

WELLBEING CAFE

- A great opportunity to meet old friends and new...
- No need to feel lonely or alone
- Come and relax and have some fun!
- Crafts and board games available
- A warm welcome awaits *everyone* 😊



Venue: **St Cuthbert's Community Hall**

Colburn, Catterick Garrison, DL9 4LT

Dates: Monday mornings - fortnightly

Time: 10am-12 noon

FOR MORE DETAILS CONTACT:

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SUMMER TERM DATES:

April 17th; May 1st, 15th & 29th; June 12th & 26th; July 10th & 24th.