

# BELOVEDNESS — FOLLOW UP

7<sup>th</sup> February 2021  
#tbsundayteaching

# CATCH UP

Last week we looked at a song called “Belovedness” written by Sarah Kroger.

We looked at the lyrics that speak about focusing on what God says to us rather than what the world tells us.

That we are chosen and loved.

You can catch up with the song here:

<https://www.youtube.com/watch?v=yALh-UM65eA>

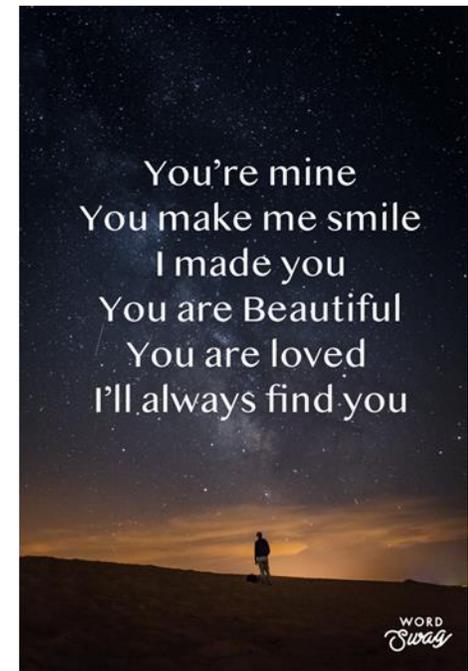
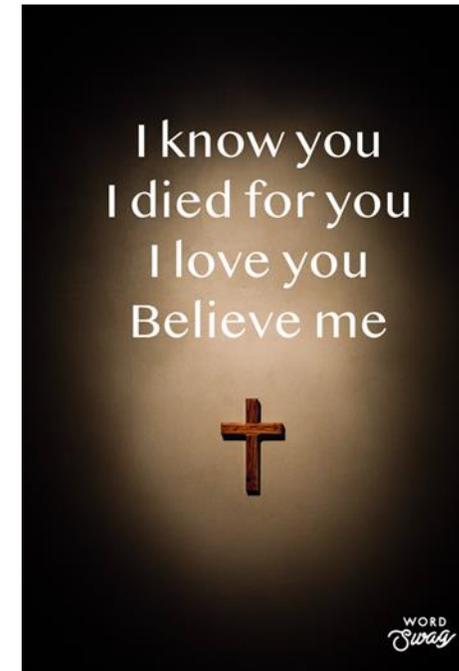


# WE THOUGHT ABOUT

What negative things do we often own about ourselves?

Why is it important to know the truths that God says in the Bible?

What can we do to help ourselves to believe the truth?



# YOU ARE LOVED

We looked at these verses and I challenged you to say one of these verses out loud each day this week – did you?

If not, try it this week. If you did, do it for another week!

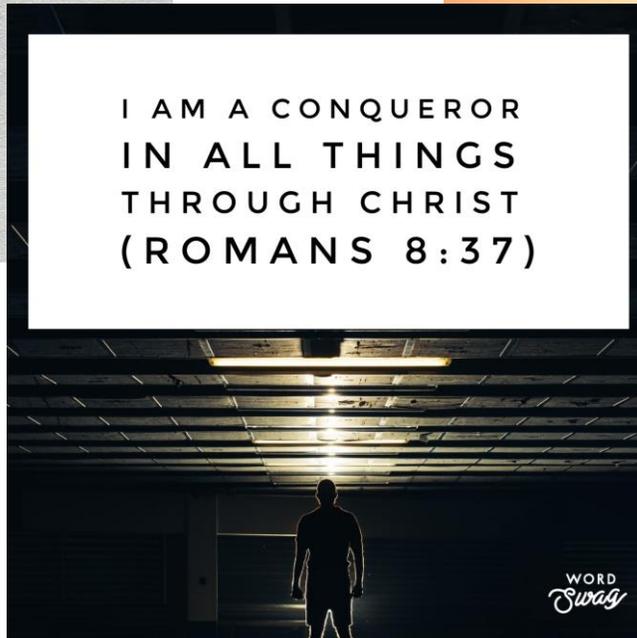
I CANNOT BE SEPARATED  
FROM THE LOVE OF GOD.  
ROMANS 8 35-39



I HAVE NOT BEEN GIVEN  
A SPIRIT OF FEAR,  
BUT OF POWER, LOVE  
AND A SOUND MIND.  
(2 TIM 1:7)



I AM A CONQUEROR  
IN ALL THINGS  
THROUGH CHRIST  
(ROMANS 8:37)



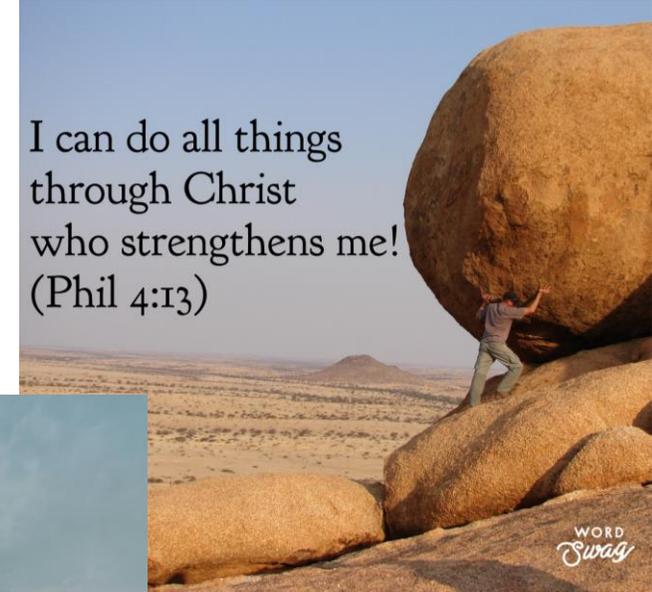
WORD  
Swag

*i was created  
by god  
for good things  
(eph 2:10)*



WORD  
Swag

I can do all things  
through Christ  
who strengthens me!  
(Phil 4:13)



WORD  
Swag

# REFLECT AND PRAY

**Think** about the lies that you have believed. The things that you have “owned” about yourself. Then find a truth in the Bible to combat the lie and write them down e.g

*Lie – No-one loves me*

*Truth – Romans 8:38-39 says nothing can separate me from the love of God*

Use [www.biblegateway.com](http://www.biblegateway.com) and other websites to help you.

When you have finished **pray** this prayer and add any of your own.

*Father God, thank you for loving me. Thank you that you have promised never to leave me and to always be at my side. Thank you that no matter how I feel you always love me. I am sorry for believing the lies and I choose to believe the truth today. Help me to believe the truth even when it doesn't feel true.*

.... Amen



# FOLLOW UP

Look at **Romans 5:1-8** and think about what it tells us about God's love.

God made the ultimate sacrifice for us and gave us the greatest gift.

That is how much he loves us, how much he loves you.

**Do you live as if you are loved?**

**“But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.”**  
**Romans 5:8**



# WORSHIP

One of my favourite songs speaks of God's extravagant love for his children.

*Extravagant – Bethel Music*

<https://www.youtube.com/watch?v=B6BRS2WlhoY>



This is another song that I've been listening to recently.

*Who am I? – Needtobreathe*

<https://www.youtube.com/watch?v=AUdMMUUYXKs>