sun;  
And in that light of life I'll walk  
Till traveling days are done.

Horatius Bonar

*Say this concluding prayer:*

Lord God, when our world lay in ruins, you raised it up again on the foundation of your Son's Passion and Death. Give us grace to rejoice in the freedom from sin which he gained for us, and bring us to everlasting joy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*And then pray for God's blessing, saying:* The Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

Let us praise the Lord. Thanks be to God.

# *The* FIFTEENTH SUNDAY *in* ORDINARY TIME

*Sunday, 12<sup>th</sup> July 2020*

*With the same structure as above, use these hymns and readings:*

THOU WHOSE almighty word  
Chaos and darkness heard,  
And took their flight;  
Hear us, we humbly pray,  
And where the gospel day  
Sheds not its glorious ray  
Let there be light.

2. Thou who didst come to bring  
On thy redeeming wing  
Healing and sight,  
Health to the sick in mind,  
Sight to the inly blind,  
O now to all mankind  
Let there be light.

3. Spirit of truth and love,  
Life-giving, holy Dove,  
Speed forth thy flight;  
Move on the water's face,  
Bearing the lamp of grace,  
And in earth's darkest place  
Let there be light.

4. Blessèd and holy Three,  
Glorious Trinity,  
Wisdom, Love, Might,  
Boundless as ocean's tide  
Rolling in fullest pride,  
Through the world far and wide  
Let there be light.

John Marriott

*The Collect:* O God, who show the light of your truth to those who go astray, so that they may return to the right path, give all who for the faith they profess are accounted Christians the grace to reject whatever is contrary to the name of Christ and to strive after all that does it honour. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*The readings are :*

- *Isaiah 55.10-11: The word from my mouth does not return empty.*
- *Romans 8.18-23: The whole creation is eagerly waiting.*

*Alleluia! Alleluia! Speak, Lord, your servant is listening: you have the message of eternal life. Alleluia!*

- *Matt 13.1-23: The parable of the sower.*

*As a hymn in thanksgiving after your act of spiritual communion:*

**P**RAISE TO THE HOLIEST in the height,  
And in the depth be praise,  
In all his words most wonderful,  
Most sure in all his ways.

2. O loving wisdom of our God!  
When all was sin and shame,  
A second Adam to the fight  
And to the rescue came.

3. O wisest love! that flesh and blood,  
Which did in Adam fail,  
Should strive afresh against the foe,  
Should strive and should prevail;

4. And that a higher gift than grace  
Should flesh and blood refine,  
God's presence and his very self,  
And essence all-divine.

5. O generous love! that he who smote  
In Man for man the foe,  
The double agony in Man  
For man should undergo;

6. And in the garden secretly,  
And on the cross on high,  
Should teach his brethren, and inspire  
To suffer and to die.

7. Praise to the Holiest in the height,  
And in the depth be praise,  
In all his words most wonderful,  
Most sure in all his ways.

S. John Henry Newman

*The concluding prayer:*

God and Father, to those who go astray you reveal the light of your truth and enable them to return to the right path. Grant that all who have received the grace of baptism may strive to be worthy of their Christian calling and reject everything opposed to it. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

# *The* SIXTEENTH SUNDAY *in* ORDINARY TIME

*Sunday, 19<sup>th</sup> July 2020*

*For an opening hymn, you may wish to sing or say:*

BREATHE ON ME, Breath of God,  
Fill me with life anew,  
That I may love what thou dost love,  
And do what thou wouldst do.

2. Breathe on me, Breath of God,  
Until my heart is pure,  
Until with thee I will one will,  
To do and to endure.

3. Breathe on me, Breath of God,  
Till I am wholly thine,  
Until this earthly part of me  
Glowes with the fire divine.

4. Breathe on me, Breath of God,  
So shall I never die,  
But live with thee the perfect life  
Of thine eternity.

Edwin Hatch

*The Collect:* Show favour, O Lord, to your servants and mercifully increase the gifts of your grace, that, made fervent in hope, faith and charity, they may be ever watchful in keeping your commands. Through Jesus Our Lord. Amen.

*The readings are :*

- *Wisdom 12.13-19: After sin, you grant repentance.*
- *Romans 8.26-27: The Spirit Himself intercedes for us.*

*Alleluia, alleluia! May the Father of our Lord Jesus Christ enlighten the eyes of our mind. May you see what hope his call holds for us. Alleluia!*

- *Matt. 13.24-43: The Parable of the wheat and the tares.*





*As a hymn in thanksgiving after your act of spiritual communion:*

**O** WORSHIP THE LORD in the beauty of holiness!  
Bow down before him, his glory proclaim;  
With gold of obedience, and incense of lowliness,  
Kneel and adore him, the Lord is his name!

Low at his feet lay thy burden of carefulness,  
High on his heart he will bear it for thee,  
Comfort thy sorrows, and answer thy prayerfulness,  
Guiding thy steps as may best for thee be.

Fear not to enter His courts in the slenderness  
Of the poor wealth thou wouldst reckon as thine:  
Truth in its beauty, and love in its tenderness,  
These are the offerings to lay on his shrine.

These, though we bring them in trembling and fearfulness,  
He will accept for the name that is dear;  
Mornings of joy give for evenings of tearfulness,  
Trust for our trembling and hope for our fear.

O worship the Lord in the beauty of holiness!  
Bow down before him, his glory proclaim;  
With gold of obedience, and incense of lowliness,  
Kneel and adore him, the Lord is his name!

J. S. B. Monsell

*The concluding prayer:* Lord God, teach us at all times to fear and love your holy name, for you never withdraw your guiding hand from those you establish in your love. Through Christ our Lord. Amen.

# *The SEVENTEENTH SUNDAY in ORDINARY TIME*

*Sunday, 26<sup>th</sup> July 2020*

*For an opening hymn, sing or say:*

**A**NGEL-VOICES ever singing  
Round thy throne of light,  
Angel-harps, for ever ringing,  
Rest not day nor night;  
Thousands only live to bless thee  
And confess thee  
Lord of might.

2. Thou who art beyond the farthest  
Mortal eye can scan,  
Can it be that thou regardest  
Songs of sinful man?  
Can we know that thou art near us,  
And wilt hear us?  
Yea, we can.

3. For we know that thou rejoicest  
O'er each work of thine;  
Thou didst ears and hands and voices  
For thy praise design;  
Craftsman's art and music's measure  
For thy pleasure  
All combine.

4. In thy house, great God, we offer  
Of thine own to thee;  
And for thine acceptance proffer  
All unworthily  
Hearts and minds and hands and voices  
In our choicest  
Psalmody.

5. Honour, glory, might and merit  
Thine shall ever be,  
Father, Son and Holy Spirit,  
Blessed Trinity.  
Of the best that thou hast given  
Earth and heaven  
Render thee.

Francis Pott

*The Collect:* O God, protector of those who hope in you, without whom nothing has firm foundation, nothing is holy, bestow in abundance your mercy upon us and grant that, with you as our ruler and guide, we may use the good things that pass in such a way as to hold fast even now to those that ever endure. Through Christ our Lord. Amen.

*The readings are :*

- *1 Kings 3.5-12: Give your servant a heart to discern good and evil.*
- *Romans 8.28-30: With those he justified, he shared his glory.*

*Alleluia, alleluia! I call you friends, says the Lord, because I have made known to you everything I have learnt from my Father. Alleluia!*

- *Matt. 13.44-52: "The Kingdom of heaven is like..."*

*As a hymn in thanksgiving after your act of spiritual communion:*

JESU, Lover of my soul,  
Let me to thy bosom fly,  
While the nearer waters roll,  
While the tempest still is high:  
Hide me, O my Saviour, hide  
Till the storm of life is past;  
Safe into the haven guide,  
O receive my soul at last.

2. Other refuge have I none,  
Hangs my helpless soul on thee;  
Leave, ah, leave me not alone,  
Still support and comfort me.  
All my trust on thee is stayed,  
All my help from thee I bring;  
Cover my defenceless head  
With the shadow of thy wing.

3. Thou, O Christ, art all I want,  
More than all in thee I find:  
Raise the fallen, cheer the faint,  
Heal the sick, and lead the blind.  
Just and holy is thy name,  
I am all unrighteousness;  
False and full of sin I am,  
Thou art full of truth and grace.

4. Plenteous grace with thee is found,  
Grace to cover all my sin;  
Let the healing streams abound,  
Make and keep me pure within.  
Thou of life the fountain art,  
Freely let me take of thee,  
Spring thou up within my heart,  
Rise to all eternity.

Charles Wesley



*The concluding prayer:* We recognize with joy that you, Lord, created us, and that you guide us by your providence. In your unfailing kindness, support us in our prayer: renew your life within us, guard it and make it bear fruit for eternity. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Amen.

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