

Midday Prayers 2021: Rebuilding hope and confidence
July
Praying with purpose

Monday: Praying with purpose

We take a moment in the quiet to focus on our various prayer needs and make ready to bring them to God.

Jesus said:

Ask and keep on asking and it will be given to you; seek and keep on seeking and you will find; knock and keep on knocking and the door will be opened to you.
Matthew 7:7-8 (AMP)

With faith and trust we ask:

We keep on asking for the needs we have or for those who are too weak to pray.

With prayerful purpose we seek:

We keep on seeking the answers we long for to find the way ahead.

With hope and confidence we knock:

We keep on knocking on heaven's door to open the resources we need.

With faith and trust we bring our prayers trusting in God's readiness to hear and his power to answer.
Amen

Tuesday: Praying with thanksgiving

*We take a moment in the quiet to remember our reasons for gratitude
and make ready to pray with thanks to God.*

Do not be anxious about anything,
but in every situation, by prayer
and petition, with thanksgiving,
present your requests to God.
Philippians 4:6

With faith and hope
we bring our prayers to God;
we enter his presence with joy.

**Praise be to God,
who never discounts my prayer
or withholds his steadfast love from me!**

May we cherish these times:
Precious moments with God
to pour out our hearts
and listen for his reply.

**Praise be to God,
who always listens to our prayers
and lavishes his steadfast love on us!**

With joy and praise
we bring our prayers to God;
we enter his presence with faith.

**Praise be to God for the privilege
of drawing near to him in prayer.
Amen**

Wednesday: Praying in steps

*We take a moment in the quiet to focus on our prayer requests
and make ready to take our first step in prayer.*

Jesus said:

If you have faith as small as a mustard seed,
you can say to this mountain,
“Move from here to there,” and it will move.
Nothing will be impossible for you.
Matthew 17:20

**God of miracles
bless our tiny steps in prayer
that mountains may be moved.**

Almighty and loving God,
take our faith, weak though it is.
Kindle the sparks of life within us
and fan a new flame within our hearts.
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We set out on our journey in prayer,
with each step strengthening our faith
to continue to ask for the answers we seek
from our powerful, generous God.

**God of miracles
take our tiny steps of prayer
and use them to bless your world.
Amen**

Thursday: Praying creatively

*We take a moment in the quiet to thank God for his inspiration
and make ready to engage creatively in prayer.*

May my prayer be set before you like incense;
may the lifting up of my hands be like the evening sacrifice.
Psalm 141:1-2

**May our prayers to God be as incense
as our intercessions rise heavenward.
May the lifting of our hands
be an offering of praise
as we linger in your presence.**

Lord, you keep the lamp of my life burning brightly.
Psalm 18:28

**By the lighting of a candle
I am reminded
to be your lamp in this dark world.**

I am reminded
to share your warmth with others.
I am reminded
of lights that have gone before.
I am reminded
of lights that even now grow dim.
I am reminded
to bring my prayerful offering.

**I am reminded
to go from this place in joy.
Amen**

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Friday: Praying with others

*We take a moment in the quiet to give thanks for our unity
and make ready to pray together to God.*

If two of you on earth agree about anything they ask for,
it will be done for them by my Father in heaven.
Where two or three come together in my name,
I am there with them.
Matthew 18:19-20

Loving Lord,
we thank you for the joy
of coming together into your presence;
to petition and plead
in unity and faith.
**In unity and faith,
as the family of God,
we offer you our prayers.**

We thank you for the joy
of finding our numbers are swelled
by the company of the Holy Spirit,
who shows us how to pray
and adds his prayers to ours.
**Through the prompting of the Spirit,
as the family of God,
we offer you our prayers.
Amen**

Saturday: Praying as Jesus taught

We take a moment in the quiet to give thanks for Christ's example and make ready to pray as he showed us.

One day Jesus was praying in a certain place.
When he finished, one of his disciples said to him,
"Lord, teach us to pray."

Luke 11:1

**Lord God,
like the disciples we ask,
teach us how to pray.**

Teach us the secret of prayer –
when to speak and when to keep silent,
when to accept and when to go on seeking,
when to persevere and when to let go,
teach us how to pray.

Teach us the power of prayer –
its ability to challenge,
to encourage, to transform all life,
teach us how to pray.

Teach us the joy of prayer -
to express our worship,
discover your will,
and hear your voice.

In the name of Christ.

Amen

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Wave of Prayer for Mothers' Union

Lord, we pray for Mothers' Union worldwide.

- 1** Eastern Zambia in Zambia; Mombasa in Kenya; Gwagwalada & Ekiti-West in Nigeria; Leicester in England and Temotu in Solomon Islands
- 2 – 4** Renk in South Sudan; Cyangugu in Rwanda; Arochukwu/Ohafia & Ile-Oluji in Nigeria; St Andrews, Dunkeld & Dunblane in Scotland and Sittwe in Myanmar
- 5** **Mothers' Union worldwide**
- 6 – 8** Wad Medani in Sudan; Kondoa in Tanzania; Ikwo & Remo in Nigeria; Montreal in Canada and the Windward Islands in St Lucia, Grenada, St Vincent & The Grenadines
- 9 – 11** El Obeid in Sudan; Butere in Kenya; Nnewi in Nigeria; London in England and the Province of the USA
- 12** **Mothers' Union worldwide**
- 13 – 15** Toliara in Madagascar; Mbale in Uganda; Zaria & Ndokwa in Nigeria, Rochester in England and Chhattisgarh in India
- 16 – 18** Lake Malawi in Malawi; Byumba in Rwanda; Jalingo in Nigeria; St Edmundsbury & Ipswich in England and Lucknow in India
- 19** **Mothers' Union worldwide**
- 20 – 22** Gitega in Burundi; Murag'a South and Mbeere in Kenya; Enugu North in Nigeria; Polynesia in Tonga and Jaffna in Diocese of Church of South India
- 23– 25** George in South Africa; Bungoma in Kenya; Western Tanganyika in Tanzania; Ideato in Nigeria; Sodor & Man in Isle of Man and Toronto in Canada
- 26** **Mothers' Union worldwide**
- 27 - 29** Northern Zambia in Zambia; Mpwapwa in Tanzania; Gusau & Osun in Nigeria; Sydney in Australia and Rayalaseema in India
- 30 – 31** Boga in DR Congo; Manicaland in Zimbabwe; Tanga in Tanzania; Ogoni in Nigeria; Carlisle in England and Melbourne in Australia

Final Blessing

**All glory be to Christ,
who is seated at the right hand of the Father,
and ever lives to intercede for us.**

Amen

