

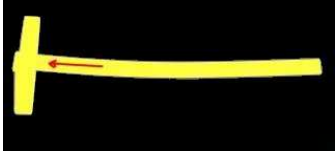

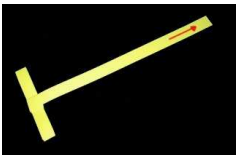
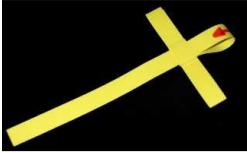


# Make a Palm Cross

	<p><u>You will need:</u> 1 A4 sheet of thin card or paper, (this will make 7 palm crosses), ruler, pencil, a pair of scissors. Cut the card into strips 1.5cms wide and 29.6cms long. You will need 2 of these strips for each palm cross.</p>
	<p>To make the crossbeam of the palm cross: On one of the strips mark from the left 2cms, 4cms, 10cms and 20cms. Fold neatly from the right along the 20cm line and then the 10cm line.</p>
	<p>Turn the piece of card over and fold forward along the 2cm line and then the 4cm line. This makes the centre of the crossbeam. Flatten.</p>
	<p>To make the cross: Now take the other strip of card and insert one end under the top layer only of the centre of the crossbeam. Do not go all the way through.</p>
	<p>Fold the long piece of card behind the crossbeam and then thread it up in front of it and through under the top layer of the centre of the crossbeam. Pull this through and flatten it.</p>
	<p>Finally thread the long piece of card back under the centre of the crossbeam stopping when a cross shape is made.</p>