

# ST CUTHBERT'S WELLBEING CAFE

- A great opportunity to meet old friends and new...
- No need to feel lonely or alone
- Come and relax and have some fun!
- Crafts and board games available
- A warm welcome awaits *everyone*



Venue: **St Cuthbert's Community Hall**

Colburn, Catterick Garrison, DL9 4LT

Dates: Monday mornings - fortnightly

Time: 10am-12 noon

#### FOR MORE DETAILS CONTACT:

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#### SPRING TERM DATES:

April 25<sup>th</sup>; May 9<sup>th</sup> and 23<sup>rd</sup>; June 6<sup>th</sup> and 20<sup>th</sup>; July 4<sup>th</sup> and 18<sup>th</sup>.