

## OUR DAILY BREAD



July 2021

*Dear Lord, we pray for all those who are school, college, university to embark a new journey. We pray Lord you will keep them safe as they begin this new journey. Keep them from stress and help them to be positive about their future whatever the outcome. "So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today." Amen.*

*Matthew 6: 34*

### Thursday 1<sup>st</sup>: Pray for our Clergy

What keeps us from believing God can handle all our problems? *Nothing is impossible with God. Luke 1: 37.*

### Friday 2<sup>nd</sup>: Pray for our Churches

The God who created names and numbers the stars in the heavens also numbers the hairs of my head ...he pays attention to very big things and to very small ones. What matters to me matters to Him and that changes my life. **Elisabeth Elliot**

### Saturday 3<sup>rd</sup>: Pray for our Church Services & Congregations.

**Thomas the Apostle:** Almighty and eternal God, who, for the firmer foundation of our faith, allowed your holy apostle Thomas to doubt the resurrection of your Son till word and sight convinced him: grant to us, who have not seen, that we also may believe and so confess Christ as our Lord and our God.

### Sunday 4<sup>th</sup>: Pray for our Church Families.

Practice tender-hearted mercy and kindness to others. **Colossians 3:12**  
Love matters most.

### Monday 5<sup>th</sup>: Pray for our own Families.

Lord Jesus, friend of the friendless, helper of the poor, healer of the sick, whose life was spent doing good, help us to follow in your footsteps, make us strong to do right, to be gentle with the weak, and kind to all in sorrow, that we might be like you, our Lord and Master. Amen.

### Tuesday 6<sup>th</sup>: Pray for our Friends & Neighbours.

Show me your ways, O Lord, teach me your paths; guide me in your truth and teach me, for you are God my Saviour, and my hope is in you all day long. **Psalms 25: 4-5**

### Wednesday 7<sup>th</sup>: Pray for the sick & all suffering from Covid.

There is a time for everything, and a season for every activity under the heaven. **Ecclesiastes 3:1**

### Sunday 25<sup>th</sup>: Pray for ourselves, our loved ones & their needs.

**James the Apostle:** Merciful God, whose holy apostle Saint James, leaving his father and all that he had, was obedient to the calling of your Son Jesus Christ and followed him even to death: help us, forsaking the false attractions of the world, to be ready at all times to answer your call without delay. Amen

### Monday 26<sup>th</sup>: Pray for the future of our churches & what God is calling us to do.

**Anne & Joachim:** Lord God of Israel, who bestowed such grace on Anne and Joachim that their daughter Mary grew up obedient to your word and made ready to be the mother of your Son: help us to commit ourselves in all things to your keeping and grant us the salvation you promised to your people. Amen

### Tuesday 27<sup>th</sup>: Give thanks to God for His creation.

How great is the love the Father has lavished on us, that we should be called children of God! **1 John 3: 1**

### Wednesday 28<sup>th</sup>: Praise & give thanks to God for all His gifts to us.

A smile is such a funny thing, it wrinkles up the face; and when it is gone it is hard to find its secret hiding place. But far more wonderful it is, to see what smiles can do. I smile at you, you smile at me, and so one smile makes two!

### Thursday 29<sup>th</sup>: Pray for those who have little or no Faith.

**Mary, Martha and Lazarus:** God our Father, whose Son enjoyed the love of his friends, Mary, Martha and Lazarus, in learning, argument and hospitality: may we so rejoice in your love that the world may come to know the depths of your wisdom, the wonder of your compassion, and your power to bring life out of death. Amen

### Friday 30<sup>th</sup>: Pray for all who live and work in our Parishes.

God has given you something you can give back to the world – in a way no one else can. "Give generously, for your gifts will return to you later" **Ecclesiastes 11:1**

### Saturday 31<sup>st</sup>: Pray for all who love outside our Parish Boundaries.

And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. **Micah 6:8**

Lord, my blessings come from you. Remind me that they taste better when they are shared. Like chocolate!

**May the boldness of the Spirit transform us, May the gentleness of the Spirit lead us, May the gifts of the Spirit equip us, to serve and worship God; And the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among us and remain with us always. Amen**

**Thursday 8<sup>th</sup>: Pray for all who work in the NHS.**

God is with us even in our dreams .....

(Jacob) had a dream in which he saw a stairway resting on the earth, with its top reaching to heaven, and the angels of God were ascending and descending on it.

I believe they carry our prayers to the Lord. **Genesis 28: 12**

**Friday 9<sup>th</sup>: Pray for our Emergency Services.**

Lord, when life is fast and I am getting breathless, help me to feel your presence in the pressures. Amen

**Saturday 10<sup>th</sup>: Pray for all delivering the vaccine.**

God has a plan for you today – and it's good in every way! "O lord, my God ... we are ever in Your thoughts." **Psalms 40:18**

**Sunday 11<sup>th</sup>: Pray for the Queen, her Family & her Government.**

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**Monday 12<sup>th</sup>: Pray for peace around the world.**

Breathe on me, breath of God, fill me with life anew, that I may love what Thou dost love, and do what Thou wouldst do

**Tuesday 13<sup>th</sup>: Pray for our Churchyards & Graveyards & all who take care of them.**

'Tis the human touch in this world that counts, the touch of your hand in mine, which means far more to the fainting heart, than shelter and bread and wine. For shelter is gone when the night is o'er, and bread lasts only a day, but the touch of the hand and the sound of the voice sing on in the soul away. **Spencer Michael Free.**

**Wednesday 14<sup>th</sup>: Pray for all who help in our Churches.**

We thank you Lord Jesus, for this day; for friends and family, work and play; and for walking with us along the way. Amen

**Thursday 15<sup>th</sup>: Pray for our Schools & Teachers.**



**St. Swithun's Day:** Almighty God, by whose grace we celebrate again the feast of your servant Swithun: grant that, as he governed with gentleness the people committed to his care, so we, rejoicing in our Christian inheritance, may always seek to build up your Church in unity and love. Amen

**Friday 16<sup>th</sup>: Pray for all children & their safety.**

If you stir up this inner power, you will never be afraid. **II Timothy 1:8**

**Saturday 17<sup>th</sup>: Pray for all Care Homes, Residents & Staff.**

A light in the darkness stops everything falling apart. **Let Jesus be that light.**

**Sunday 18<sup>th</sup>: Pray for the safety of all Travellers.**

When the path ahead of us is washed away. God will give us wings.

**Monday 19<sup>th</sup>: Pray for small businesses & those in Hospitality.**

**Gregory & Macrina, Teachers of the Faith:** Lord of eternity, creator of all things, in your Son Jesus Christ, you open for us the way to resurrection that we may enjoy your bountiful goodness: may we who celebrate your servants Gregory and Macrina press onwards in faith to your boundless love and ever wonder at the miracle of your presence among us. Amen

**Tuesday 20<sup>th</sup>: Pray for those struggling at this time.**

Grant us a vision Lord, to see what we can achieve; to reach out beyond ourselves; to share our lives with others; to stretch our capabilities; to increase our sense of purpose; to be aware of where we can help; to be sensitive to your Presence; to give heed to your constant call. Amen. **David Adam**

**Wednesday 21<sup>st</sup>: Pray for the lonely & those with mental illness.**

God of time, God of space, fill this moment with your grace. God of motion, God of peace, from each sin, give release. God of quiet, God of might, keep us ever in your sight.

**Thursday 22<sup>nd</sup>: Pray for the hungry & homeless.**

**Mary Magdalene:** Almighty God, whose Son restored Mary Magdalene to health of mind and body and called her to be a witness to his resurrection: forgive our sins and heal us by your grace, that we may serve you in the power of his risen life. Amen

**Friday 23<sup>rd</sup>: Pray for all who have died & for those who mourn their loss.**

God created the world in six days; it won't take Him that long to destroy it. "The day of the Lord will come like a thief. The heavens will disappear with a roar; the elements will be destroyed by fire, and the earth and everything in it will be laid bare." **2 Peter 3:10**

**Saturday 24<sup>th</sup>: Pray for Food banks & the Volunteers.**

In winter, I get up at night and dress by yellow candle-light. In summer, quite the other way I have to go to bed by day. ~**Robert Louis Stevenson**