

# Faith at Home for families



## Activity 4

# Jesus Promises the Holy Spirit



Hello to you from St Mary's Church!

It's good to be with you again as we continue putting things in our Prayer Treasure Boxes. Is your Box filling up with things that help you pray?

*Remember that we'd love to see a picture of your Prayer Treasure Box on our Facebook page!*

## This week – the Holy Spirit

This week we are thinking about something we can't see, but we know he's there – the Holy Spirit. The Holy Spirit is part of God. There is God the Father, God the Son (whose name is Jesus), and God the Holy Spirit.

In this week's story from the Bible Jesus promises his disciples (who were also his friends), that when he is no longer with them, he will send a 'Helper'. This 'Helper' is the Holy Spirit. He is someone who will help Jesus' friends to keep following him in their lives even when Jesus is no longer with them as someone they can see.

You might like to read this story from a Bible you have at home, or look it up online, or you can read it at the bottom of this sheet.

The reading is from John chapter 14, verses 15-21

We can't see the Holy Spirit, but there are some things I can show you to help you understand what the Holy Spirit is like.

## The Holy Spirit is like the wind

The Holy Spirit is like the wind.

We can't see the Holy Spirit but we can feel his presence with us, like we can feel the wind blow on our faces.

We can also see what the Holy Spirit does.

The fan makes these streamers dance! The Holy Spirit helps us to follow Jesus and do the kind things he did.



## The Holy spirit is like a hot water bottle



I wonder if you have one of these at home. A hot water bottle keeps you warm in the winter. Can you tell just by looking at one if it is hot or cold? No, you can't **see** if it's hot, but you can feel it.

The Holy Spirit warms our hearts with God's love. Jesus said if we do what he tells us to do then that shows we love him. Jesus told us to love God and to love other people.

## The Holy spirit is like a teapot



The last thing I want to show you is water...and we are like a teapot!

How funny! Fancy saying we are like a teapot!



The Holy Spirit is like water because it fills us with God's love and life.

When water is poured into a teapot, does it stay in the teapot? No! It needs to be poured out into cups.

God fills us up with the Holy Spirit so that we can share his love and life with other people.

And the good news is that the 'water' (the Holy Spirit) never runs out. The more we give and share, the more the Holy spirit fills us up!

➤ I wonder what you will notice this week that reminds you of the Holy Spirit?

## Prayer Treasure Box – Idea 4

We thank God for the Holy Spirit,  
the Helper who fills us up with God's love.



- Try to find something for your Prayer Treasure Box that reminds you of the Holy Spirit
- This might be a toy teapot you have from a tea set
- Maybe you can draw a picture of things which keep you warm
- Perhaps you could make a streamer that blows in the wind from a piece of tissue paper or crepe paper

## A prayer you might like to say

Father God,

we thank you for your promise of the Holy Spirit,

the Helper who keeps us following you

and who warms us up with your love.

Help us to share your love with people we meet. Amen.

## Other 'Holy Spirit' activities!

### "I'M A LITTLE TEAPOT"

- Sing the rhyme, and do the actions if you know them!

*"I'm a little teapot, short and stout.  
Here's my handle, here's my spout.  
When the kettle's boiling,  
Hear me shout:  
Tip me over, pour me out."*



### MAKE A RAINBOW STREAMER

- Decorate half a paper plate (or cut the same shape from a cereal box)
- Stick strips of coloured paper (or tissue paper, or crepe paper, or ribbon) on the back of the plate
- Stick a hanging loop on the decoration
- Hang it in your garden and watch the wind blow

## Bible Reading

### John chapter 14 verses 15-21 – Jesus promises the Holy spirit

Jesus said to his disciples, " If you love me, you will obey my commandments. I will ask the Father to send you the Holy Spirit who will help you and always be with you. The Spirit will show you what is true about God. The people of this world cannot accept the Spirit because they don't see him or know him. But you know the Spirit, because he is with you and will keep on living in you."

"When I go, you won't be left all alone. I will come back to you. In a little while people in the world won't be able to see me. But you will see me and because I live, you will also live. When that day comes, you will know that I am one with my Father and that you are one with me, just as I am one with you."

"Those who really love me are the ones who accept my commandments and obey them. My Father will love those who love me. I will love them too, and I will show them what I am like."

## Notes

The **Prayer treasure Box** is Activity 1 and can be found on St Mary's church website and the School website. You'll also find Activities 2 and 3 on the websites.