



THINGS YOU CAN DO ABOUT CLIMATE CHANGE

1 **Power your home with green energy**
Companies such as **Ecotricity**, **Good Energy** and **OVO** specialise in green and renewable energy. Find out more about switching [here](#).

2 **Cycle, bus, train - or electric car?!**
Electric cars produce zero emissions if you power them with green energy.

3 **Go vegan**
Or at least, reduce meat and dairy intake; these industries are one of the world's biggest polluters. Take the **Meat Free Mondays** challenge or watch **Cowspiracy** to find out more.

4 **Divest your money from fossil fuels**
Most money in savings, current accounts or pensions is invested in fossil fuels in some way. Find out how to divest [here](#). You can also [join a local divestment group](#).

5 **Get swishing**
Swishing is swapping clothes with friends or strangers instead of buying new clothes. Most high street shops don't have a great track record in environmentally friendly practices. You can find swishing events [here](#) or have a look at [Ethical Consumer's guide](#) to ethical fashion.

6 **Find a local Transition Town group**
Transition Towns are part of a global network of grassroots groups that organise small-scale projects on food, transport, education, housing, arts and energy to help accelerate the transition to a world run on clean energy. [Find initiatives near you](#).

7 **Keep politicians accountable**
Vote for candidates who make climate a priority and contact your MP on climate issues you consider a priority. [Find your local MP here](#).

8 **Ditch plastic bags**
From pollution to habitat destruction and fossil fuel emissions, plastic bags and climate change cannot be separated. Reuse bags you currently have or invest in an environmentally friendly tote bag for shopping.

9 **Eco Church**
If you are a member of a church, consider helping your church gain accredited Eco Church status. [Find out more here](#).

10 **Buy local, seasonal food**
Transporting food nationally and internationally contributes heavily to greenhouse gas emissions. [eatseasonally.co.uk](#) can help you find out what's in season.

