

St. John's Parish Church, Ben Rhydding

# HOLY COMMUNION

4<sup>TH</sup> JULY 2021

(Fifth Sunday after Trinity)

*On-Line Version*

\* *Links are included for the sermon and songs below*

Feel free to use this in your own way.

However, if you would like to make a point of going through this material on Sunday at 10 am, then that would add to our sense of community and joint worship.

This morning we hope to do the whole service on Zoom@10 so please stay with us if you'd like to. Click the following link to join us from 9:45 onwards:

[\*\*Sunday AM Zoom Meeting\*\*](#)

---

**WELCOME:** [\*\*INTRODUCTION\*\*](#)

## THE GREETING:

Blessed be God, Father, Son and Holy Spirit.

**Blessed be God forever. Amen.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you  
**and also with you.**

## PRAYER OF PREPARATION

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleans the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

## SONG 1. **Tell Out My Soul**

Tell out My soul, the greatness of the Lord!  
Unnumbered blessings give my spirit voice;  
Tender to me the promise of His word;  
In God my Saviour shall my heart rejoice.

Tell out, my soul, the greatness of His name!  
Make known His might, the deeds His arm has done;  
His mercy sure, from age to age the same;  
His holy name—the Lord, the mighty One.

Tell out, my soul, the glories of His word!  
Firm is His promise, and His mercy sure:  
Tell out, my soul, the greatness of the Lord  
To children's children and forever more!

*Timothy Dudley-Smith.*

## CONFESSION

**God shows his love for us that, while we were still sinners, Christ died for us. In rising to new life, he has broken the power of sin and death. He sends his Spirit to us so that we can call him Father. Let us then come to him, our Father, in sorrow for our sins, seeking healing and salvation.**

## SILENT REFLECTION

We have not always worshipped God, our creator. Lord, have mercy.  
**Lord, have mercy.**

We have not always followed Christ, our Saviour. Christ, have mercy.  
**Christ, have mercy.**

We have not always trusted in the Spirit, our guide.  
Lord, have mercy.  
**Lord, have mercy.**

May almighty God, who sent his Son into the world to save sinners, bring us his pardon and peace, his guidance and strength, so we may follow him now and in the time to come.

**Amen.**

## THE COLLECT

Almighty God,  
send down upon your Church  
the riches of your Spirit,  
and kindle in all who minister the gospel  
your countless gifts of grace;  
through Jesus Christ our Lord.

**Amen.**

## FIRST READING - 2 Corinthians 12:2-10

*I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given to me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, ‘My grace is sufficient for you, for power is made perfect in weakness.’ So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.*

## SONG 2. Facing a Task Unfinished

Facing a task unfinished,  
That drives us to our knees,  
A need that, undiminished,  
Rebukes our slothful ease:  
We, who rejoice to know You,  
Renew before Your throne  
The solemn pledge we owe Thee  
To go and make You known.

Where other lords beside You  
Hold their unhindered sway,  
Where forces that defied You  
Defy You still today;  
With none to heed their crying  
For life, and love, and light,  
Unnumbered souls are dying,  
And pass into the night.

We bear the torch that flaming  
Fell from the hands of those  
Who gave their lives proclaiming  
That Jesus died and rose.  
Ours is the same commission,  
The same glad message ours;  
Fired by the same ambition,  
To You we yield our powers.

O Father who sustained them,  
O Spirit who inspired,  
Saviour, whose love constrained them  
To toil with zeal untired,  
From cowardice defend us,  
From lethargy awake!  
Forth on Your errands send us  
To labour for Your sake.

*Frank Houghton.*

GOSPEL READING **Mark 6:1-13**

*Hear the Gospel of our Lord Jesus Christ according to Mark.  
**Glory to you, O Lord***

*He left that place and came to his home town, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, 'Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?' And they took offence at him. Then Jesus said to them,*

*'Prophets are not without honour, except in their home town, and among their own kin, and in their own house.'* And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

*Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, 'Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.'* So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

**TALK**

## **AFFIRMATION OF FAITH**

**We believe in the God who is the pillar of fire and the pillar of cloud guiding us as we journey on. We trust in our Holy Parent who judges and shows mercy. We hope in our Creator who is faithful to all that is seen and unseen.**

**We believe in the Jesus who rode in triumph into Jerusalem. We trust in the Messiah who was crucified, died, and was buried. We hope in the living Christ who walked out of the tomb.**

**We believe in the Holy Spirit, giver of Life and faith. We trust in the Breath of Life who stirs, sustains, and sanctifies. We hope in our Advocate who brings to us, and through us, the gift of God's peace.**

**INTERCESSIONS**

## THE PEACE:

We light a candle of peace for the world  
God has made us one in Christ.  
He has set his seal upon us  
and, as a pledge of what is to come,  
has given the Spirit to dwell in our hearts.  
The peace of the Lord be always with you  
and also with you.  
Let us offer one another a sign of peace.

## SONG 3. **How Deep the Father's Love**

How deep the Father's love for us,  
How vast beyond all measure,  
That He should give His only Son  
To make a wretch His treasure.  
How great the pain of searing loss –  
The Father turns His face away,  
As wounds which mar the Chosen One  
Bring many sons to glory.

Behold the man upon a cross,  
My sin upon His shoulders;  
Ashamed, I hear my mocking voice  
Call out among the scoffers.  
It was my sin that held Him there  
Until it was accomplished;  
His dying breath has brought me life –  
I know that it is finished.

I will not boast in anything,  
No gifts, no power, no wisdom;  
But I will boast in Jesus Christ,  
His death and resurrection.  
Why should I gain from His reward?  
I cannot give an answer;  
But this I know with all my heart –  
His wounds have paid my ransom.

*Stuart Townend*

## COMMUNION

The Lord is here  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation; in your love you made us for yourself.

When we turned away you did not reject us, but came to meet us in your Son.

**You embraced us as your children  
and welcomed us to sit and eat with you.**

In Christ you shared our life that we might live in him and he in us.

**He opened his arms of love upon the cross  
and made for all the perfect sacrifice for sin.**

On the night he was betrayed, at supper with his friends he took bread, and gave you thanks; he broke it and gave it to them, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

**Father, we do this in remembrance of him:  
his body is the bread of life.**

At the end of supper, taking the cup of wine, he gave you thanks, and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you for the forgiveness of sins; do this in remembrance of me.

**Father, we do this in remembrance of him:  
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory, send your Holy Spirit that this bread and this wine may be to us the body and blood of your dear Son.

**As we eat and drink these holy gifts  
make us one in Christ, our risen Lord.**

With your whole Church throughout the world we offer you this sacrifice of praise and lift our voice to join the eternal song of heaven:

**Holy, holy, holy Lord,  
God of power and might, Heaven and earth are full of your glory.  
Hosanna in the highest.**

Gathering our prayers and praises into one, as our Saviour has taught us, so we pray

**Our Father in heaven, hallowed be your name. Your Kingdom come, your will be done, on earth as in heaven Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power and the glory are yours. Now and for ever. Amen.**

## **BREAKING OF THE BREAD**

**Most merciful Lord,  
your love compels us to come in.  
Our hands were unclean,  
our hearts were unprepared;  
we were not fit  
even to eat the crumbs from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us**

**with the precious body and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom.  
Amen.**

## **INVITATION TO COMMUNION**

**We gather together, apart as we are, in the presence of Christ.  
We gather together, apart as we are, to receive his gifts of grace,  
We gather together, apart as we are, because it is Christ who  
invites us to meet him here.**

## SONG 4. **The Lord's My Shepherd**

The Lord's my shepherd, I'll not want.  
He makes me lie in pastures green.  
He leads me by the still, still waters,  
His goodness restores my soul.

*And I will trust in You alone.  
And I will trust in You alone,  
For Your endless mercy follows me,  
Your goodness will lead me home.*

He guides my ways in righteousness,  
And He anoints my head with oil,  
And my cup, it overflows with joy,  
I feast on His pure delights.

And though I walk the darkest path,  
I will not fear the evil one,  
For You are with me, and Your rod and staff  
Are the comfort I need to know.

*Stuart Townend*

## **POST COMMUNION PRAYER**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.**

**Amen.**

## SONG 5 **God is Love**

God is Love: let heav'n adore him;  
God is Love: let earth rejoice;  
let creation sing before him,  
and exalt him with one voice.  
He who laid the earth's foundation,  
he who spread the heav'ns above,  
he who breathes through all creation,  
he is Love, eternal Love.  
God is Love: and he enfoldeth  
all the world in one embrace;  
with unfailing grasp he holdeth  
every child of every race.  
And when human hearts are breaking  
under sorrow's iron rod,  
then they find that selfsame aching  
deep within the heart of God.

God is Love: and though with blindness  
sin afflicts the souls of all,  
God's eternal loving-kindness  
holds and guides us when we fall.  
Sin and death and hell shall never  
o'er us final triumph gain;  
God is Love, so Love for ever  
o'er the universe must reign.

### **THE BLESSING**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

## THE DISMISSAL

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

Let us go into the world rejoicing.  
**It is Christ who goes before us. Alleluia! Amen!**

CCL Licence No. 3285