



Sunningdale

VILLAGE HALL

t: 01344 297250 e: svhcommunitycharity@gmail.com w: www.sunningdalevillagevenues.co.uk

Sunningdale Village Hall, Sunningdale, Ascot SL5 0NJ

Est. 1909

Are you a business owner/ manager based in or around Sunningdale and looking for a targeted, cost-effective way to promote your company locally? Did you know that this magazine is delivered to EVERY home in Sunningdale as well as distributed to local primary schools and nurseries?!

We have advertising opportunities available including 1/4 page adverts as well as the placement of loose A4/A5 inserts, all at very competitive rates.

For more information, please contact us by email at: svhcommunitycharity@gmail.com or call us on: **01344 297250**.

Message from the Chair of the Charity:

I am Shazia Khawaja and I'd like to introduce myself to you - I am the recently appointed Chair of the Sunningdale Village Hall Board of Trustees. I live locally; my children attended the Preschool, and I have very happy memories of birthday parties and Tae Kwon Do classes in the Main Hall.

These happy memories are just one of the reasons I wanted to be a Trustee. Over and above this, together with my fellow Trustees, I am fully committed to honouring and protecting the original 'Vision' for the Village Hall as an accessible and affordable space in the heart of the community, where residents of all ages and abilities can enjoy a wide range of leisure and recreational activities. We want to do all we can to ensure the Village Hall continues to thrive well into the future and we look forward to seeing you at our AGM in May this year (keep an eye on our website for the exact date!).

Many of you will know that from January 2024, responsibility for continuing the charitable work of the Village Hall has transferred from Sunningdale Parish Council (Managing Trustee since 2020) to an independent Board of Trustees.

All of the new Trustees are extremely grateful to the Parish Council for the help they have given us in our new roles. In particular, thanks are due to Councillor Martin Penney; Ruth Davies, former Clerk to the Council; as well as to the Parish Council Officers for all they have done. We extend our very special thanks and appreciation to Alex Orchard, the Operations & Marketing Manager responsible for the day to day running of the Village Hall, as he has been an absolute tower of strength during this time. Alex's role with the Village Hall comes to an end just before Easter and there will be new people joining the Operations Team.

We are still in a period of transition and there may well be some hiccups - so we hope you will bear with us while we settle into our new routines! Finally - the Trustees would love to hear from you: you may have ideas about new activities; there may be things you'd like to see happening at the Village Hall; or you may be interested in volunteering with us or even becoming a Trustee. Please feel free to contact me at:

svhcommunitycharity@gmail.com

With my very best wishes,

Shazia

Sunningdale Village Hall, Church Road, Sunningdale SL5 0NJ

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Sunningdale Village Hall, Registered Charity (England & Wales) No.: 299966



@ SUNNINGDALE VILLAGE HALL

Wednesdays 5.45-6.15pm → FREE Puppy parties

Wednesdays 6.30-7.15pm → Pup agility & confidence

Are you planning to have a dog and would like to know where to start and what to expect?

Are you a new dog owner and wish to succeed your puppy socialisation and habituation?

JOIN FOR FREE IZZY'S PUPPY PARTIES – 4 x 30 mins OR BOOK FOR DEVELOPING YOUR PUP'S CONFIDENCE AND

GET A WELL-BEHAVED DOG! – 4 x 45 mins

izzy@izzypuppytraining.com

07918 318 537

www.izzypuppytraining.com

BE POSITIVE – BE FUN – BE HAPPY

Positive dog training it's "IZZY"!



Pilates classes at Sunningdale Village Hall

Thursdays: 7:30 & 8:30pm

Fridays: 9:30; 10:30; 11:30am & 1pm; 2pm

Intermediate/ Advanced; Intermediate; Mixed ability & Beginner classes

Physio-led pilates classes run by a physiotherapist with APPI Pilates Certification. Suitable for all abilities and fitness levels. Exercises adapted for those with particular issues. Please bring your own mats, head cushions and bands.

For more information or to book your place on a class, please visit:

www.activelivesphysio.co.uk or contact

Rebecca on 07748 603145 or email:

activelivesphysio@btinternet.com



Get Fit Stay Fit

Thursdays

11:30am - 12:30pm

Sunningdale Village Hall

Fun and friendly, low-impact exercise to music classes for women of all ages, shapes and abilities.

If you want to see a real change in your fitness, flexibility, strength and posture as well as an increased feeling of wellbeing, then a FLeXercise class could be just what you're looking for!

For further information, please contact

Christine on 07900 900616

or email:

christineunderhill.flexercise@gmail.com

visit: www.fl-exercise.com



Match Point Tennis Coaching
at Broomhall Park

A highly active tennis coaching programme catering for all abilities; from complete beginners through to experienced tournament players.

Mini Tennis:

Little Aces (3-4yrs) Saturday 8:45 - 9:30am

Red Ball (5-7rs) Mon, Tue, Weds: 4-5pm & Sat 9:30 - 10:30am

Orange Ball (8-9yrs) Mon & Weds 5-6pm; Sat 10:30-11:30am

Junior Tennis:

Green Ball (10-12yrs) Mon & Tues 5-6pm; Sat 11:30am-12:30pm

Yellow Ball (12yrs+) Mon, Tues & Thurs 5-6pm; Sat 11:30am-12:30pm

Adult Tennis:

Cardio: Tues 12- 1pm; Teams doubles practice:

Wednesday 9:30am-11am; Drills: Weds 11am-

12:30pm; Drills (Teens welcome): 7-8:30pm

Holidays: Regular tennis & multisport camps are run throughout the holidays.

For more information, please contact Charlie on: 07748 252742;

email: coach@matchpointtenniscoaching.com

or visit: www.matchpointtenniscoaching.com



Sunningdale WI Hall,
Broomhall Recreation
Ground

Thursdays: 10:30am
Fridays 9:15am

**Seated Pilates on Thursdays
11:45am - 12:30pm**

AMPilates welcomes you to join small, friendly group classes, whether you're just starting out or you already have a wealth of experience. Allow me to assist you on your journey to enhance your wellbeing and quality of life. Pilates can support many medical conditions, back and neck pain, menopause, pre and post-natal, and is a great way to rehabilitate following injury or operation.

Numbers are restricted for safety and sanitized luxury mats, blocks, balls, rollers, prickly balls and bands are provided.

I look forward to welcoming you into class.

**For bookings, please contact
Amanda on 07767 816499; email:
amanda@amandamann.uk.com or visit:
www.amandamann.uk.com**



Wendy's Workout

Sunningdale Village Hall
**Discount offered based on
the number of classes
you attend.**

**Cardio & Conditioning
Mondays 9:15 - 10:15am**

A cardio-focused class to improve all-over fitness. Suitable for all levels.

**Strength & Stretch
Wednesdays 9:15 - 10:15am**

Focusing on strength training using small weights, plates and bands.

**Go with the Flow
Thursdays 9:15 - 10:15am**

A low-impact class using flowing movements to stretch and strengthen your whole body, leaving you feeling relaxed and revitalised.

**Please bring along your own mat.
For further information, contact
Wendy on 07899 982909**



**All Saints Church Hall, Ascot
Saturdays 10 - 11:30am**

Drama sessions for 9-13 year olds exploring the magic and excitement of theatre with acting, drama, games, fun & performing. Run by experienced and trained practitioners who will teach stagecraft, drama and confidence; public speaking and communication skills.

We're all about developing confident, collaborative and creative young people. A great way to try out some theatre, make new friends and learn new skills.

New members always welcome with a **FREE taster session.**

**For more information, please contact
Andrew on 07786 617891; email:
youth@oceantheatre.com or visit:
www.oceantheatre.com**



**All Saints Church Hall
Ascot
Saturdays
1:00 - 5:30pm**

Ocean's Main Company offers 14-19 year olds the opportunity to perform high quality, well-known productions. We aim to help young people of all abilities from a variety of backgrounds to develop their artistic, personal and social skills. It is a nurturing, educational and fun environment for young people whether their desire is to build confidence and make friends, or to ultimately work in the professional world of theatre.

New members always welcome with a **FREE taster session.**

**For more information, please contact
Andrew on 07786 617891; email:
info@oceantheatre.com or visit:
www.oceantheatre.com**

Activities at Sunningdale Village Hall

| | ACTIVITIES AT SUNNINGDALE VILLAGE HALL | TIMES | CONTACT |
|-----------|---|--|--|
| MONDAY | Wendy's Workout - Cardio and Conditioning Parkinson's exercise classes for those recently diagnosed Yoga and Breath Guidance with Kate - beginners welcome | 9.15 am - 10.15 am 10.30 am - 1.00 pm 6.30 pm - 8.00 pm | Wendy 07899 982909 Benny 07477 039109 Kate 01252 834240 |
| TUESDAY | MAD Academy - music and dance for walkers up to 4 years Pilates with Sheila | 9.45 am - 10.30 am 11.00am - 12.00pm | Kate 07770 931031 Sheila 07834 867584 |
| WEDNESDAY | Wendy's Workout - Strength and Stretch Pilates with Christine - Beginners and Improvers Izzy Puppy Training - 5.45 - 6.15 FREE puppy parties - 6.30 - 7.15pm Pup Agility & Confidence Yoga for Men | 9.15 am - 10.15 am 11.15 am - 12.15 pm 5.30 pm - 7.30 pm 8.00 pm - 9.00 pm | Wendy 07899 982909 Christine 07813 686130 Izzy 07918 318537 Graham 07733 322144 |
| THURSDAY | Wendy's Workout - Go with the Flow a low impact exercise class Get Fit Stay Fit with Flexercise - low impact exercise for all abilities Active Lives Pilates - Intermediate/Advanced level class for adults Active Lives Pilates - Mixed ability class also suitable for Beginners/Improvers | 9.15 am - 10.15 am 11.30 am - 12.30 pm 7.30 pm - 8.25 pm 8.30 pm - 9.25 pm | Wendy 07899 982909 Christine 07900 900616 Rebecca 07748 603145 Rebecca 07748 603145 |
| FRIDAY | Active Lives Pilates - Intermediate/Advanced level class for adults Active Lives Pilates - Mixed ability class for adults Active Lives Pilates - Improver/Intermediate level class for adults Active Lives Pilates - Mixed ability class for adults Active Lives Pilates - Beginner/Improver class for adults | 9.30 am - 10.25 am 10.30 am - 11.25 am 11.30 am - 12.25 pm 1.00 pm - 1.55 pm 2.00 pm - 2.55 pm | Rebecca 07748 603145 Rebecca 07748 603145 Rebecca 07748 603145 Rebecca 07748 603145 Rebecca 07748 603145 |



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Activities at Broomhall Park Recreation Ground

| | ACTIVITIES AT BROOMHALL PARK RECREATION GROUND | TIMES | CONTACT |
|-----------|--|---|--|
| MONDAY | Playball (ages 3-4 years and 4-5 years) Playball (ages 5-9 years) Mini Tennis: - Red Ball (5-7 years) Mini Tennis: - Orange Ball (8-9 years) Junior Tennis: - Green Ball (10-12 years) Junior Tennis: - Yellow Ball (12 years +) | 3.45pm 4.00 pm - 5.00 pm 5.00 pm - 6.00 pm 5.00 pm - 6.00 pm 5.00 pm - 6.00 pm | Lara 07447 815158 Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 |
| TUESDAY | Adult Tennis: Cardio Tennis Mini Tennis - Red Ball (5-7 years) Junior Tennis - Green Ball (10-12 years) and Yellow Ball (12+) Tennis – Coach-led Social Night for Season Ticket holders | 12.00 noon - 1.00 pm 4.00 pm - 5.00 pm 5.00 pm - 6.00 pm 7.00pm – 9.00pm (from 01.04) | Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 Sunningdale Parish Council 01344 874288 |
| WEDNESDAY | Adult Tennis: Team Doubles Practice Adult Tennis: Drills Mini Tennis: - Red Ball (5-7 years) Mini Tennis: - Orange Ball (8-9 years) Adult Tennis: Drills (Teens welcome) | 9.30 am - 11.00 am 11.00 am - 12.30 pm 4.00 pm - 5.00 pm 5.00 pm - 6.00 pm 7.00 pm - 8.30 pm | Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 |
| THURSDAY | Junior Tennis: - Yellow Ball (12 years +) | 5.00 pm - 6.00 pm | Charlie 07748 252742 |
| FRIDAY | Sunningdale Library at The Pavilion, Broomhall Park | 4.00pm - 7.00pm | |
| SATURDAY | Little Aces Tennis (3-4 years) Mini Tennis: - Red Ball (5-7 years) Mini Tennis: - Orange Ball (8-9 years) Junior Tennis: - Green Ball (10-12 years) Junior Tennis: - Yellow Ball (12 years +) Sunningdale Library at The Pavilion, Broomhall Park | 8.45 am - 9.30 am 9.30 am - 10.30 am 10.30 am - 11.30 am 11.30 am - 12.30 pm 11.30 am - 12.30 pm 10.00am - 1.00pm & 1.30pm - 4.00pm | Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 Charlie 07748 252742 |
| SUNDAY | Sunningdale Library at The Pavilion, Broomhall Park | 11:00am – 2:00pm | |

Activities at Holy Trinity Church

| | ACTIVITY | TIMES | CONTACT |
|-----------|--|--------------------|----------------------------|
| WEDNESDAY | Rendezvous Café – everyone welcome for tea, coffee and cakes | 9.45 am - 11.45 am | Church Office 01344 621886 |



Pilates with Christine

Sunningdale Village Hall

Wednesdays
11:15am - 12:15pm

Low-impact exercise programme for beginners & improvers

Work through a variety of exercises using soft balls, magic circles, bands and toning balls to develop stability, flexibility and strength.

Stott Pilates Instructor, insured with and a member of FitPro.

ZOOM classes also available.

For further information please contact Christine on 07813 686130 or email: chrisjackman@btinternet.com



MAD Academy @ Sunningdale Village Hall Tuesday mornings: 9.45 - 10.30 am Walkers to 4 years

Music and dance classes for babies and preschool children.

MAD Academy creates a fun, relaxed environment.

Dance and movement are key elements of every session, giving the opportunity to develop motor skills, physical co-ordination and confidence, explore different rhythms, musical instruments and musical styles.

For more information please contact Kate on 07770 931031 or email kate_lawrence@btopenworld.com Facebook - MAD Academy Windsor and Sunningdale

SUNNINGDALE BOWLING CLUB

NEW PLAYERS WANTED!

Friendly local club - keep fit and make friends

Why not come along to our TRY BOWLS WEEKEND on April 20th & 21st and give it a go! No need to book - just turn up between 10.30am to 4.30pm

Open sessions every Saturday morning between 10.30am and 12pm

Sunningdale Bowling Club, Whitmore Lane, Sunningdale SL5 0NA

**enquiries@sunningdalebowling.co.uk
www.sunningdalebowling.co.uk**



Yoga & Breath Guidance with Kate

Sunningdale Village Hall
Mondays 6:30pm - 8pm

All levels welcome

Sessions include:

- Healthy natural breathing techniques to improve circulation and increase lung capacity.
- Principles of spinal movement and good posture.
- Standing strength foundation work.
- Floor exercises and the importance of maintaining and increasing flexibility.
- Moving from the core, abdominal health and finding inner power.
- Increased energy and less physical pain.

Price: £15 drop-in or £48 for pack of 4 Live sessions. The class is broadcasted via Zoom every week. Booking preferred. Please get in touch with Kate on 07711 118992 (you can text or leave a message). Email: kate@healthyfreedom.co.uk or visit: www.healthyfreedom.co.uk



Charters Leisure Centre, Sunningdale

Simon Grassi has over 35 years coaching experience and is passionate about providing quality and affordable coaching to all players.

Courses run from Monday to Saturday.

Please see our website for full programme.

Orange & Green Ball: 7-10yrs
Yellow Ball: 10-16yrs
Academies: 10-16yrs

Holiday Coaching
Adult Coaching
Westmorland Park, Bracknell
Fit4Tennis - Tuesday
All abilities welcome!

For further information please visit www.charterstennis.com or email: charterstennis@btinternet.com



Motor learning & multi-sports for 2-9 year olds!

We are super passionate about giving children a positive outlook on movement and sport as we truly believe that movement is the most important aspect of healthy development and mental health in children and adults! Our weekly classes are fun, small and delivered by fun and energetic coaches to ensure individual attention and engagement.

We also run holiday camps and birthday parties with our same fun-loving team!

Classes:

- 2-3 yrs** - Mon 10:15, Thur 09:30:
Broomhall Park Recreation Ground
- 3-4 yrs** - Mon 09:30 & 15:45, Tue: 11:00 & Thu 10:15:
Broomhall Park Recreation Ground
- 4-5 yrs** - Mon 15:45:
Broomhall Park Recreation Ground
- 5-9 yrs** - Mon 16:30:
Broomhall Park Recreation Ground

Please contact us for more details or to arrange a FREE taster session.
T: 07447815158 E: ar@playballkids.com
W: www.playballkids.com

Rendezvous Café

at Holy Trinity Church
every Wednesday
9:45 - 11:45am



A friendly meeting place where you will always receive a warm welcome from our volunteer staff. Come alone or bring your friends! Excellent value: tea/coffee + slice of cake, only £2.

Little ones welcome; toys available!

Free Wi-Fi.

For further information, please contact the Church Office on 01344 621886 email: htschurchoffice@gmail.com



or visit: www.holytrinitysunningdale.co.uk

Pilates

Personalised and adapted for all levels



Tuesday morning classes
11am - 12 noon

Commencing 14th November 2023

Sunningdale Village Hall

Church Road, Berks SL5 ONJ

£12 / class

or 5 for £50

£5 Special offer trial price for 1st visit

to book please contact

pilateswithsheila@hotmail.com

07834 867584



**Sunningdale Pre-School
& After-school club**
in the Small Hall,
Sunningdale Village
Hall



An established Ofsted Outstanding Early Years setting providing quality care and education for children aged 2 years 8 months until school age.

The deadline for registrations for the academic year beginning September 2024/25 is **Friday, 24th May 2024.**

The Pre-School also runs an After-school club for 4-11 year olds attending Holy Trinity School.

Preschool and Afterschool Club Quiz Night - Saturday 11th May - please contact Sharon for ticket information for our main fundraising event of the year!

**For further information, please contact Sharon on 01344 623331;
email: sunningdale.preschool@gmail.com
(for Pre-school)
sunningdale.asc@gmail.com
(for After-school club)
or visit: www.sunningdalepreschool.co.uk**



COMING VERY SOON...
2 part-time job vacancies
at Sunningdale Village Hall
Operations & Bookings Manager
(10 hours/week)
Marketing Assistant
(5 hours/week)

If you would enjoy being part of a small team managing our Village Hall, providing recreational and social activities for the whole Sunningdale community - then PLEASE keep an eye out for our advert from early April on local and social media outlets and on our website: www.sunningdalevillagevenues.co.uk Alternatively, you can register your interest by sending your CV and cover letter to: svhcommunitycharity@gmail.com



**ADDITIONAL VAULTION DAYS
IN SUNNINGDALE ADDED!**

Thursday, 16th May 2024

Thursday, 13th June 2024

10:30am - 1:30pm

**in the Community Room at The Pavilion,
Broomhall Recreation Ground, SL5 0QS**

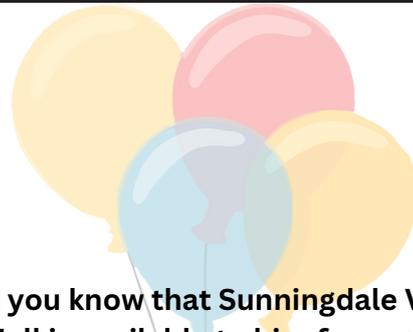
Owing to high attendance at our Sunningdale valuation days in February and March, we have added further dates for you to visit us in Sunningdale.

Are you looking to sell antiques or collectibles?

The Windsor Auctions team will be providing free appraisals of antiques, collectibles, jewellery, silver or anything 'old and interesting'.

Don't hesitate to call us on **01753 868076** or email: sales@windsorauctions.co.uk

We look forward to seeing you on the day



Did you know that Sunningdale Village Hall is available to hire for regular bookings as well as one-off events?

Maybe you run a class, group or activity and are currently looking for a new venue?

There are a limited number of slots available on weekdays for regular hirers.

Or do you need a venue for a party, wedding reception, AGM, disco etc. on a weekend or in the school holidays?

Call us on 01344 297250 to enquire about availability; email us at: svhcommunitycharity@gmail.com or visit: www.sunningdalevillagevenues.co.uk