

Safeguarding – Helplines & Websites

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| Bishop’s Safeguarding Adviser | | 07342 993944 |
| Thirtyone:eight (formerly CCPAS) | | 0845 120 4550 thirtyoneeight.org |
| The Church of England | | churchofengland.org |
| Child Line | Children & young people | 0808 11 11 childline.org.uk |
| Family Lives | Children & young people | 0808 800 2222 familylives.org.uk |
| Hope UK (drug and alcohol education) | Children & young people | Hopeuk.org |
| NSPCC | Children & young people | 0808 800 5000 nspcc.org.uk |
| Think U Know (online safety) | Children & young people | thinkuknow.co.uk |
| Young Minds | Children & young people | 0808 802 5544 (parents’ helpline) Youngminds.org.uk |
| Local Authority Children’s Social Care Services | Children & young people | 0121 303 1888 (Birmingham) 0121 569 3100 (Sandwell) 0121 788 4333 (Solihull) 0800 1313 126 (Staffordshire) 01926 414144 (Warwickshire) 01905 822666 (Worcestershire) |
| Local Authority Children’s Social Care Services – Out of Hours | Children & young people | 0121 675 4806 (Birmingham) 0121 569 3100 (Sandwell) 0121 605 6060 (Solihull) 0345 604 2886 (Staffordshire) 01926 886922 (Warwickshire) 01905 768020 (Worcestershire) |
| Galop LGBT Helpline | Domestic Violence | 0300 999 5428 galop.org.uk |
| Karma Nirvana (Forced marriage and honour based violence) | Domestic Violence | 0800 599 9427 karmanirvana.org.uk |
| Men’s Domestic Violence Helpline | Domestic Violence | 0808 801 0327 |
| National Domestic Violence Helpline | Domestic Violence | 0808 2000 247 |
| Rape Crisis | Domestic Violence | 0808 802 9999 |
| Respect (Helpline for those who harm their partners) | Domestic Violence | 0808 802 4040 |
| Restored (ending violence against women) | Domestic Violence | restoredrelationships.org |
| Safe Lives (Professionals working with domestic violence victims) | Domestic Violence | safelives.org.uk |
| Birmingham LGBT Domestic Abuse Service | Domestic Violence | 0121 643 0821 |

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| Trident Reach Men's Domestic Violence Service | Domestic Violence | 0121 675 4249/0800 111 4223 |
| Women's Aid | Domestic Violence | 0800 800 0028 (Birmingham & Solihull) 0121 552 6448 (Black Country) 0870 2700 123 (Staffordshire) 0800 408 1552 (Warwickshire) 0800 980 331 (West Mercia) |
| Action on Hearing Loss | Children & Adults | 0808 808 0123 actiononhearingloss.org.uk |
| Cruse (Bereavement care) | Children & Adults | 0808 808 1677 |
| Mencap | Children & Adults | 0808 808 1111 |
| MIND | Children & Adults | mind.org.uk |
| National Centre for Eating Disorders | Children & Adults | 0845 838 2040 eating-disorders.org.uk |
| National Self Harm Network | Children & Adults | nshn.co.uk |
| Royal National Institute for the Blind (RNIB) | Children & Adults | 0303 123 9999 |
| Spiritual Abuse | Children & Adults | spiritualabuse.com |
| Through the Roof (Christian disability charity) | Children & Adults | throughtheroof.org |
| UK Modern Slavery Helpline | Children & Adults | 0800 0121 700 modernslavery.co.uk |
| Ministers and Clergy Sexual Abuse Survivors Group (MACSAS) | Sexual Abuse | 0808 801 0340 macsas1@hotmail.com |
| National Association of People Abused in Childhood (NAPAC) | Sexual Abuse | 0800 085 3330 / 0331 |
| One in Four | Sexual Abuse | 020 8697 2112 oneinfour.org.uk |
| Stop It Now! (Helpline for child sex abusers and their families) | Sexual Abuse | 0808 1000 900 stopitnow.org.uk parentsprotect.co.uk |
| The Survivors Trust | Sexual Abuse | 0808 801 0818 thesurvivorstrust.org |
| Age UK | Vulnerable Adults | ageuk.org.uk |
| Alzheimer's Society | Vulnerable Adults | 0300 222 1122 alzheimers.org.uk |
| Dementia Friendly Church Guide | Vulnerable Adults | livability.org.uk/dementia-friendly-churches-guide |
| Dementia UK | Vulnerable Adults | 0800 888 6678 dementiauk.org |
| Elder Abuse | Vulnerable Adults | 0808 808 8141 elderabuse.org.uk |
| Hoarding UK Helpline | Vulnerable Adults | 020 3239 1600 hoardinguk.org |

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| Samaritans | Vulnerable adults | 08457 909090 samaritans.org |
| Social Care Institute for Excellence (SCIE) | Vulnerable Adults | scie.org.uk |
| Forward Carers Support Service | Vulnerable Adults | forwardcarers.org.uk |
| Local Authority Adult Social Care Services | Vulnerable Adults | 0121 303 1234 (Birmingham) 0121 569 2266 (Sandwell) 0121 704 8007 (Solihull) 0345 604 2719 (Staffordshire) 01926 412080 (Warwickshire) 01905 768053 (Worcestershire) |
| Local Authority Adult Social Care Services – Out of Hours | Vulnerable Adults | 0121 675 4806 (Birmingham) 0121 569 2355 (Sandwell) 0121 605 6060 (Solihull) 0345 604 2886 (Staffordshire) 999 or 101 (Warwickshire) 999 or 101 (Worcestershire) |