

### Sunday 24<sup>th</sup>:

Those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not faint, **Isaiah 40:31**

### 5<sup>th</sup>:

**James the Apostle:** Merciful God, whose holy apostle Saint James, leaving his father and all that he had, was obedient to the calling of your Son Jesus Christ and followed him even to death: help us, forsaking the false attractions of the world, to be ready at all times to answer your call without delay. Amen

### 26<sup>th</sup>:

**Anne & Joachim:** Lord God of Israel, who bestowed such grace on Anne and Joachim that their daughter Mary grew up obedient to your word and made ready to be the mother of your Son: help us to commit ourselves in all things to your keeping and grant us the salvation you promised to your people. Amen

### 27<sup>th</sup>:

How great is the love the Father has lavished on us, that we should be called children of God! **1 John 3: 1**

### 28<sup>th</sup>:

A smile is such a funny thing, it wrinkles up the face; and when it is gone it is hard to find its secret hiding place. But far more wonderful it is, to see what smiles can do. I smile at you, you smile at me, and so one smile makes two!

### 29<sup>th</sup>:

**Mary, Martha and Lazarus:** God our Father, whose Son enjoyed the love of his friends, Mary, Martha and Lazarus, in learning, argument and hospitality: may we so rejoice in your love that the world may come to know the depths of your wisdom, the wonder of your compassion, and your power to bring life out of death. Amen

### 30<sup>th</sup>:

God has given you something you can give back to the world – in a way no one else can. “Give generously, for your gifts will return to you later” **Ecclesiastes 11:1**

### Sunday 31<sup>st</sup>:

Dear Lord, we pray for all school, college, university leavers who are ready to embark on a new era in their lives. We pray Lord, you will keep them safe as they start this new journey. Help them to be positive about their future whatever the outcome. “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.” Amen. **Matthew 6: 34**



## OUR DAILY BREAD July 2022

### "Summer Holiday"

We're all going on a summer holiday no more working for a week or two.

Enjoy your holidays, enjoy family time together and may God bring you safely back home again. Amen

### 1<sup>st</sup>:

What keeps us from believing God can handle all our problems? *Nothing is impossible with God.* **Luke 1: 37.**

### 2<sup>nd</sup>:

Lord Jesus, friend of the friendless, helper of the poor, healer of the sick, whose life was spent doing good, help us to follow in your footsteps, make us strong to do right, to be gentle with the weak, and kind to all in sorrow, that we might be like you, our Lord and Master. Amen.

### Sunday 3<sup>rd</sup>:

**Thomas the Apostle:** Almighty and eternal God, who, for the firmer foundation of our faith, allowed your holy apostle Thomas to doubt the resurrection of your Son till word and sight convinced him: grant to us, who have not seen, that we also may believe and so confess Christ as our Lord and our God.

### 4<sup>th</sup>:

Practice tender-hearted mercy and kindness to others. **Colossians 3:12**  
Love matters most.

### 5<sup>th</sup>:

Worship is discovering the truth and then rejoicing in it. “Yet a time is coming and has now come when the true worshippers will worship the Father in spirit and truth, for they are the kin fog worshippers the Father seeks” **John 4:23**

### 6<sup>th</sup>:

Show me your ways, O Lord, teach me your paths; guide me in your truth and teach me, for you are God my Saviour, and my hope is in you all day long. **Psalms 25: 4-5**

**7<sup>th</sup>:**

May the God of Hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit. **Romans 15:13**

**8<sup>th</sup>: Job**

God is with us even in our dreams .....

(Jacob) had a dream in which he saw a stairway resting on the earth, with its top reaching to heaven, and the angels of God were ascending and descending on it. I believe they carry our prayers to the Lord. **Genesis 28: 12**

**9<sup>th</sup>:**

Tears of joy are like the summer rain drops pierced by sunbeams. - **Hosea Ballou**

**Sunday 10<sup>th</sup>:**

God has a plan for you today – and it’s good in every way! “O lord, my God ... we are ever in Your thoughts.” **Psalms 40:18**

**11<sup>th</sup>:**

A smile is such a funny thing, it wrinkles up the face; and when it is gone it is hard to find its secret hiding place. But far more wonderful it is, to see what smiles can do. I smile at you, you smile at me, and so one smile makes two!

**12<sup>th</sup>:**

Breathe on me, breath of God, fill me with life anew, that I may love what Thou dost love, and do what Thou wouldst do

**13<sup>th</sup>:**

‘Tis the human touch in this world that counts, the touch of your hand in mine, which means far more to the fainting heart, than shelter and bread and wine. For shelter is gone when the night is o’er, and bread lasts only a day, but the touch of the hand and the sound of the voice sing on in the soul always. **Spencer Michael Free.**

**14<sup>th</sup>:**

We thank you Lord Jesus, for this day; for friends and family, work and play; and for walking with us along the way. Amen

**15<sup>th</sup>: Psalms**



**St. Swithun’s Day:** Almighty God, by whose grace we celebrate again the feast of your servant Swithun: grant that, as he governed with gentleness the people committed to his care, so we, rejoicing in our Christian inheritance, may always seek to build up your Church in unity and love. Amen

**16<sup>th</sup>:**

A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken. -**James Dent**

**Sunday 17<sup>th</sup>:**

A light in the darkness stops everything falling apart. **Let Jesus be that light.**

**18<sup>th</sup>:**

When the path ahead of us is washed away. God will give us wings. You’ll never walk alone.

**19<sup>th</sup>:**

**Gregory & Macrina, Teachers of the Faith:** Lord of eternity, creator of all things, in your Son Jesus Christ, you open for us the way to resurrection that we may enjoy your bountiful goodness: may we who celebrate your servants Gregory and Macrina press onwards in faith to your boundless love and ever wonder at the miracle of your presence among us. Amen

**20<sup>th</sup>:**

Grant us a vision Lord, to see what we can achieve; to reach out beyond ourselves; to share our lives with others; to stretch our capabilities; to increase our sense of purpose; to be aware of where we can help; to be sensitive to your Presence; to give heed to your constant call. Amen. **David Adam**

**21<sup>st</sup>:**

God of time, God of space, fill this moment with your grace. God of motion, God of peace, from each sin, give release. God of quiet, God of might, keep us ever in your sight.

**22<sup>nd</sup>:**

**Mary Magdalene:** Almighty God, whose Son restored Mary Magdalene to health of mind and body and called her to be a witness to his resurrection: forgive our sins and heal us by your grace, that we may serve you in the power of his risen life. Amen

**23<sup>rd</sup>:**

God created the world in six days; it won’t take Him that long to destroy it. “The day of the Lord will come like a thief. The heavens will disappear with a roar; the elements will be destroyed by fire, and the earth and everything in it will be laid bare.”. **2 Peter 3:10**