



# BELOVEDNESS

31<sup>st</sup> January 2021  
#tbsundayteaching

# LOVE IS...

Take a look at this scene from “A Knights Tale” where the characters write a love letter. Enjoy the cheesiness!

<https://www.youtube.com/watch?v=mXz39IQAEmY>

The Bible has been described as  
*“God’s love letter to his children”*

**What do you think about this?**

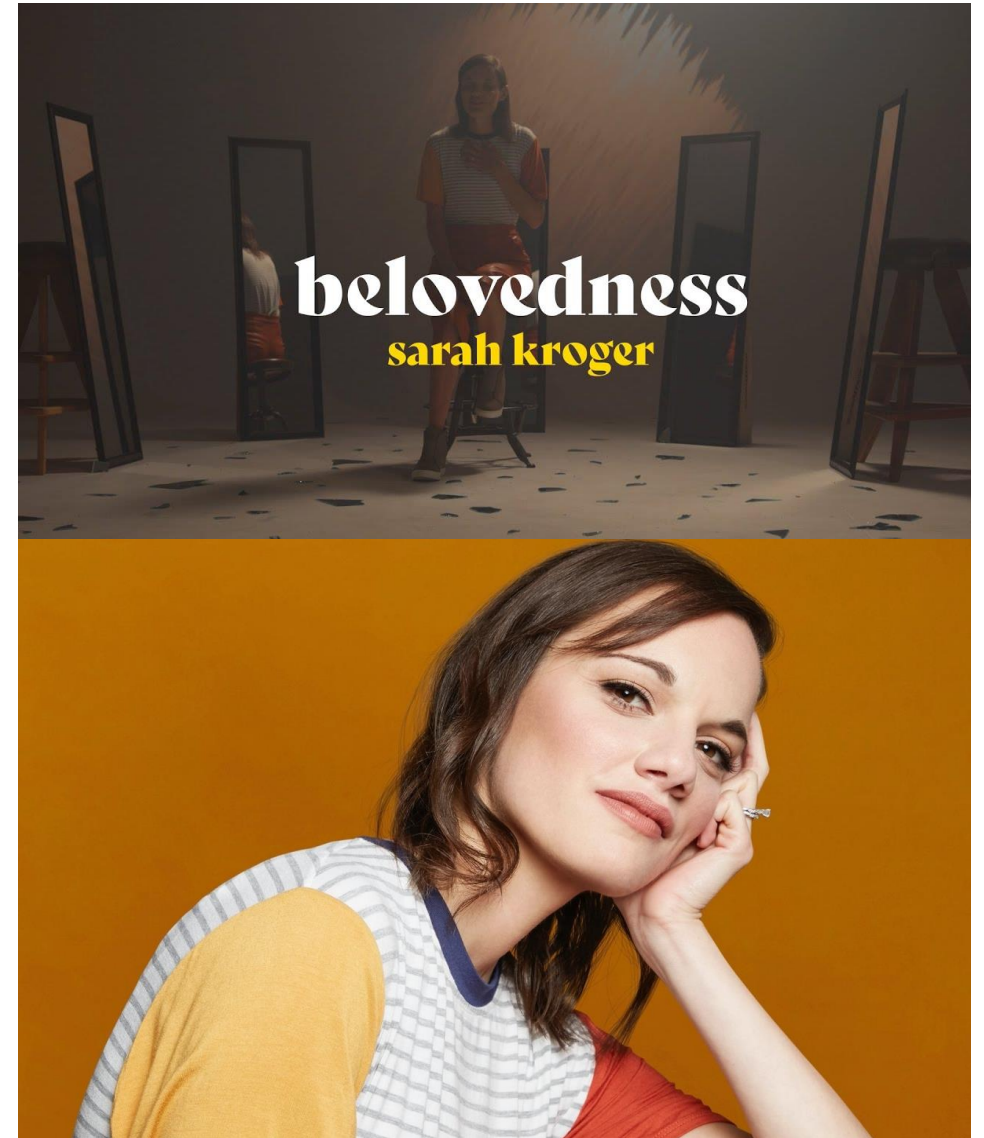


# BELOVEDNESS

Sarah Kroger wrote a song called “Belovedness”.

We are going to explore the truths within this song by looking at the lyrics.

Then we will listen to the song itself.



# BELOVEDNESS - VERSE

Listen to Sarah explain about the first verse of her song (up to 1m51s)

<https://www.youtube.com/watch?v=yALh-UM65eA>

*“You've owned your fear and all your self-loathing  
You've owned the voices inside of your head  
You've owned the shame and reproach of your failure  
It's time to own your belovedness*

*You've owned your past and how it's defined you  
You've owned everything everybody else says  
It's time to hear what your father has spoken  
It's time to own your belovedness”*

Fear  
Selfloathing  
Shame  
Failure  
Past



# THINK ABOUT...

What negative things do we often own about ourselves?

How do we compare ourselves to others?

Why is this dangerous?

Consider what these verses mean  
about how we should see ourselves:

Isaiah 43:18-19

Galations 1:10

Romans 14:17-18

1 Peter 3:3-4



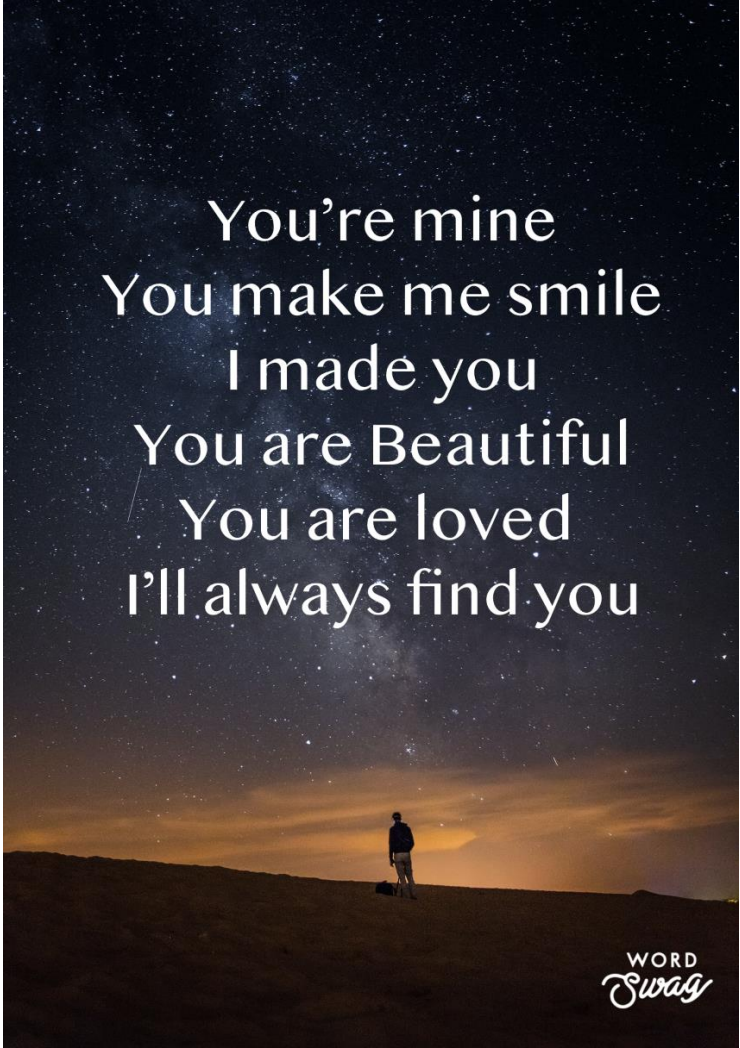


# BELOVEDNESS - CHORUS

Listen to Sarah explaining about the chorus (up to 2m51s)

<https://www.youtube.com/watch?v=yALh-UM65eA+&t=1m51s>

*"He says, "You're mine, I smiled when I made you  
I find you beautiful in every way  
My love for you is fierce and unending  
I'll come to find you, whatever it takes  
My beloved"*



You're mine  
You make me smile  
I made you  
You are Beautiful  
You are loved  
I'll always find you

# THINK ABOUT...

Why is it important to know the truths that God says?

How do you remind yourself of the truth?

Read these truths and discuss what they mean:

Psalms 139:13-14

Romans 8:35-39

Jeremiah 29:11

Romans 5:8-9



What does God  
say about you?

WORD  
Swag

# BELOVEDNESS - BRIDGE

Listen to Sarah explaining about the bridge (up to 3m50s)

<https://www.youtube.com/watch?v=yALh-UM65eA+&t=2m51s>

*“You are completely loved and fully known*

*Beloved, believe he died to make your heart his home”*

I know you  
I died for you  
I love you  
Believe me





# THINK ABOUT...

Do you believe the truth it even if it doesn't feel true?

What can you do this week to help yourself to believe the truth?

How can we encourage others to believe the truth?

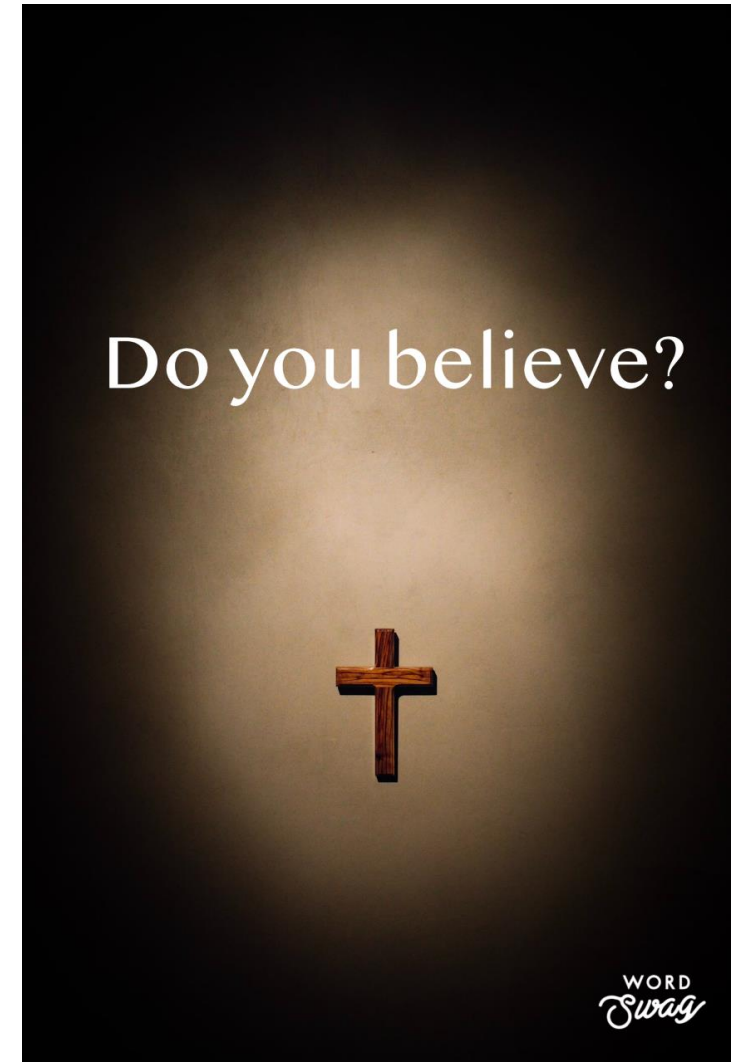
Read and discuss:

2 Corinthians 5:7

Hebrews 10:24-25

Romans 15:2

2 Peter 1:12



# YOU ARE LOVED

Take one of these truths, look up the verse  
and read the truth aloud to yourself each day each week.  
Say it because its true.

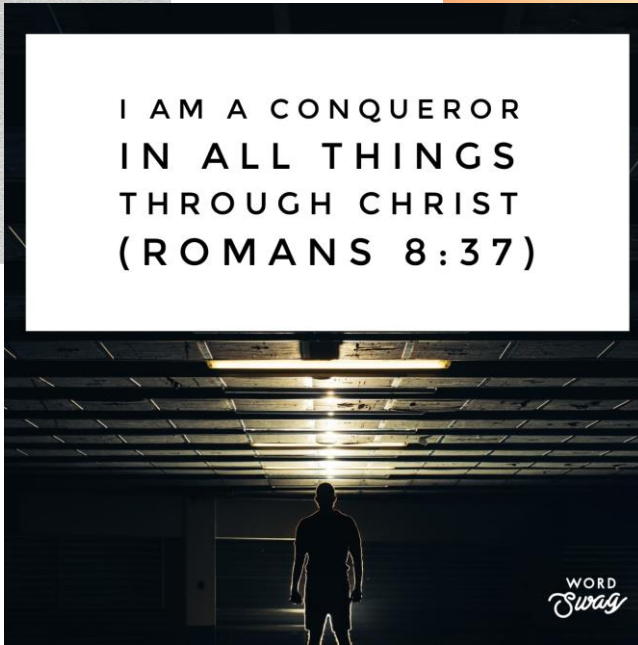
I CANNOT BE SEPARATED  
FROM THE LOVE OF GOD.  
ROMANS 8 35-39



I HAVE NOT BEEN GIVEN  
A SPIRIT OF FEAR,  
BUT OF POWER, LOVE  
AND A SOUND MIND.  
(2 TIM 1:7)



I AM A CONQUEROR  
IN ALL THINGS  
THROUGH CHRIST  
(ROMANS 8:37)



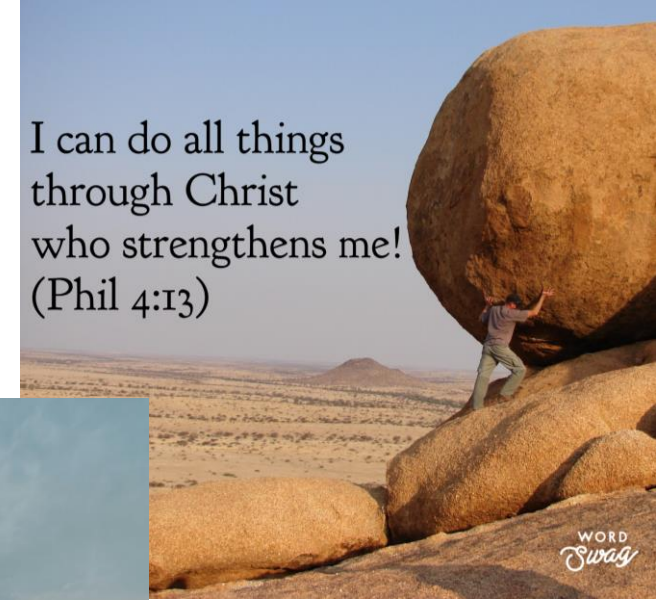
WORD  
Swag

*i was created  
by god  
for good things  
(eph 2:10)*



WORD  
Swag

I can do all things  
through Christ  
who strengthens me!  
(Phil 4:13)

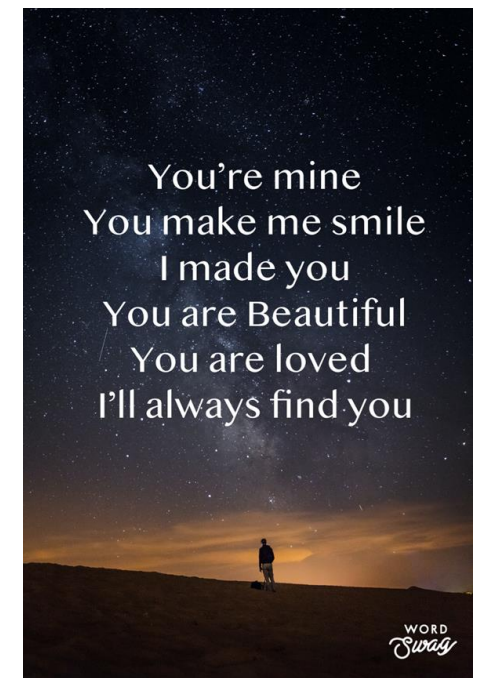
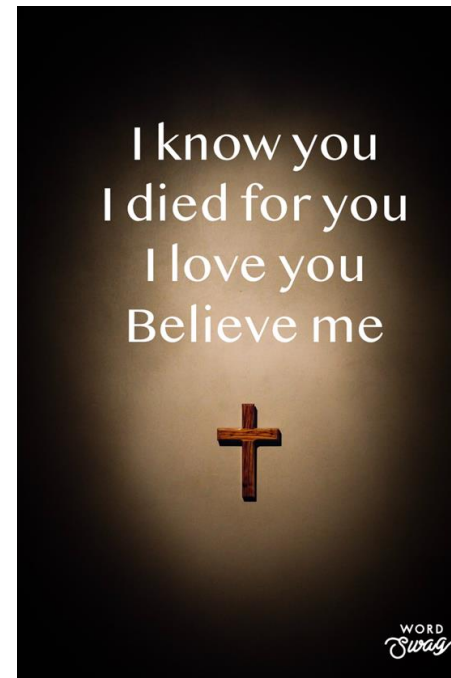


WORD  
Swag

# BELOVEDNESS

Now listen to the song and think about the lyrics.

<https://www.youtube.com/watch?v=yALh-UM65eA+&t=3m51s>





# NEXT TIME...

We will be looking further at the love of God and how we should respond in next week's follow up.

Have a blessed week – and remember to say one of the truths out loud each day.

Say it because it's true!

