

Lodging House Mission – Harvest Donation Requests 2023

Thank you for your continued support for LHM, we really appreciate it. We have put together a list of things that are urgently needed in the kitchen. Ideally, we would prefer donations of food stuff however we understand that this may be difficult for you. If you are able to make a financial contribution, we will ensure it is used wisely. We love fresh produce to allow us to prepare healthy and nutritious lunches for those who use our service and will buy these, as required, to prevent food waste. We hope that you find this list helpful when choosing something to donate. Thank you from all of us here at LHM.

| Cereal | Tinned Fruit | Tinned Meat / Fish |
|--------------------------------------|---------------------------|---|
| Corn Flakes/Crunchy Nuts | *Peaches | Tuna/Salmon |
| Weetabix | *Pears | Corned beef |
| Rice Crispies | *Pineapples | Ham |
| Sugar Puffs | *Mandarins | |
| Frosties | *Fruit Cocktail | Other Tinned Food |
| Coco Pops | *Rice Pudding | *Baked Beans |
| Cheerios | *Custard | Spaghetti in sauce |
| | | *Tinned Soups – tomato, vegetable, chicken, lentil, scotch broth, minestrone, pea & ham, chicken noodle |
| Jars/Pastes | Other | |
| Pasta bake sauces | Full Fat UHT milk | |
| Curry Sauce/paste | Coconut Milk | |
| Tomato paste | Small juice cartons | Other |
| | Diluting/fresh juice | Brown Sauce |
| Dried Goods | *Coffee | Vinegar |
| Mixed herbs | *Biscuits | Tomato Sauce |
| Garlic powder | Crisps | Porridge oats |
| Ground turmeric | | Dried peas |
| Chilli powder | Kettle Foods | Lentils |
| Crushed chillies | Pot Noodles | Olive oil |
| Ground coriander | Cuppa Soups | *Vegetable oil |
| Black pepper | Tinned Potatoes | *Bisto |
| Salt | Sachets dried mash potato | *Veg Stock cubes/ bullion |
| | Ring Pull Ham tins | Broth mix |
| | Breakfast bars | Jam |
| *OUT OF STOCK – URGENTLY NEED | Cereal Bars | *Sugar |
| | Individual packets sweets | *Jelly |

Not Required List

| | | |
|------------------------|-----------------------|------------------------------|
| Pasta | Shredded Wheat Cereal | Grapefruit |
| Pearl Barley | Muesli | Prunes |
| Marmalade | Alpen | Long grain rice |
| Salad Cream/Mayonnaise | Red Kidney Beans | Chickpeas |
| Toiletries | Clothing | Bedding/duvets/towels |