

# Nicci's update – September 2023

Dear family and friends

Here's an update from the city of Liverpool.

I've been back in the UK for three months now. It's felt like a rather busy and unsettled time as I have visited a different supporting church every week since I arrived, travelling over 2 500 miles by car and train. At the same time, it's been really lovely to catch up with friends and speak to supporters all over the country.

I have continued to receive messages on WhatsApp from people in Kisoro almost every day since I've been back. Most of the messages are social and just one or two are work-related requests for information or advice, which tells me the team are managing well. A highlight of the past few weeks was the clinical officers submitting an abstract to the Uganda Paediatric Association annual meeting with only minimal help from me. It was about our neonatal follow up and patient outcomes and was accepted for presentation. It was the only paper by "non-doctors" and was very well received. I'm incredibly proud of them!

My health seems to be slowly improving. I won't bore you with all the details but blood tests revealed there is definitely something going on but exactly what it is unclear! I was just relieved to know I wasn't going mad! Overall, I'm less exhausted but still frustrated by being unable to do as much as I'd like to because of tiredness, shortness of breath and chest pain.



A beautiful sunny day in Oxford.

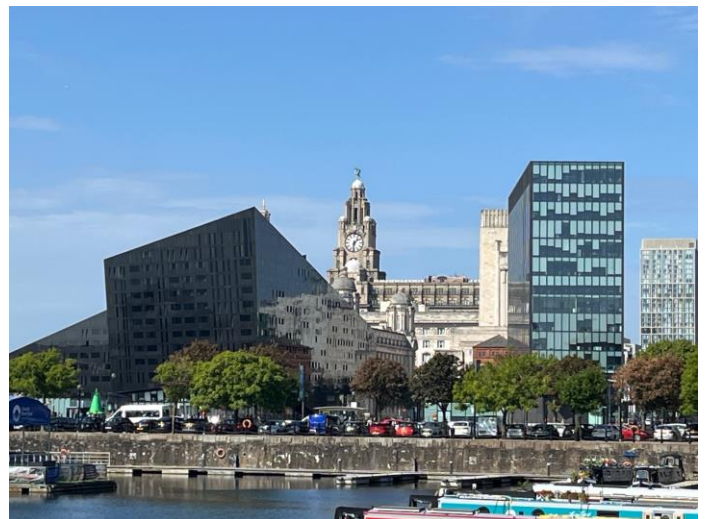
In achieving all my church visits, I've stayed in 7 different homes in the past three months. Last week I moved to Liverpool and it's lovely to know that I can be relatively settled for a while. My course at the Liverpool School of Tropical Medicine begins tomorrow. It promises to be 12 weeks of very hard work. I'm hoping my brain can cope with formal study again!

If you want to know more about what I'm up to before the next edition of this update, please have a look at my blog ([niccimaxwell.wordpress.com](http://niccimaxwell.wordpress.com)) where I will post something every few weeks, especially if there's interesting or important news to share.

Thank you all for your continued support and prayers!

Much love to you all,

*Nicci*



*Exploring in Liverpool*

## **For your prayers**

*Give thanks for:*

- *safe travels around the UK for my church visits and the opportunity to see so many friends and supporters*
- *colleagues in Kisoro doing very well without me*
- *the opportunity for formal study for the next 3 months*

*Please pray for:*

- *all those who I have left behind in Kisoro and for the work that continues there*
- *ongoing improvement in my health*
- *my studies – that I will make the most of this opportunity*