



# St Andrew's Psalter Lane Church

Open Hearts, Open Minds -  
Exploring the Mystery of God

**Sunday 9<sup>th</sup> March**

**First Sunday of Lent**

**10.30 am**

**Holy Communion**

**Rev Naomi Cooke**

**Collect** Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord.

**Hymns** StF 317 At the name of Jesus  
StF 254 Seek ye first the kingdom of God  
StF 397 The Spirit lives to set us free (verse 1)  
StF 463 Deep in the shadows of the past  
StF 485 When we are living we are in the Lord  
StF 681 Community of Christ

**Reading** Deuteronomy 26.1-11  
Luke 4.1-13

**4.00 pm**

**Choral Evensong with the Steel City**

**Choristers**

**Rev Naomi Cooke**

## **NEXT SUNDAY**

**Sunday 16<sup>th</sup> March**

**Second Sunday of Lent**

**10.30 am**

**Morning Worship**

**Chris Sissons**

**Please remember all those who are in need of our prayers**

We pray for those with health concerns: Pam Frost, Q Ackom-Mensah, Helen Mannion (Barbara and John Booler's daughter), Tom Reavey, Hilary Jowett, Mark Stone, Blanca and Fiona, Trevor Mann, Maggie and Pete, Luke, May, Jan Birch, Janet Clarke.

**Please pray for lasting peace, healing and the restoration of communities  
in Gaza and Israel.**

**Barbara Charles** We are very sorry to hear of the death of Barbara Charles, who died this week, very peacefully, after celebrating her 106<sup>th</sup> birthday. Barbara was a member of Endcliffe Horizon Methodist Church and joined us at SAPLC after its closure.

**Please hold the members of her family and all those who love Barbara in your prayers.**

# NEXT WEEK

**Monday 10.00 am – 12 noon Knit and Natter Group in Room 1, Shirley House** “Big Brew” fund-raiser for ‘Transform Trade’. Everyone welcome. See below for further details.

**2.00 pm Afternoon housegroup meeting in Shirley House**

**Tuesday 2.00 to 4.00 pm The Tuesday Café in Room 1, Shirley House**

The café is for those living at home with memory loss and their carers, and older people living alone. Hot drinks and cakes, music, games, crafts and more. For further information ring the church office (0114 2678289) or email [office@standrewspalterlane.org.uk](mailto:office@standrewspalterlane.org.uk)

**7.30 pm Eco Group Meeting in the Interfaith Room, SH**

**Wednesday 10.30 am Wednesday service in Church**

**7.30 pm Evening housegroup meeting at 303 Cemetery Road**

**Thursday 7.00 pm Taizé Prayer for Lent, in church**

**Friday 6.30pm SAPLC Easter Choir Rehearsal in church**

## SAPLC NOTICES

### Appeal for help!

We are looking for volunteers to accompany our friend Cyril to church from Southcroft for the 10.30 am service on Sunday mornings as he is finding the walk a bit difficult. If you are able to help, please see Julie Jordan Brown or Anna Calvert. If we have enough volunteers there will be a rota so that people will only have to do it every few weeks.

### SAPLC Easter Choir

An Easter choir is proposed to sing during the Palm Sunday service, as well as the Easter Sunday service. Kit Swanson will be leading the choir, assisted by Mary Mitchell, and accompanied by Liz Bentley. Rehearsals will be in SAPLC and on the dates as follows:

**3. Friday, 14th March at 6.30pm;** 4. Sunday, 30th March at 9.15 am or after the service *tb*; 5. Friday, 4th April at 6.30pm; 6. Friday, 11th April at 6.30pm; 7. Thursday, 17th April at 6.00pm, Junior Church room.

Please let Liz, Mary or Kit know in person if you wish to participate, even if you are unable to attend all the rehearsals, or by email to [mary.e.mitchell14@gmail.com](mailto:mary.e.mitchell14@gmail.com).

### Knit and Natter “Big Brew” fund-raiser

On **Monday 10th March** everyone is invited to join the knitters and natterers for tea or coffee and home-made cake. This is our “Big Brew” fund-raiser for Transform Trade - a charity which invests in businesses who demonstrate a commitment to true fair trade principles - and supports them to expand their positive impact in the world. All donations will be sent to Transform Trade. For more details [transform-trade.org](http://transform-trade.org).

Please pop in at any time from 10 -12 on the morning of the 10th. No knitting is required!

### Taize Prayer in Lent

A peaceful half hour of prayer, gentle repetitive chants and silence on Thursdays at 7:00pm in church on 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> March; 3<sup>rd</sup> and 10<sup>th</sup> April. There will not be one on 17<sup>th</sup> April as there will be a Maundy Thursday service at St Augustine's Brocco Bank.

### Housegroups in Lent

Both housegroups are studying the Diocese of Sheffield Lent Course, which looks at Luke’s account of Jesus’ journey from Galilee to Jerusalem (chapters 9 to 19) and explores six encounters that Jesus has with people on the way. Each encounter teaches us something new about what it means to be Jesus’ disciple and how we might follow Him faithfully.

The Monday afternoon housegroup will begin on March 10 at Shirley House beginning at 2 o'clock. They would welcome any new members.

The evening housegroup will meet on Wednesday evenings at 7.30 pm at 303 Cemetery Road, and then weekly except 5<sup>th</sup> March (Ash Wednesday) and 9<sup>th</sup> April. The last meeting will be on 16<sup>th</sup> April. We would love to welcome more members! If you would like to join us please contact Janet Loughridge (Tel 258 4164 Email [janet.loughridge.45@gmail.com](mailto:janet.loughridge.45@gmail.com))

### **Baby Basics collection for Mothering Sunday, Easter Eggs and Eid**

If you would like to support Baby Basics with gifts for any of these celebrations, please see the posters above the Baby Basics boxes in the narthex for what to donate.

The gifts will start to be given out to families on Monday 17<sup>th</sup> March so the last date for donations in church is **Sunday 16<sup>th</sup> March**.

### **Soup and Puddings**

A date for your diaries! Soup and Puddings are to be served following the All Age Worship service on **Sunday, 23<sup>rd</sup> March 2025** (but not after the AGM on 27<sup>th</sup> April). On this occasion we will be using Shirley House for the meal. Members of the Quaker Group have been invited to join us. Jan Owen and Mary Mitchell will be collecting offers for soups, puddings, custard, cream, bread, and butter very soon. Please feel free to email or message either of them with any offers of provisions; [janowen@doctors.org.uk](mailto:janowen@doctors.org.uk) and [mary.e.mitchell14@gmail.com](mailto:mary.e.mitchell14@gmail.com).

Heartfelt thanks are due to Ruth Groves for her sterling work on many previous occasions organising and preparing these meals!

### **Warm Clothes Thank You**

Manuchehr (S.Y. Migration and Asylum Action Group) has sent warm thanks for the clothes sent by the congregation for women asylum seekers arriving in Sheffield who have no winter clothes.

Thank you for your generous response. It is really appreciated.

Judith Loveman

### **Who to contact for help or information for asylum seekers/refugees**

Asylum seekers accommodated in Sheffield will normally be in touch with City of Sanctuary. Melinda (see below) may help in an emergency. The Wednesday 'drop in' (around 150 people) has clothing, conversation, and advice on law, health, accommodation, finance etc.

For people granted refugee status, for a newly granted case please call 0114 221 1845.

SPRING is the Sheffield Project for refugee integration and growth. For urgent SPRING referral (newly granted refugees in Sheffield only) please email to [adminspringscoss@sheffield.cityofsanctuary.org](mailto:adminspringscoss@sheffield.cityofsanctuary.org) for newly granted refugee referral please use the link <https://sheffield.cityofsanctuary.org/our-work/the-sheffield-project-for-refugee-integration-and-growth/>

If you have an urgent request for City of Sanctuary, please contact one of the following people:

Governance/ CoSS - Tom Martin (Director) ([tom@sheffield.cityofsanctuary.org](mailto:tom@sheffield.cityofsanctuary.org))

The Sanctuary & The Drop In – Anna Aitken ([anna.aitken@sheffield.cityofsanctuary.org](mailto:anna.aitken@sheffield.cityofsanctuary.org))

Volunteering : [emma.milne@sheffield.cityofsanctuary.org](mailto:emma.milne@sheffield.cityofsanctuary.org) System Change and Advocacy – Melinda

Mo Martinez ([melinda.momartinez@sheffield.cityofsanctuary.org](mailto:melinda.momartinez@sheffield.cityofsanctuary.org)) Communications and Media work

– Annie Feetham ([annie.feetham@sheffield.cityofsanctuary.org](mailto:annie.feetham@sheffield.cityofsanctuary.org)) Finance – Angela Argenzio

([angela.argenzio@sheffield.cityofsanctuary.org](mailto:angela.argenzio@sheffield.cityofsanctuary.org))

Anne Hollows

**There is a copy of this information sheet on the board in the narthex**

### **At Home Church Community Weekend: 13<sup>th</sup> – 15<sup>th</sup> June 2025**

In June we will hold our first Church Community Weekend here at SAPLC. In brief there will be worship, teaching, creative groups, lots of good food, fun and games, and the opportunity to deepen friendship and grow together in the Spirit. Our guest speaker will be the Revd Dr Gary

Hall. Please save the date now. The weekend is for everyone, from the oldest to the youngest among us and activities will be for all.

### Green Box

#### **Seven proven ways to help the planet in 2025**

Slowing down climate change is an immense task, but small individual actions can add up to help reduce emissions. In 2024, the critical 1.5C threshold was breached for a full year for the first time, highlighting the urgent need to rapidly cut global emissions. Much of the work needed to curb climate change goes beyond the remit of individuals – from scaling up renewable energy to stopping the production of oil, gas and coal. **But research shows that individual actions can add up too.** Go to

<https://www.bbc.co.uk/future/article/20241231-seven-proven-ways-to-help-the-planet> to read about some of the most impactful actions you can take to live a more sustainable life this year, from eating more plant-based food to reducing your number of flights to buying more second-hand clothes.

#### **Eco Tip – Technology**

Pull the plug on your devices: Thanks to standby mode, electronic devices consume power even when they are turned off. Almost 10 percent of your energy bill goes toward this "phantom power" consumption. Save money — and reduce your carbon footprint — by unplugging your devices at the end of the day or when they're not in use.

## **OTHER NOTICES**

### **Dialogue Society Annual Iftar Thursday 13th March 2025 at Sheffield Cathedral**

See poster in narthex for details. Please reserve your free ticket via Eventbrite using the link below.

<https://www.eventbrite.co.uk/e/dialogue-society-iftar-dinner-tickets-1247587871909?aff=oddttdtcreator>

### **Sheffield Bach Choir - St Matthew Passion**

Sheffield Cathedral **Saturday 15<sup>th</sup> March** 6.00 pm

Sheffield Bach Choir are joined by National Festival Orchestra for this performance of Bach's St Matthew Passion. The Evangelist will be sung by Stephen Liley and the role of Christ by David Bonar. Aria soloists are Zoe Brookshaw, Catherine Backhouse and William Burn. They are also joined by choristers from St John's Ranmoor and Steel City Choristers for this performance which will be conducted by Philip Collin.

Tickets are available from choir members, by post with a SAE to 3 Tapton Mews, Sheffield S10 5EA, on the door or online.

### **Mental Health and Christianity Conference**

Explore and Reflect on how we can support others and ourselves

On **Saturday 22nd March** from 9.30 a.m. to 3.30 p.m. at Wesley Hall Methodist Church, Crookes, Sheffield, S10 1UD. The Conference is aimed at all those, ordained or lay, who are working or volunteering with people in churches and Christian organisations. However, it is open to anyone who is interested. The Conference aims to deliver a high standard of information based upon both science and experience while respecting and incorporating the Christian faith. We will do this through our choice of speakers and workshop leaders who will offer both practical and academic information. We hope participants will find information and inspiration during the Conference that will help them support others and themselves. Lunch and refreshments will be provided throughout the day. There will be a safe space and a Mental Health First Aider/Chaplain available during the day.

**Book via Eventbrite \*(Please note bookings close on Monday 17th March)**

### **Foodbank and Baby Basics**

**The Foodbank at Firvale really appreciate us and tell us what a difference we make.**

Please bring your badly-needed donations to Church on Sunday mornings from 10.30 am, or to the Church Office on Thursday mornings. If you would like to give money, it can be sent online via <https://localgiving.org/charity/firvalefoodbank/>. Or, Joe Dey can pass on a cheque made out to St Cuthbert's (write Fir Vale Food Bank on the back of the envelope) when he and Liz deliver donations.

**Baby Basics** - Donations can be left in Church on Sunday mornings, or in the Church Office on Thursday mornings. See a full list of what is required at

<https://www.facebook.com/babybasicssheffield/>