

Morning Prayer in Lent

Preparation

○ Lord, open our lips
and our mouth shall proclaim your praise.

Hear our voice, ○ Lord, according to your faithful love,
according to your judgement give us life.

Prayer of thanksgiving

Blessed are you, God of compassion and mercy,
to you be praise and glory for ever.

In the darkness of our sin,
your light breaks forth like the dawn
and your healing springs up for deliverance.

As we rejoice in the gift of your saving help,
sustain us with your bountiful Spirit
and open our lips to sing your praise.

Blessed be God, Father, Son and Holy Spirit.

Blessed be God for ever.

Opening Prayer

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, ○ God,
set our hearts on fire with love for you;
now and for ever.

Amen.

The Word of God

Psalm followed by:

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be forever. Amen.**

Scripture reading followed by:

Responsory

To you, O Lord, I lift up my soul;

O my God, in you I trust.

You are the God of my salvation,

To you, O Lord, I lift up my soul.

In you I hope all the day long.

O my God, in you I trust.

Remember, Lord, your compassion and love,
for they are from everlasting.

To you, O Lord, I lift up my soul;

O my God, in you I trust.

From Psalm 25

Gospel Canticle;

The Benedictus

**Blessed are those who hunger and thirst for righteousness,
for they shall be satisfied.**

**1 Blessed be the Lord the God of Israel,
who has come to his people and set them free.**

**2 He has raised up for us a mighty Saviour,
born of the house of his servant David.**

**3 Through his holy prophets God promised of old
to save us from our enemies,
from the hands of all that hate us,**

**4 To show mercy to our ancestors,
and to remember his holy covenant.**

**5 This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,**

**6 Free to worship him without fear,
holy and righteous in his sight
all the days of our life.**

**7 And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,**

**8 To give his people knowledge of salvation
by the forgiveness of all their sins.**

**9 In the tender compassion of our God
the dawn from on high shall break upon us,**

**10 To shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.**

Luke 1.68-79

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**Blessed are those who hunger and thirst for righteousness,
for they shall be satisfied.**

Prayers

Intercessions are offered

Lord, in your mercy
hear our prayer

Silence may be kept.

The Collect

The Collect of the day is prayed

Lord's Prayer

Trusting in the compassion of God,
let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,
hallowed be thy name;**

thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

May God our Redeemer show us compassion and love.
Amen.

Let us bless the Lord.
Thanks be to God.