



# Praying Together

## United in Worship - alone but with others!

*One of the Church's gifts to people has always been the chance to share together in prayer each day. Even when we cannot meet together physically, we know that we are connected in thought and prayer to friends and neighbours, to others throughout the nation and even the wider world.*

*In these uncertain times, we would like to offer you this short framework for prayer to sustain you and help you pray for others. It takes just a few minutes and can be used at any time of day. Whether you are someone who prays and worships regularly, or simply feels the need to do so now, we hope this helps you to feel connected to others in your local church and community, and above all, connected to the God who cares for us so passionately.*

## Coming before God

*Take a moment to consider what and who is on your mind at the moment. Then offer these things to God using these words.*

All that we are Lord  
*We place into your hands.*

Everything we work for  
*We place into your hands.*

Everything we hope for  
*We place into your hands.*

The troubles that weary us  
*We place into your hands.*

The thoughts that disturb us  
*We place into your hands.*

Each that we pray for  
*We place into your hands.*

The choices we make  
*We place into your hands.*

## Reading a Psalm

*Either choose a Psalm to read through slowly and carefully, or follow the pattern suggested here:*

|           |           |
|-----------|-----------|
| Sunday    | Psalm 150 |
| Monday    | Psalm 19  |
| Tuesday   | Psalm 46  |
| Wednesday | Psalm 128 |
| Thursday  | Psalm 23  |
| Friday    | Psalm 8   |
| Saturday  | Psalm 121 |

*Reflect on anything that stood out for you as you read the Psalm, or anything that it may have brought to mind.*

## Praying for Others

*Pray for those in need and pray for yourself. Pause to call to mind all those you would like to pray for. The following words may help you:*

We offer to God this day:  
the work we do,  
the people we meet,  
the pleasures and the pains;  
that in everything  
we may know the love of Christ,  
and be thankful. Amen.

We bring before you, O Lord,  
the troubles and perils of people  
of this and every nation,  
the sighing of prisoners and captives,  
the sorrows of the bereaved,  
the necessities of strangers,  
the helplessness of the weak,  
the despondency of the weary,  
and the needs of the sick.  
O Lord, be near to each  
and near to us this day  
for the sake of Jesus Christ our Lord. Amen.

Our Father, who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come,  
Thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the Kingdom,  
the power and the glory,  
for ever and ever. Amen.

## **Closing Prayers**

Keep us, O Lord,  
in the joy, the simplicity,  
and the compassionate love  
of the gospel.

Bless us this day,  
and those whom you have given to our care,  
through Jesus Christ our Lord. Amen.

And may the peace of God be in our minds;  
the grace of God be in our words;  
the love of God be in our actions;  
the joy of God be in our hearts  
and in the song that our life sings. Amen.

## **Keeping in Touch:**

If you need to be in touch with the church, whether you have something you want us to pray for, because we can offer any practical help, or you simply because you need a chat, please ring one of the following numbers:

**01949 842859**

This is the church office number. Although the office isn't always manned, the messages left are monitored every day.

**01949 843348**

This is the number for our Vicar, David Payne, who is ably supported by a group of pastoral volunteers.