

PRACTICAL TIPS FOR YOUTH LEADERS



The Church of England
Diocese of Ely

1

CHECK YOUR SAFEGUARDING POLICY

What is your policy for using social media to engage with young people? Is your practice **TRANSPARENT**, **ACCOUNTABLE** and **PURPOSEFUL**?

2

GET PARENTAL CONSENT

If you are anticipating using social media to engage with young people, get parental consents first and explain clearly how parents can be involved and supervise.

3

FACILITATE FUN

Use your platform to host competitions, challenges or activities to help young people isolated at home.

4

ENCOURAGE SOCIALISATION

Remind your young people of the need to engage "face-to-face" with their friends via video calls or voice calls when isolated. Texting isn't everything!

5

MODEL RESILIENCE

Help to challenge feelings of anxiety and fear by promoting a healthy, calm and resilient approach. Signpost young people to helpful resources to support positive mental health.

6

GIVE THEM A VOICE

Give your young people opportunities to share their thoughts and listen to them. Act upon their suggestions and help them to be engaged in their community in appropriate ways.